



Volume 1 No. 1

August-October 2017

Sri Sathya Sai Arogya Premanjali

In this issue...

- | | |
|---|--------|
| 1. From the Desk of the AIP | ... 1 |
| 2. Sri Sathya Sai Health Care | ... 3 |
| 3. Sri Sathya Sai Dhanvanthri
Seva Awards | ... 5 |
| 4. Wonders in the World-I
(SSSIHMS), Prashanthi Gram | ... 8 |
| 5. Wonders in the World-II
(SSSIHMS), Whitefield | ... 10 |
| 6. Medical News from the States | ... 12 |
| 7. Ureterocolicostomy in Puttaparthi | ... 18 |
| 8. Divine Prescriptions | ... 18 |

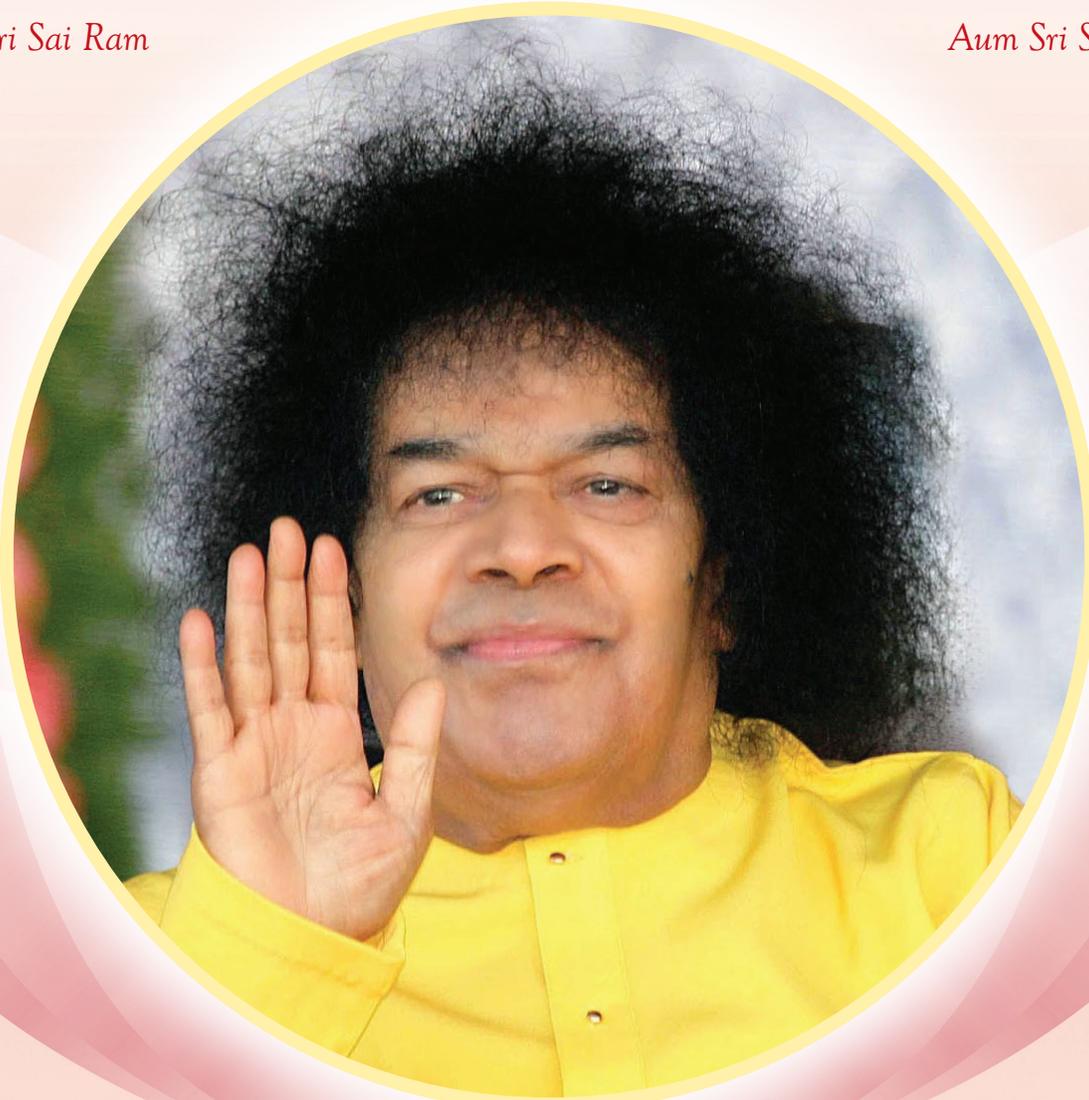


Doctors should win the hearts of the patients by talking to them with compassion and concern. Diseases are half cured when the doctors talk to the patients with love and consideration. The sick and the diseased respond favourably to your treatment once you start talking to them with love and with a smiling face. But, if you wear a grim expression, the patient loses heart. Doctors should administer the injection of courage and encouragement as calcium is administered to the weak. It is essential that doctors should have the sterling virtues of love and compassion. Compassion is more important than money.

- Sri Sathya Sai Baba, January 1994



The Sathya Sai Mobile Hospital at Puttaparthi has been doing yeoman services by providing free medical services to lakhs of patients in villages around Puttaparthi. Over 500 doctors belonging to 12 specialities provide their services free of cost. This is in keeping with Swami's philosophy that we should not wait for the patients to come to us, but we should go to the door step of the patients. Sri Sathya Sai Mobile Hospital at Chennai serves 6 districts. 52 mobile vans function across Maharashtra & Goa. They function in over 27 districts & reach out to over 3.9 million patients.

*Aum Sri Sai Ram**Aum Sri Sai Ram*

FROM THE DESK OF THE ALL INDIA PRESIDENT



The Medical Mission of Sri Sathya Sai Seva Organisations, India is a unique saga of the Divine inspiration of Bhagwan Sri Sathya Sai Baba.

The Doctors, paramedical staff and the Seva Dal have been rendering yeoman services on the field in various districts from the different states of India. This service has been rendered with utmost humility and unconditional love.

The magnitude of this service throughout the country is incomprehensibly huge. The greatness lies in the fact that this seva is not backed by any solicited donations or CSR funds. This is supported by voluntary contributions of devotees and sevadals. The doctors too render their

services absolutely voluntarily. Thus, the beneficiaries receive the benefit of this seva absolutely free and without any cost.

The Sri Sathya Sai Seva Organisation salutes the spirit of all involved in this Divine Mission. This newsletter is initiated as a tribute to all involved and to ensure an overall view of the vastness and grandeur of Medical Mission.

I pray to Bhagwan for His Blessings and Grace to be showered upon all our brothers and sisters involved in this Mission, so that they can continue to serve with greater vigour and love to continue this great humanitarian saga of Love.

At His Lotus Feet,

Nimish Pandya
All India President,
Sri Sathya Sai Seva Organisations, India

Unity is the foundation of peace and happiness. - Baba

HIS MASTER'S VOICE

SRI SATHYA SAI HEALTHCARE

THE WORLD'S LARGEST VOLUNTARY HEALTHCARE MISSION



Dr. V. Mohan, an eminent diabetologist, a Padmashri, rules the chapter on diabetes in the golden pages of treatment. He is Member, Board of Trustees of Sri Sathya Sai Central Trust & Convenor of the Board of Trustees of Sri Sathya Sai Trust (Tamil Nadu).

Bhagawan Sri Sathya Sai Baba, out of His compassion and love for humanity, established several model institutions for treatment of people who could not afford any form of treatment. The principles of Sri Sathya Sai Ideal Healthcare however go far beyond offering free services.

Swami has told doctors that it was not enough even if free healthcare was provided. It must also be done with love. Swami has also taught doctors that they should never feel that they are doing a service to the patient. The patient is in fact providing them an opportunity to do seva.

The Sathya Sai Healthcare Mission is so extensive that it is difficult to summarize it and to do full justice to it in this article. I would like to classify the Sri Sathya Sai Healthcare as follows:

- The Sathya Sai Global Health Mission
- Sathya Sai Health Mission in India

The Sathya Sai Global Health Mission consists of medical services which are offered totally free of cost through medical clinics in the United States, El Salvador, Mexico, Panama, Argentina, Brazil and Colombia, Peru, Venezuela, South Africa, Abu Dhabi, Indonesia, Sri Lanka and Vietnam. There are also several preventive healthcare and public health programmes such as the Sai Net project in Kenya. Apart from these, free medical camps are held in over 50 countries of the world. A detailed preview of the Sri Sathya Sai Global Health Mission is beyond the scope of this article but these are beautifully summarized in the book entitled "Sri Sathya Sai Health Mission" which I would encourage all of you to read.

Sathya Sai Health Mission in India

I will now turn to the medical services run by the Sri Sathya Sai Seva Organizations in India. These services can be classified into two types:

- Static services under which we have the General Hospital and Super Speciality Hospitals, Health Centres and Clinics
- Outreach services which consists of Mobile Hospital which may be Multispeciality or Uni/Bi-speciality.

Swami's institutions at Puttaparthi and Whitefield

Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthigram

The Sathya Sai Medical Institutions established by Swami both at Puttaparthi and at Whitefield remain the *crown jewels* of the Sri Sathya Sai Healthcare Mission. At Puttaparthi, the Sri Sathya Sai Institute of Higher Medical Sciences was established by Bhagawan in 1991 at Prashanthi Gram. This hospital offers free, state of the art, medical and surgical care completely free to all patients regardless of caste, class, creed, race, religion or nationality. The specialities at this hospital include cardiology, cardiothoracic surgery, orthopaedics, ophthalmology, urology, plastic surgery and gastroenterology. Since its inception, in the cardiology and cardiothoracic department alone, over 11.5 lakh patients have been treated and over 26,000 surgeries and 44000 cardiac catheterizations have been performed completely free of cost. Similar staggering numbers of patients are seen in the other specialities as well.

Specialties at Prasanthigram



Sri Sathya Sai General Hospital, Puttaparthi

The Sri Sathya Sai General Hospital at Prashanthi Nilayam has treated over 3.25 lakh patients in the year 2016 alone.

At Whitefield, the Superspeciality Hospital also has huge departments of cardiology, neurosurgery and neurology to name a few and world class care is offered without a rupee being collected. The General Hospital at Whitefield also treats a large number of patients - nearly 57,000 patients free of cost were treated in the year 2016 alone. Apart from the institutions established by Swami at Puttaparthi and Whitefield, the **Sathya Sai Mobile Hospital** at Puttaparthi has been doing yeoman services by providing free medical services to lakhs of patients in villages around Puttaparthi. Over 500 doctors belonging to 12 specialities provide their services free of cost. This is in keeping with Swami's

First and foremost you should purify your heart. - Baba

Specialties at Sri Sathya Sai General Hospital, Prasanthi Nilayam
Gen Med OPD Paed OPD Emergency Room



Sri Sathya Sai Institute of Higher Medical Sciences Whitefield

philosophy that we should not wait for the patients to come to us, but we should go to the door step of the patients.

Medical activities of the Sri Sathya Sai Organization in other parts of India

Apart from the Sri Sathya Sai Healthcare services provided by the Central Trust at Puttaparthi and Whitefield, there are numerous medical activities conducted by the Sri Sathya Sai Seva Organization in India. This includes free medical care run through hundreds of free clinics called as 'Sai Krupas' established all over India. Virtually every city in India has these free clinics. Thousands of preventive healthcare and hygiene camps are also conducted all over India.

GLIMPSES OF SSS MOBILE HOSPITAL CAMPS, CHENNAI



Following the success of the Sri Sathya Sai Mobile Hospital at Puttaparthi, the Central Trust started the Sri Sathya Sai Mobile Hospital at Chennai in September 2014. This Mobile hospital serves six districts and roughly 144 free camps are conducted per year covering a population of 1,50,000 people.

Mobile Medicare project of the Sri Sathya Sai Organization in Maharashtra and Goa:

Currently 52 mobile vans are functioning across Maharashtra and Goa in over 27 districts, and this has reached out to over 3.9 million patients.



Estimated value of the free services provided by the Sri Sathya Sai Health Care Mission:

The estimated cost of the Puttaparthi, Whitefield and Mobile Hospital projects would be roughly 5.5 million US dollars or Rs. 35 crores. Apart from this, the estimated value of the free medical services provided by Sri Sathya Sai Seva Organization in India would amount to Rs. 20 crores or 3 million US Dollars/year. While these are staggering figures by themselves, it is not the financial value of these projects, but the fact that thousands of doctors, technicians, paramedical workers and sevadal volunteers are involved in providing these free medical services with love and dedication that makes the Sri Sathya Sai Medical Mission unique.

In my humble opinion, this is one of the largest free health care services provided by any non governmental or spiritual organization, anywhere in the world. Most importantly, all this is done silently, without any pomp or show or publicity of any kind.

We pray to Bhagawan Baba to continue to bless these projects and help us to not only continue but to expand these services in the years to come, so that His Divine Mission will continue, to benefit Humanity for centuries to come.

- Cost of Puttaparthi, Whitefield and mobile hospital projects – 5.5 Million US Dollars.
- Estimated value of free medical services by S.S.S.O, India – 3 million US Dollars/ year.

True humanness lies in the unity of thoughts, words and deeds. – Baba

ABOUT THE SSS NATIONAL MEDICAL CONFERENCE

The Sri Sathya Sai Seva Organisation India has come up with the idea of getting together the Doctors and Para Medics to Prashanti Nilayam to offer our loving salutations to the Lord Sri Sathya Sai Baba for giving us this unique opportunity of rendering Seva to the needy.

The objective of this National Medical Seva Summit is two-fold:

1. To recognise the efforts of the participants who have been serving the country with a passion to spread love and good health.
2. To discuss various aspects of Medical Seva and to see how we could expand these services to the next level.

A National Conference of 1200 Doctors and Paramedics is being organized on 19th & 20th August 2017 at Prashanti Nilayam by SSSSO, India. Most of these doctors and paramedics have been associated for a long time, with the services and activities of SSSO.

During the 2-day Conference there would be Special addresses by a few senior doctors, panel discussions on the following topics:

- Reaching Medical Care at the door step
- Humanising Medicare
- Preventive Health Care
- Interactive sessions by the participants

Visits by the delegates to the Temple of Healing "Sri Sathya Sai Institute of Higher Medical Sciences, Prashanthigram" and Chaithanya Jyothi is being organized as part of the 2-day Conference.

Beyond the world of Sai there are doctors who have done great Seva .

The Sri Sathya Sai Seva Organisation India also plans to felicitate doctors, from each state, who have been rendering selfless service with **Love as the only motivation**, by honouring them with "**Sri Sathya Sai Dhanvanthri Seva Award**" as a blessing by Bhagawan Sri Sathya Sai Baba.

Dr. T Ram Manohar Rao
(National Medical Coordinator SSSSO)

THEY DESERVE IT

SRI SATHYA SAI DHANVANTHRI SEVA AWARDS

These awards have been instituted by the Sri Sathya Sai Seva Organisations, India for Doctors who have done exemplary service in the SAI MISSION.

➔ We salute these awardees from different states! ⬅

Delhi – NCR

Dr. Rashmi Sharma is an inspiration for the whole organization.

She is a silent and a dedicated worker, who rises to all occasions.

She was the first to volunteer for the Kashmir Seva from the Delhi contingent that went to Srinagar in October 2014, after the floods. She was there for a week and went into the interiors in Districts not considered too safe.

For years she has been going to Puttapparthi for 10 days Seva in the Hospital.

She devotes time for Medical Seva at the District Level and The Dispensary at the Sri Sathya Sai International Centre, Delhi.

Believing in 'Giving back to the Society', her Seva extends beyond too, to the community where she resides.



National Medical Camps held during Swami's Birth Day at Prashanthi Nilayam since 2005. He is In-Charge of Sathya Sai Clinic at Imphal and Organizes State and District level Medical Camps as Convener of Medical Cell SSSSO, Manipur. Presently he is the State Medical Coordinator, SSSSO, Manipur.

Assam

Dr Gokul Chandra Das is a renowned Gynaecologist from Shillong. He is a retired Professor and Head of Department, OBG, GMC.

He is also a Vice President of the largest organisation of Gynaecology, FOGSI.

He is a "Devottee with a difference".

He is 24x7 involved in medical seva. Be it arranging medical camps, conducting specialist camps, raising free investigations for the poor patients, a free daily OPD at his chamber, he is dedicating all his talent at Swami's feet.



Manipur

Dr. N. Kala Singh is a retired Additional Director Health Services, Government of Manipur. He is known internationally. He has been a WHO Fellow to South Korea, Philippines and Japan.

He has been actively involved in Sai Mission in different capacities for the last 15 years. He has participated in



Himachal Pradesh

Dr. K. L. Gupta retired as a Joint Director, Health Services, Himachal Pradesh

Since 1995, he has been working in Sai Mission and has managed multispeciality medical camps and mega eye operation camps in Distt. Bilaspur with Dr. C. S. Chauhan as an eye surgeon.



You should not speak even a single word that hurts the feelings of others. – Baba

He has been working as a visiting consultant in the General Hospital at Prashanti Nilayam since 2010. He has turned the life of many slum dwellers by giving them personal touch towards personal hygiene and medical care.

Himachal Pradesh

A renowned Eye Surgeon Dr. Chaman Singh Chauhan has to his credit a long list of achievements. Till date, he has done 22,632 free cataract surgeries in about 531 free eye camps conducted by the Sri Sathya Sai Seva Organisation, Himachal Pradesh. During decades of his dedicated service he has given treatment to 1, 82,913 patients in far flung areas of Himachal Pradesh. He has been honoured for his services in the tribal districts of Lahaul Spiti, Kinnaur and Sirmour.



Andhra Pradesh

Dr. G.V.S. Rao hails from Vishakhapatnam. He is working as a Chief Medical Officer in Seven Hills Hospital, Vishakhapatnam. He has worked in various capacities in Government and Private Sector.



Dr.GVS Rao is the key person for medical services in SSSSO, Visakhapatnam.

From 1985 till date he is the convenor for SSS medical services in Andhra Pradesh. Because of his services, commitment, dedication, guidance and support, the free integrated medical camps and medical services in the medical centers across the states have reached the pinnacle.

Dr GVS Rao has surrendered his life to SWAMI and medical services.

In Feb 1996 Bhagawan created VIBHUTHI for him and cautioned "BE CAREFUL FOR HEALTH".

Karnataka

Dr. G. Krishna Bhatt is a committed Sai Dental Surgeon from the State of Karnataka. He is credited with starting dental camps in Puttaparthi. He combines Seva and Dental Speciality to provide freedom from dental diseases. He is a member of Sri Sathya Sai Samiti, Mudipu.



Gujarat

Dr. Mahender Chauhan is an Eye Specialist. Being a LASIK Specialist, he is a member of medical councils at the state and National Levels. He has served as a clinician and a faculty member in different medical colleges. He is an important member of SSSO Gujarat, who provides services to the organisation 24x7.



Punjab

Dr. Manav Gupta is a renowned Psychiatrist from Kapurthala, Punjab. He masters in de-addiction. The SSSO Punjab is proud for his contribution towards de-addiction in the rural areas of this state of five rivers.



West Bengal

Dr. Champeswar Misra has served as a medical officer in West Bengal Health Services on various posts. He manages patients at the free medical OPD in Barrackpore mandir every day. He has been screening cardiac patients for SSSIHMS, Prashanthi Nilayam since the beginning. He is an important member of the medical team in West Bengal.



Madhya Pradesh

Dr. Narendra Kumar Khare is a radiologist, working in Jabalpur Hospital and Research Centre, Jabalpur, Madhya Pradesh. Tribal Areas infiltrated with naxalites always remain neglected. With his efforts and Bhagawan's blessings, medical camps could be organized in such areas of Dindori district of Madhya Pradesh.



Uttarakhand

Dr. Tikendra Singh Parmar hails from the state of Uttarakhand. He has worked as Chief Medical Officer in Haridwar and Uttarkashi. He is a regular participant in medical seva at the Superspeciality Hospital, Prashanthi Nilayam.



During his government assignments (since 1998), he always kept time for various activities of SSSO, UP.

Tamil Nadu

A son of the former chairman of Coimbatore Municipal Corporation, Dr. B. Radha Krishnan is an Ophthalmologist. He is a devotee of Bhagawan since 1970 and Swami directed him to set a hospital in Coimbatore. He has been the Coordinator for medical services of Coimbatore zone/district since 1981 and has served and organised more than 1500 free medical camps.



Haryana

Dr. Rajeev Wig is a Bhajan Coordinator from Haryana. He is a respiratory consultant and specializes in Tuberculosis. He has been active in all medical activities of district Rewari. With his efforts more than 900 cataract surgeries could be performed in the area during the last 6 years.



Bhopal, MP

DR. (Mrs) Sandhya D. Nair is a multifaceted personality. Apart from being a doctor she has a golden voice and has been an All India Radio artist. She has been serving in various positions at various hospitals. She has served in SSSIHMS, Puttaparthi and The General Hospital as Obstetrician many a times. A bhajan CD "Dhanya ho Easwaramba" goes to her credit.



If you want to experience divinity, you have to be both near and dear to God. - Baba

Uttar Pradesh

Dr. Dinesh Chandra Saxena is an eminent pathologist working as Senior Medical Superintendent in a 941-bed, premier medical college teaching hospital.



He served as a pathologist in Zambia for about 24 years where he was a chairman of the Zambian Sai Centre. He had directed the chief medical officers of seventy districts of Uttar Pradesh to allow SSSSO Medical Activities in the state.

Rajasthan

Dr. O. P. Sharma is a devotee of Bhagwan since 1973. He is a forensic medicine specialist. He accompanies the Rajasthan seva dal group as a doctor. A dedicated man in the service of humanity following Sri Sathya Sai Ideals, Rajasthan is proud of him.



Tamil Nadu

Dr. Thangavel a native of Pudukottai district of Tamilnadu is a private practitioner. He has been associated with the organisation in conducting many free medical camps in the Trichy district and had never missed to attend medical camps being organised at Parthi during Bhagawan's Birthday celebrations since 1970's. Also, he had been a regular visitor to the GH and SSS Super Specialty Hospitals at Prashanthi Nilayam rendering his 15 days seva once a year.



Bihar

Dr. Umesh Kumar Chaudhary is a pediatrician. He has been active in rendering medical seva for the Bihar SSSO for the last nine years.



He has been conducting child health camps in poverty stricken sub urban areas in Bihar. To work in such difficult areas, one has to really be sincere and dedicated.

Andhra Pradesh

DR. J.B. Venkat Rau is a Surgical Oncologist. He has served in various top positions in the ASI, MCI and the IMA. He has been widely awarded and has presented many national orations. He is incharge of Multi Specialty Medical Clinic run by Sri Sathya Sai Seva Organization, Hyderabad District at Eswaramma Seva Sadan.



Andhra Pradesh

Dr. T. Venkataramaiah, "DILLIBABU" was a name which Swami gave this "MAN ON A MISSION". Throughout his Sai Career he never looked back. He took active part in various service activities including medical services conducted during natural calamities like Diviseema cyclone, Konaseema floods etc... He served as convener of SSSS Samiti, Ambajipeta division uninterruptedly for 40 years and also helped the younger generations to enter the organization and render their services.



Telangana

Dr. Anil Kumar Mulpur is a cardiothoracic surgeon. He is a Fellow of College of Surgeons, Edinburgh and Glasgow. He was named as one of the five most outstanding cardiac surgeons of Indian origin in the entire world by KG Foundation Coimbatore. He continues to be associated with heart valve Bank of UK, formed under the direct guidance of Bhagawan Sri Sathya Sai Baba



He visited SSSIHMS, Prasanthi Nilayam as a representative of National Board of Accreditation of Hospitals and guided in the accreditation journey of SSSIHMS.

He works closely with the medical wing of Sri Sathya Seva Organisations to render free service to poor and needy patients in all specialities.

Karnataka

Dr. Mrs. Vidya G. Bhat is a dedicated long time medical Seva Dal Member from the state of Karnataka. She has been conducting vibrionic medical camps on a regular basis. She takes special care of inmates in hostels run by Vanavasi Kalyana Organisation & Government Hostels for poor & backward class students.



Kerala

Dr. V. Anand Mohan is a consultant in reproductive medicine. He is presently the State Coordinator of medical activities & Sai rehabilitation programme, Kerala.



He started the Sai rehabilitation programme for operated cardiac patients in Kerala in 2009. He is also the Director of Sri Sathya Sai Institute of Training & Development, Kerala for organizing various developmental education programmes for office bearers of the organisation.

OTHER AWARDEES



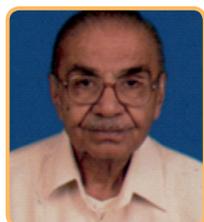
Dr. Baban T.S. Kakodkar



Dr. Mohanty H C



Dr. Janki Ramak



Dr. Mulji Bhanji Tank



Dr. Subhash Kamat



Dr. Vandana Karemore

Morality is possible only through spirituality. - Baba

WONDERS IN THE WORLD

Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthigram Bhagawan's Gift to Humanity

Never has such a loving and Paripoorna avatar walked on the earth showing his love on the masses. His vision and his divine mission remain matchless in eras to come. Every act of His, has emanated from the spring of selfless love and compassion. To remove the sufferings of the poor, grant them what they lack and to foster all mankind and ensure for all, lives full of Ananda, He undertook many humanitarian projects encompassing the spiritual, educational and service aspects. One such undertaking of Bhagawan is Sri Sathya Sai Institute of Higher Medical Sciences Prasanthigram(SSSIHMS-PG).

This monument of divine compassion stands as a living testimony to His love for humanity. An architectural marvel that inspires the world to know that human life is very precious and therefore to be handled with utmost care, love and reverence.

Medicine initially started as an art, then it progressively became science and in today's world it has ended up becoming commerce. Commercialization of medical education and health care is a tragedy in a country like India. It has aggravated the problem and spelt disaster for most of the people for whom, quality medical care has become inaccessible because of its exorbitant cost. Compassion, which should be the motivation for medical services, has been displaced by greed. In fact, medical professionals are sucked into the organized chain of greed set off by commercial companies which thrive on exploiting the ill health of people for their gain.

In such a scenario-where the task of injecting compassion into the mission of healthcare was the crying need, the sixty-fifth birthday message of Bhagawan on 23rd November 1990 was path breaking. Here are a few excerpts from that inspiring discourse "Whatever educational institutions and hospitals are started anywhere, it is all business proposition, business business and business. But it is difficult to find a person who melts by looking at poor. People spend lakhs of rupees to get a heart surgery done

in the U.S. But what is the plight of the poor? Who is to look after them? If they go to cities, people just don't care for them. Recognizing this fact, we have decided to start a hospital costing hundred crores in Prasanthi Nilayam. Whether it is heart surgery or kidney transplant or brain surgery, everything will be done totally free of cost. We have already fixed the inaugural date of this hospital. The hospital will be opened on Nov. 22, 1991".

What a resolve, with the lords Sankalpa the blue prints begin to take shape and the schemes begin to operate, both simultaneously. There was not even a trace of self interest in whatever Bhagawan did. It was only for the sake of others, all of whom,He considers His very own. Events leading to the materialization of the 'big hospital' at Prasanthi Nilayam in a record time of less than a year as willed by Bhagawan made an incredible and unparalleled story. That will be covered in our subsequent issues.

Bhagawan invested something more valuable than money, that is pure and selfless love, thanks to this love because of which hospital has been flourishing substantially and serving the humanity for the last twenty five years. This 300 bedded tertiary care hospital is equipped with, 14 operation theatres, one intensive care unit, two cardiac catheterization laboratories, five in-patient wards and a 24-hour emergency unit. It has a staff of specialists in Cardiology, Cardiothoracic and Vascular Surgery, Urology, Ophthalmology, Plastic Surgery, Orthopaedics, Gastroenterology, Anaesthesiology, Laboratory Services and Medical Imaging.

The SSSIHMS-PG instills a clear message in providing ideal healthcare to all humanity based on the following principles:

Universal Healthcare

Bhagawan has repeatedly emphasized that state-of-the-art healthcare should be available to all people and especially the poor.



Happiness depends on limited desires. - Baba

Free Healthcare

Bhagawan wanted that healthcare should be delivered free of charge to all. This hospital strictly adheres to this principle in providing diagnostic, medical, surgical, pharmacotherapeutic, outpatient and inpatient healthcare services totally free of charge.

Loving and Compassionate Healthcare

Healthcare should be administered with Love and compassion. The human agents of this delivery system (healthcare administrators, doctors, nurses, technicians, etc.) should be perfectly humane in thought, word and deed. They should demonstrate the use of five principles of Human Values: Sathya (Truth), Dharma (Right Conduct), Shanti (Peace), Prema (Love) and Ahimsa (Nonviolence).

Comprehensive Healthcare

Ideal healthcare encompasses treatment of the body, mind and spirit. The practice of medicine should address the complete patient and not merely relegate itself to the disease process.

Preventive Healthcare

The duty of the physician is not only to treat with love and compassion but to educate patients in healthy living and thus prevent frequent visits to physicians and hospitals.

In the past 25 years the hospital has treated 33 lakh patients and around 2.6 lakh surgeries have been performed totally free of charge.

The statistics of the hospital as of June 2017 are as follows:

S. No.	Specialty	Outpatients	Surgeries/ Procedures
1.	Cardiology	1191473	45802
2.	Cardio Thoracic Vascular Surgery	49979	26949
3.	Urology	1046072	69808
4.	Ophthalmology	794218	82634
5.	Plastic Surgery	29404	11289
6.	Orthopaedics	332127	17429
7.	Gastroenterology Endoscopy	OPD in General Hospital	11396
Total		34,43,237	2,65,307

Uniqueness of the SSSIHMS, Prasanthigram

NABH

The SSSIHMS-PG, is accredited with the National Accreditation Board for Hospitals and Healthcare Providers (NABH). NABH is a constituent board of Quality Council of India, set up to establish and operate accreditation programme for healthcare organizations in India. Moreover, NABH is an institutional member of ISQUA the International Society for Quality in Health Care, which

emphasizes the fact that the hospital has an international stamp of quality for its unmatched patient care. The accreditation further highlights that the totally free healthcare provided by Bhagawan Baba's hospital is of the highest quality.

The SSSIHMS-PG is the only totally free hospital to receive this recognition. The assessment is done against 636 stringent patient care standards as prescribed by NABH.

A filmless and paperless hospital

In line with the recent advances in Information Technology, Sri Sathya Sai Institute of Higher Medical Sciences (SSSIHMS), Prasanthigram has established comprehensive computerization of:

- Inpatient services
- Diagnostic Imaging
- Outpatient services
- Material Management
- Medical Records
- Administration

Computerization of the various aspects of the hospital has made the hospital a totally paperless and film less hospital. Further, the hospital has also improved communication by widening of the electronic mail, SMS and internet facilities throughout the hospital.

Telemedicine

The hospital in collaboration with the Indian Space Research Organization (ISRO) started satellite based telemedicine and tele-education services from 2007. The satellite link facility was provided by ISRO completely free of charge. Tele-consultation is provided for post-operative follow-up cardiac patients from the Indian states of Odisha and West Bengal. Two centers one in Bhubaneswar (Odisha) and second at Barrackpore (West Bengal) have been set up for that purpose. At SSSIHMS, Prasanthigram, the consultant reviews the patient's past and current records and while speaking to the patient directly over video-conferencing suggests suitable remedies and further investigations if necessary. The best part of this facility is that the patient and specialist see and talk to each other directly. The patients, who are generally disadvantaged also avoid the trouble and expenditure of travelling a long distance from Odisha or West Bengal to Puttaparthi.

Apart from Tele-consultation, the Telemedicine Center at SSSIHMS, Puttaparthi, has been playing an active role in supporting the academic activities of the hospital by means of enabling participation in Continuing Medical Education (CME), lectures and discussions with institutions like SankaraNethralaya (Chennai) and Dr. Mohan's Diabetes Specialties Centre (Chennai).

Patient Counselling

The patient counselling cell of the SSSIHMS, Prasanthigram, has a holistic approach towards the awareness and benefit of the patients.

Education is for life and not for living. - Baba

Patients from Cardiology and CTVS departments are counselled according to the surgery/ intervention performed, considering the factors like age, disease, demographic and financial status.

Some patients from Sai rehabilitation program are referred to the concerned states and district coordinators for post-operative follow up to benefit from the relevant Sai Samithis. Advisory Hand out in Telugu, Hindi, Tamil, Malayalam, and Kannada are given to the patients for their benefit.

Community participation

Besides rendering service locally, the State Sri Sathya Sai Seva Organizations, build up a cadre of volunteers, called Seva dal, who render selfless service in various Institutions in Puttaparthi. The Seva dals come from all walks of life, rendering yeomen service to the optimum functioning of the SSSIHMS-PG. This is by far the best example of community participation. The seva dals provide help in

maintaining security of the campus, providing guidance to the patients and their attendants and in keeping the hospital clean.

Chondrocyte Culture Laboratory

The hospital in collaboration with the Sri Sathya Sai Institute of Higher Learning, Prasanthi Nilayam, became the first hospital in the country to perform an Autologous Chondrocyte Implantation, where the chondrocyte cells were grown in the same hospital as the implantation was performed. The surgery was performed totally free of charge, as with all the treatment provided to patients at hospitals founded by Bhagawan Sri Sathya Sai Baba.

In every smile of a satisfied patient is Bhagawan's blessing for us and we continue on the path shown by Beloved Swami, guided by Him at every step. This odyssey has been 25 years long, but we feel that the journey has just begun.

Contributed by :

Dr. Gurumurthy (Director, SSSIHMS-PG)

WONDERS IN THE WORLD

Sri Sathya Sai Institute of Higher Medical Sciences, Whitefield

Sri Sathya Sai Institute of Higher Medical Sciences, Whitefield is providing free medical care to the sick and ailing with the dedication, commitment, love and the best of skills, so that they will be cured in body, mind and spirit.

Our Mission is to provide high quality medical care free of charge to all irrespective of caste, creed, religion, and financial status in an atmosphere of love and care.

Hospital Overview

Started by Bhagawan Sri Sathya Sai Baba in the year 2001, Sri Sathya Sai Institute of Higher Medical Sciences, Whitefield is 4th such venture of Sri Sathya Sai Central Trust. It is a 333-bedded tertiary care hospital inaugurated by the then Prime Minister of India, Sri Atal Behari Vajpayee, it is in the

only picturesque building in Whitefield, the IT hub of the Garden city of Bangalore, Karnataka, India.

Shaped in the form of letter K, the Hospital stands for Karuna or compassion and has been successful in healing thousands of diseased hearts and brains and returning to the society a healthy and grateful individual touched by spirit of sacrifice and transformed to make a difference to the fellow human beings.

Sri Sathya Sai Institute of Higher Medical Sciences is equipped with state-of-art diagnostic and treatment facilities, highly skilled medical, nursing and paramedical professionals delivering care with love and compassion, in a clean, aesthetic and spiritual environment ensuring that healing happens in body, mind and spirit.



The essence of the eighteen puranas is just two sentences- HELP EVER, HURT NEVER. - Baba

The diagnostic equipment of the Hospital

A state of the art 1.5 Tesla Siemens MagnetomAera MRI Scanner, 128 slice HD 750 GE CT Scanner, Siemens Artis Zee Biplane Cath Lab, Philips Monoplane Cathlab, Medtronic S7 Neuro-navigation system, 12 fully equipped operation theaters, automated biochemistry and microbiology analyzers, high end diagnostic Cardiology equipment, full blown Hospital Information System eHIS from Computer Science Corporation and Fuji Synapse PACS system.

Over the last 15 years, the Hospital has been successful in performing over 24,000 Neurosurgeries, 20,000 cardiac surgeries, over 54,000 diagnostic and interventional cardiac catheterizations and more than 12,40,000 outpatients have received outpatient consultations.

Education

Apart from patient care, Hospital is also active creating next generation of doctors, nurses and technologists. Hospital has a very active post graduate and post-doctoral programs affiliated to National Board of Examinations providing DNB in Cardiac Surgery, Neurosurgery, Cardiology, Anesthesiology and Radiology. Additionally, Hospital also has post-doctoral fellowships in Interventional Cardiology, Cardiac Anesthesia and Critical Care Anesthesia & Radiology - MRI & Cross-sectional imaging. In the paramedical field, Hospital provides BSc Nursing, BSc Imaging Technology, BSc Perfusion Technology, BSc Anesthesia Technology, BSc Cardiac Technology and BSc Medical Laboratory Technology.

Developments Post Mahasamdhi

Swami's blessings to all of humanity including the institutions started by Him is eternal like the institutions themselves. To remind us mortals about his omnipresence, Swami has chosen the form of Vibuthi manifesting in various ways on various occasions. At the SSSIHMS Whitefield we have been blessed on more than one occasion. This has been seen each time there was a festival or a crisis. Vibuthi manifestation was first seen on the Central picture in the dome on the day of the Jagannatharathayathra on the 19th July 2015. Thereafter the previous Director, Dr. Swarna Bharadwaj was in office and she noticed a flash of orange cloud enter from the window of the Directors office and go towards the picture of Bhagawan and settled there as a mass of Vibuthi on the picture. Till date Swami has been blessing us with a continuous flow of vibuthi at the Directors office sometimes falling off the picture and at other times filling up a glass bowl kept for Vibuthi and blessing several activities in the hospital like conferences etc.

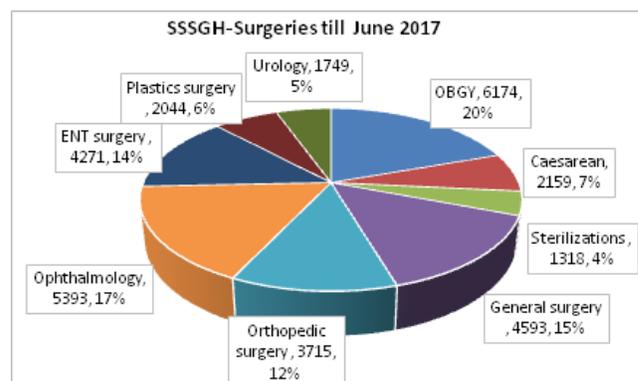
In Bhagawan's Room too He has been pouring vibuthi on the Chair. Vibuthi blessings have been experienced on proposals of programs & policies of the hospital and on some occasions on the food offered to Swami before giving to patients.

New Initiatives

The SSSIHMS, Whitefield has been catering to a large number of patients from across the country, a significant number from the states of West Bengal and Orissa. The addition of the general specialties to the premises of the SSSIHMS has increased the patient load by two fold. This has resulted in large number of patients waiting outside the gates from late in the night to seek entry into the hospital early. These patients are exposed to the cold weather and the rains of Bangalore city. To facilitate a shelter for these patients a few changes were implemented and patients were allowed to into the hospital premises as and when they arrived. The process was a simple redistribution of the patient crowd from the gates into the 'Q' Complex, the reception Block and the outpatient waiting areas inside the hospital building.

Statistics of SSSIHMS, Whitefield

Outpatients		Cardiac Surgeries	
Cardiology	780129	CABG	4976
Neurosurgery	287648	Closed heart Surgeries	6386
Neurology	195874	Open heart surgeries	4865
	1263651	Valve replacements	2798
Cath Procedures		Miscellaneous	1143
Diagnostics	23055	Total Cardiac Surgeries	20168
Interventions	31714	Neurosurgies	25028
Pace makers	1103		
	55872		



SSSGH in the premises of SSSIHMS

Shifting of the General Specialties on 6th July 2016 had some hiccups in the process of shifting and establishing these services in the new location, Bhagawan's blessings have ensured that the change occurred seamlessly and has been beneficial to the patients and doctors. This has ensured comprehensive care for the patients. The hospital is vibrant with activity with the increased number of patients.

Contributed by :

Dr. Sundarsh D.C., Director, SSSIHMS, Whitefield Bangalore

You cannot always oblige but can always speak obligingly. - Baba

MEDICAL NEWS – FROM THE STATES

Swami's mission continues with more vigour and challenge all over the country. Be it national programmes guided by the SSSSO, or the need based programmes in each state, organisations in every state put in all efforts to do maximum towards service.

ANDHRA PRADESH & TELANGANA

- 'Home state excels in all fields of seva'
- Medical services by the SSSSO in APTS is unparalleled.

In 2016-2017 SSSSO, APTS has conducted 612 medical camps benefitting 88,611 patients. 1264 undergraduate doctors and 788 post graduate doctors, 2781 paramedical and 5886 sevadal participated.

Medical Service through Free Clinics Run By SSSSO, APTS:

SSSSO, APTS has 101 free clinics in all Districts, has conducted 4793 camps, benefitting 3,39,153 patients. 2633 undergraduate doctors, 960 post graduate doctors, 3771 paramedical, 6866 sevadal rendered seva.

Under Institutional care, 1614 Services were provided in 35 hospitals benefitting 61,962 patients for follow up, which included, investigations, procedures and surgeries wherever necessary.

'CARING BEYOND CURING' – Please read this inspirational article by Sh. S.G. Chalam in our next issue.



BIHAR AND JHARKHAND

With love of Bhagawan, immense energy and vibrations fill hearts when devotees in Bihar and Jharkhand venture for doing seva. The state which is so wide in understanding and compassion, zeal and purpose, deserves more. There is a wide scope of seva activities in the medical field. The SSSSO in Bihar and Jharkhand deliver medical services to the needs in all districts like Darbhanga, Muzaffarpur, Pakur Patna, Samastipur, Bhabhua, Munger, Lakhisarai. About 1000 patients benefited every week from the medical course run in Muzaffarpur, Munger, Bhubhua, Baxar and Pakur.

Bal Sudhar Griha at Darabhanga is a centre of activity. 'Preventive health care' service at this centre brings cheers to about 100 inmates.



DELHI – NATIONAL CAPITAL REGION

Permanent free clinic at Sri Sathya Sai International Centre, Lodhi Road

Sri Sathya Sai International Centre, situated in the National Capital of New Delhi, is the hub for spreading the message of love, service and human values. Sri Sathya Sai Seva Organisation, Delhi-NCR hosts many activities at the Centre including a free Medical Clinic for serving the poor & needy patients from the local areas surrounding the Centre. This free Medical Clinic is being run thrice a week attended by five doctors by turn.

Medical Clinics in the Districts

All the ten Districts take care of the needy by providing free health camps at various places across Delhi-National Capital Region with the help of their respective teams of dedicated doctors and the Seva Dal. In the year 2016-17, total patients seen through these District Medical Clinics were 89,905.

Distribution of Sai Proteins

The Sai Protein Team, decided to bring in two variants of Sai Protein products in the form of Sai Protein Panjiri and Sai Protein Biscuits. All the products were prepared with the help of Mahila Seva Dal. The distribution of Sai Protein has been through the following modes:

- SSSVIP – Sri Sathya Sai Village Integrated Programme.
- Mobile Medical Vans

Your mind alone is responsible for your joy or sorrow. – Baba

- Identified Schools – in the form of biscuits and panjiri.
- Prasadam in Bhajans – as panjiri
- Personal usage by Sai Devotee families in their daily cooking.

In the year 2016-17, 1780 Kgs of Sai Protein powder, 514 Kgs Sai protein biscuits and 410 Kgs. of Sai protein panjiri was prepared and distributed.

General Mobile Medical Van

A special Mobile Medical Van, fully equipped with Medical Testing facilities like – Blood Test, CVC, HB Widal Test, Blood Sugar Test, Urine Pregnancy test etc. makes around 20 to 25 visits in Delhi NCR to serve needy residents of Delhi NCR. The total number of beneficiaries were 11,310 in 2016 and about 600 during the first quarter of 2017.



Mother and Child Project

The Delhi-NCR widened its network of Mobile services by acquiring one more Medical Van especially for providing care to malnourished children and women.



It was inaugurated by Shri Nimish Pandya, the then All India Vice President on July 19, 2015. Yet another initiative named “Mother and Child”, the van was equipped with multi medical facilities. Three doctors (Child Specialist, Gynaecologist, General Physician) and Sai volunteers usually participate in this service activity.

- Dedicated team of 50 specialist doctors.
- Sri Sathya Sai International centre Lodhi Road
- 89905 patients taken care of in 2016-2017.
- 2 mobile medical vans.

GUJARAT

Gujarat: – The land close to Swami’s heart. The land from where our Prime – Minister hails. The right hand of SSSSO, India. Excelling in medical activities SSSSO used up an amount in eight figures.

Baba says, “**Mind is an Education, Heart is Health, Whole body is Water**”, therefore Baba wants his devotees to serve in these three fields for the betterment of human life. In the health care domain, providing free medical services to all has been Bhagawan’s major mission.

In all, there are 29 permanent Medical Centers with 64 different faculties like the Eye, Dental, General Clinic, Sujok, Vibrionics, X-ray, Physiotherapy, Orthopedic, Gynecology, Pathology lab, Ayurveda, Skin, ENT, Pediatric, Sonography, Naturopathy and Homeopathy. Post and pre operative medicines are also given free.



Local Sai Centres organized 101 Medical Camps in which 7198 patients were treated. 92 Blood Donation Camps were held and 3983 units of blood were collected (Since last 29 years Ahmedabad Samiti is being honoured with the Asha Parekh Trophy for collecting maximum blood units). Preventive healthcare seminars are held at regular intervals in which Mother and Health Care project is included. Undernourished children in the slums and SSSVIP villages are given Sai Protein which is prepared by the Mahila wing.

1,58,179 patients have been treated and approximately Rs. 87,58,704 have been spent for medicines and operative kits during the year April 2016 to March 2017.



One Mobile Dispensary is run by Sri Sathya Sai Vidhya Niketan Samiti, Navsari on all days except Sunday. Total about 6700 patients have been treated and Rs.203,000 have been spent during the period April 2016 to March 2017.

Floods in Gujarat saw SSSSO, Gujarat serving the victims. It was a good and a quick response. Thanks to Bhagawan.

Reduce your wants to the minimum. – Baba



- 29 Permanent medical centres.
- 3983 units of blood collected.
- Asha Parekh Trophy for blood collection to Ahmedabad Samiti.

JAMMU AND KASHMIR

Jammu and Kashmir, the state which needs attention the most. As our All India President, says, the thing which can put an end to the turmoil in Jammu and Kashmir is Swami's name and Swami's love. The perfect measure which can fulfill this condition is seva. Against all odds, SSSSO, Jammu and Kashmir is actively involved in seva activities. The latest being the construction of a Sri Sathya Sai Seva Centre coming up near the Indo Pak border in Jammu. It will form an epicentre of seva activities. Medical activities as always form a major part of seva activities.

Veterinary Camps

Veterinary Camps on Monthly basis (Rarian, Rehal Kalandariyan, Tokrian, Jaswan, Floura, Halqua and Marh).

In these Camps about 9 Sevadal of the Organisation participated for under taking the medication to the live stock at their door-steps, under the supervision of highly qualified experts in the field of Veterinary medicine and animal health. The animals were administered with free of cost medicines against various ailments diagnosed by the experts.



Moreover, Dosing against various parasitic diseases was given to about 350 animals on spot by the trained doctors free of cost.

Medical Camps

Quarterly Medical Camps –Cum Awareness Camps during the year were held in the villages Bhatyari, Shahpur, Saithgarh, Rehal, Rarian, Tokrian, Halqua, and Jaswan.



In these camps, specialists in the field of Medicine, Orthopaedics, Gynaecology and Dental care participated. In these camps, about 429 cases were treated by these specialists and all the necessary treatments and free medicines were provided to patients on-spot.

KERALA

A unique programme that deserves a mention.

“Patients getting discharged after successful cardiac interventions & cardiac surgery at SSSIHMS should be given proper after care, regain & maintain their health, and also be able to resume their roles & responsibilities towards their families”.



Please read a detailed article (THE SAI REHABILITATION PROGRAMME) about this programme in our next issue

MADHYA PRADESH

Inspired by 'Sri Sathya Sai Philosophy of Medicare' this clinic was started at Shantivan Bhopal, temple of BHAGAWAN BABA where BHAGAWAN visited in **1981**. This clinic was inaugurated by Dr. V. Mohan on 13th Feb 2014.

This weekly clinic runs on every Thursday, where diabetics belonging to low socioeconomic group get blood sugar tests



Love is the very life of all spiritual practices. There can be no life without love. - Baba

and medicines at absolutely no cost. In the management of diabetes, education and awareness is a very important part and thus counselling of patients for Diabetes prevention and management is provided by experts at this clinic. These patients were earlier unable to afford specialist care in diabetes, which led to uncontrolled blood sugar levels resulting in various complications of diabetes.

MAHARASHTRA

The Sri Sathya Sai Seva Organisation Maharashtra & Goa, has been engaged over the last several years in various service activities covering a wide spectrum for the upliftment and benefit of society, particularly the needy and underprivileged.



A major initiative undertaken by the Organisation (from April 2007) is to provide primary & preventive healthcare to the needy and underprivileged segment at their doorstep. 50 Mobile Dispensaries provide free medical aid, including free medicines. The vans are spread out across 27 Districts of Maharashtra & Goa and reach out to approx. 7,00,000 patients every year, since inception. The project has provided free medical aid to over 50 lakh patients, totally free of cost. The Project also has been active in Secondary & Tertiary care and has organized several specialized camps e.g. Ophthalmic, Pediatric, Gynaec, Cardiac and Dental camps. A major effort is being taken to fight malnutrition which affects the growth & health of children in Maharashtra. The children are provided with



Protein Biscuits, Tonics and other nutritional supplements and monitored continuously to watch their progress. The Trust has taken the initiative to establish a medical hub at Navi Mumbai. Medicines are procured in bulk quantity at reasonable cost. They are being sent to all the Districts from here. The Trust has acquired proper Drug Licences from FDA to purchase, store and distribute the Medicines. It is

proposed to setup over 20 Sri Sathya Sai Primary Medicare Centres at SSS Gramin Seva Centres in various Districts which will provide free medical help to the locals.

MANIPUR

'Manipur' – The north eastern, Hill State enjoys multi disciplinary medical approach from the Sri Sathya Sai Organisation, Manipur.



The field of work mainly focuses on the S.S.V.J. Schools and needy from the rural areas.

A regular free Sathya Sai clinic was started at the premises of Langol view clinic, Imphal. Free health check up and treatment is given.

SAI Protein

A health camp was organized at Mantripukhri, Imphal East district to make the people aware of the importance and value of "SAI Protein". Altogether 102 parents and students participated in the programme, which was widely appreciated. It has been observed that many families specially of low economic group of the locality have been regularly feeding their children "Sai protein" of their own make since then. The parents have noticed dramatic improvement in the health of their children.

Sri Satya Sai Vidya Jyothi Project

Free health check up of 164 students and parents was done at Jai hind high school, Mantripukhri, Imphal east district.

Osteoporosis Detection Camp

An Osteoporosis/osteopenia detection camp was organized at the state office of the organization. 136 elderly patients were tested free for osteoporosis with the help of bone densitometry on 21-05-2017.

PUNJAB

The Sri Sathya Sai Seva Organisation, Punjab has come a long way in providing medical services in the State. After the Trust was established in the year 1992, the focus was on providing medical Services in Govt. Hospitals. They approached the civil Surgeons and started providing those medicines which were not available with the Government. Under a trained Pharmacist they started giving medicines prescribed by the Govt. Doctor. This programme became

As are thoughts, so is human nature. – Baba



very popular because needy patients started getting immediate relief without going through govt. formalities.

The SSSSO, Punjab has established 5 Rural Health Centers. One each in Jalandhar, Hoshiarpur, Ludhiana, Patiala and Pathankot. Doctors and paramedical staff are putting in lot of effort to provide medicines to all.



In Rural Health Centers eye check up camps are being conducted. All eye surgeries are being done in recognised private hospitals.

In Abohar District 85 general surgeries were conducted this year.

In Jalandhar, Ludhiana and Gurdaspur surgeries have been performed on the poor, the cost of which has been born by the Sri Sathya Sai Trust, Punjab.

SIKKIM – MEDICAL ACTIVITIES IN BUDDHIST MONASTERIES

Sikkim is a Buddhist State and there are many Monasteries in Sikkim where Buddhist believers go



to pray. Amongst these monasteries few monasteries are meant for the lady monks who have detached themselves from their family in early ages. They are called “Anni”-the monks. Two medical camps were organised by Gangtok-Sadar Samithi at these monasteries where Annis stay. Free medicines were distributed. As a token of love new clothes and Blankets were also distributed to the Annis.

UTTAR PRADESH & UTTARAKHAND CHAKRATA – FIELDS OF SEVA IN UTTARAKHAND

Chakrata is a remote village of District Dehradun in Uttarakhand. It is situated 120 km from Dehradun city and is 85 km from Mussoorie in the remotest part of the tribal area of Jaunsar Babar.

Sri Sathya Sai Seva Organisation, Dehradun has been conducting Eye Camps in Chakrata and adjoining villages for the last 10 years since 2007.

The First Eye Camp was conducted at Chakrata in Nov 2007. To carry out the surgeries, patients were brought to Nirmal Eye Center, Rishikesh where it was done free of charge.



Since than SSSSO has been organising Eye camps at various locations in the area including Chakrata, Koti, Kanasar, Shawda, Kawansi Sahiya at regular intervals. Till now, with Swami’s Blessings, approx 8000 eye surgeries have been done and and more than 4000 vision correction spectacles have been distributed totally free of cost at doorsteps of patients.

The entire world is the manifestation of God. - Baba

HIMACHAL PRADESH

The hill state of Himachal has to its credit – a medical camp every week. Doctors in all twelve districts give selfless service to thousands of patients.



A special mention to the amount of work in ophthalmology. A single Eye Surgeon has conducted more than 20000 free eye surgeries and is being awarded in the conference.

(Santwana in 'Santwana Bhawan' – ' A medical service by SSSSO,H.P. in a home for the mentally challenged – Please read this article in our next issue).

KARNATAKA

Under the aegis of Sri Sathya Sai Seva Organizations, Karnataka, in the year 2016 - 1881 Free Medical Camps/ 1850 free Clinics were conducted. More than 100 Doctors and 1580 sevadal were involved in this mission with 1,50,535 people as beneficiaries. 430 Surgeries were performed. Cost of treatment given was Rs. 28, 91,000. Alumni of Sri Sathya Sai Institute of Higher Learning and Sri Sathya Sai Seva Organization come together every month



in Brindavan, Whitefield, Bangalore where 2 to 3 thousand patients are benefitted in the Medical Camp along with free medicines. Regular medical camps are being conducted in the villages adopted under Sri Sathya Sai Village Integrated Programme. Pediatric check up camps are held twice a year in schools adopted under Sri Sathya Sai Vidya Jyothi project. Various other specialty camps like – ophthalmic and dental camps are conducted. Some eye camps are also conducted jointly with Shankara Nethralaya. Annually, a mega-eye camp is conducted in collaboration with Kanagama foundation, UK. It was conducted in Gadag district, Karnataka last year with around 1000 patients. Eye surgeries were facilitated by aligning with reputed

hospitals and arranging payment. This was preceded by 2 successful eye camps in backward areas of North Kanara district, Karnataka consecutively. Around 150 doctors at the peripheral taluk levels are involved in the unique holistic rehabilitation programme providing follow up care for patients operated and treated in Sri Sathya Sai Institute of Higher Medical Sciences, Whitefield Bangalore.

RAJASTHAN

Multispeciality camps for Autorikshaw drivers

On 9th April 2017 a free multispeciality camp was organized for the autorikshaw drivers by Sri Sathya Sai Seva Samiti Sriganaganagar, in which more than 200 autorikshaw drivers and their family members were given free consultation and treatment. Specialist doctors from the field of Cardiology, Chest and TB, General Medicine and Surgery provided their services free of cost to the needy persons.

Sri Sathya Sai Mobile Medicare Project

Sri Sathya Sai Mobile Medicare Project was started in Rajasthan on 23 October 2016 at Bhilwara City. The Medical Van was inaugurated by our honorable All India President Shri. Nimish Pandya. This medical Van is providing services on daily basis in the villages of district Bhilwara. In this



van a team of doctors, paramedical staff and sevadal visit three villages everyday between 3.30 to 8 pm. 40 to 50 patients are given free prescription and treatment at their doorsteps. The medical Van visits the same village after a gap of 2 weeks. Till now 5500 patients from 47 villages around Bhilwara district have been given free medical treatment through this Medicare Project.



Peace of mind is the source of great energy. - Baba

DIVINE OBJECTIVE- 'URETEROCALICOSTOMY'- IN PUTTAPARTHI

Ureterocalicostomy is a treatment for patients with complicated uretero pelvic junction (UPJ) obstruction and other forms of proximal ureteral obstruction. Although both retrograde and anterograde endourologic interventions are accepted forms of management, success rates are dismal. Patients often land up with complicated reconstructions later.

Background

Ureterocalicostomy (UCO) is a procedure used to anastomose nondilated healthy ureter proximal to the lower calyceal system, which is exposed via amputation of the most dependent portion of the lower pole of the kidney, in order to bypass severe peripelvic fibrosis with a ureteropelvic junction (UPJ) obstruction or a long proximal ureteral stricture if the renal pelvis is scarred or intrarenal in location. See image.

The left image shows an obstructed kidney with an intrarenal pelvis with dotted lines delineating the areas of the surgical resection. The middle image depicts the kidney following division of the ureter distal to the obstruction and resection of the lower pole of the kidney. The right image is a representation of the ureter anastomosed to the lower-pole calyx.

The Case - 41 years old patient – after undergoing investigation for an undiagnosed pain in the lumbar regions, came to SSSIHMS, Puttapparthi. He had already undergone 4 surgeries. Financially drained out, he had no more means for further treatment.

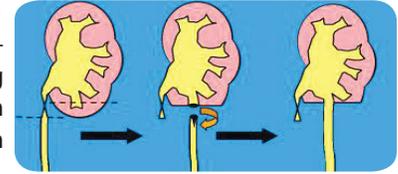


Diagram of ureterocalicostomy procedure

He was found to be having a bilateral obstruction at the pelvi ureteral junction (PUJ). It became a challenging case for the urologists.

He was taken up for surgery of his right kidney first followed by the left. A Ureterocalicostomy was performed.

The urologist of the hospital said, "Though it is not an uncommon procedure, we have not found any case report of a bilateral Ureterocalicostomy, i.e., the problem being there on both the kidneys. That makes Gopal's case truly unique."

Both the surgeries were successful. Gopal was discharged and has been leading a normal life since then. "As soon as I entered the hospital, I could feel faith and confidence rising in me. I was sure I would be all right," he said.

FACTORS OTHER THAN EVIDENCE-BASED MEDICINE THAT MAY INFLUENCE CLINICAL DECISIONS

Eminence – based medicine

Vehemence- based medicine

Eloquence (or elegance)- based medicine

Providence- based medicine

Diffidence- based medicine

Nervousness-based medicine

Confidence- based medicine

Senior colleagues who believe experience trumps evidence

Substitution of volume and stridency for evidence

Sartorial elegance and verbal eloquence

The decision is best left in the hands of the Almighty

The diffident doctor does nothing from a sense of despair

Fear of litigation is a powerful stimulus to over-investigation and over-treatment

Bravado

DIVINE PRESCRIPTIONS FOR DOCTORS

BY BHAGAWAN SRI SATHYA SAI BABA



1. Man has been endowed with the human body not for seeking his selfish ends but for serving fellow-beings.
2. Sacrifice is the hallmark- of a true doctor.
3. Cultivate the awareness that the service which doctors perform for others is nothing but service done on to themselves.
4. Feel that the service you perform to the patient is direct service to God.
5. Fill your hearts with compassion and serve the poor and the needy. As the Lord has compassion, the doctors too should have these divine virtues of the Lord.
6. When virtue increases, health improves.
7. Medicines on their own cannot cure disease; it is Divine Grace that cures.
8. To put in sincere effort is the duty of a doctor; success or failure is God's Will.
9. There is no medicine more effective than a smile
10. Work happily and spread happiness to more and more patients.
11. Speak kind and sweet words to the patients; for these words cure the patients.
12. Doctors should administer the injection of courage and encouragement to the patients.
13. The help that you extent in good faith to your patients will be rewarded in the course of time.
14. You can charge the correct fee from the wealthy, but be kind and considerate when dealing with the poor.
15. Observe the harmony of speech and practice, lest you mislead the patient.
16. Restraint over food and life style ensures sound health of the heart.
17. The essential mark of a hospital is its cleanliness.

Take to the path of sacrifice. Sacrifice is verily God.- Baba



"Health care is not just medical care. Medical care is one of the components of what you all are doing. Actually health care is medical care, education and nutrition. Health care happens only when all these three are combined... you are doing all the three... An anti-ballistic missile has been launched by Baba against poverty: through education, water and healthcare".

- Dr. A.P.J. Abdul Kalam, Former President of India

HUMOUR THERAPY : TIT-BITS

Good Genes?

The topic for my third – grade class was genetics. Smiling broadly, I pointed to my dimples and asked, "What traits do you think I passed on to my children?"

One student called out, "Wrinkles!"

Missing Appendix

A surgeon goes to return some books borrowed from the library. The librarian quips after checking the books, "Sir your books are always returned with the last page missing in every book". The surgeon replies, "I can't stop myself from removing an appendix whenever I see one..."

Bedside Manner

The doctor was making his rounds and walked into the semi-private room in the hospital to examine old Mrs. Williams. After the examination, in his best professional voice, he said smoothly, "You are coughing much more easily this morning." "I should," snapped the patient, "I've been practicing all night."

Starting Point

When the new patient was settled comfortably on the couch, the psychiatrist began his therapy session. "As you are new patient with me, I do apologise, but I haven't had time to review your case file and I'm not really aware

of your problem," the psychiatrist said, "so perhaps, you should start at the very beginning." "But of course," replied the patient, "in the beginning, I created the heavens and the earth..."

Wise Owl

There was an old owl that lived in an oak. Every day he saw incidents happening around him. One day, he saw a boy helping an old man to carry a heavy basket. The next day, he saw a girl shouting at her mother. The more he saw, the less he spoke. As he spoke less, he heard more. He heard people talking and telling stories. He heard a woman saying that an elephant jumped over a fence. He also heard a man saying that he never made a mistake. The old owl had seen and heard about what happened to people. Some became better and some became worse. But the old owl had become wiser day by day.



Turning Turtle

Teacher: If you stand on your head, will the blood rush into your head?

Student: Yes, of course

Teacher: Then why does blood not rush to your feet when you stand on them?

Student: The feet are not hollow.



THE TEST

We hope you have gone through the details of this newsletter. Bhagawan's Grace has given it in your hands. Now is the time for a test.

The following Jumbled up words are from within the text of the newsletter. Kindly rearrange letters and give us the exact words and win three prizes. Winners to get literature from the 'Sai' Library

1. SRPIONRICTEP
2. OAIMTRYL
3. NEHUNAMSS
4. LOEEEQCNU

5. IDFCDNEEIF
6. NEMICNEE
7. ORATRISAL
8. TRHALITIEBANOI
9. EORTURECLCYOATMSOI
10. XPAEDIPN
11. NSEMODETBIM
12. NSECSEE
13. AAOGNISIORNT
14. YVERENATRI
15. ANRAUHOTPTY
16. ASIIEPONTR
17. AGTLAENNA

18. NMIESFANTAITO
19. IVNITDIY
20. USAIRPITL
21. AXORPIITEN
22. DBUTDIHS
23. ESEDIBAT
24. ATKTADRAHNU
25. RSHHANPATIYAMILN

Please send your entry with answers, name, address, phone no and email address to the Editor, Sri Sathya Sai Arogya Premanjali till 19-9-2017 on a.aggarwal98@gmail.com.

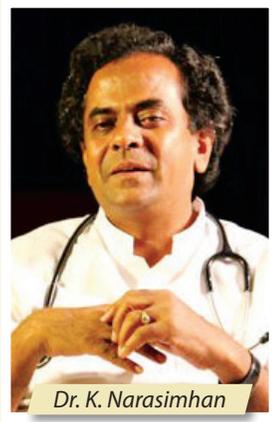
Dwell always on one name of God.- Baba

*Sri Sathya Sai
Dhanwanthri Seva Awardees*

The Masters in the Mission



Dr. N. Safaya



Dr. K. Narasimhan



Dr. P. K. Dash



Dr. P. Venugopal



Dr. V. Mohan



Dr. Sundaresh



Dr. Ram Manohar Rao



Dr. Neelam Desai



Published by: Sri Sathya Sai Seva Organisations, India, Prashanthi Nilayam- 515134, Anantapur District (A.P.)
Editor: Dr. Sanjay Aggarwal

(For Private Circulation only)