



**This E-book  
has posters which  
were classified under  
the following headings**

**Gayatri Mantra**

**Bhagawan's Message on Vedas**

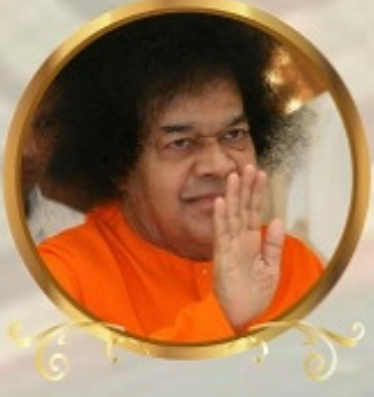
**Veda General**

# **VEDA TATWA E-book 4 / 9**

This E-book contains posters that were displayed during the Veda Tatwa Exhibition conducted as part of the International Veda Conference held at Prasanthi Nilayam on 20th and 21st Nov 2017. Most of the content used in these posters were taken from the teachings of Bhagawan Sri Sathya Sai Baba. The posters have been divided into 9 parts each published as an E-book



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# GAYATRI MANTRA



**The chanting of the Gayatri Mantra starts with AUM.**

**Then the mantra reads 'ॐ भूर्भुवः स्वः  
तत्सवितुर्वरेण्यं भर्गो देवस्य धियो  
ऋद्धिं प्रचोदयात्'.**

**The chanting of AUM itself will confer all the benefits that accrue by chanting of the mantra.**



# ઘાયત્રી તેહાન્દીહાડ્ડાલ લાઘાત્રહે



**Gayatri is all pervading. It consists of three deities, Gayatri, Savithri and Sarasvathi. Of these the first is the master of senses. The second is the teacher of truth and the third is the master of speech. Hence it is Trinity of the senses, the mind and speech. Gayatri is hailed as તેહાન્દીહાડ્ડાલ લાઘાત્રહે (the Mother of all Vedas).**

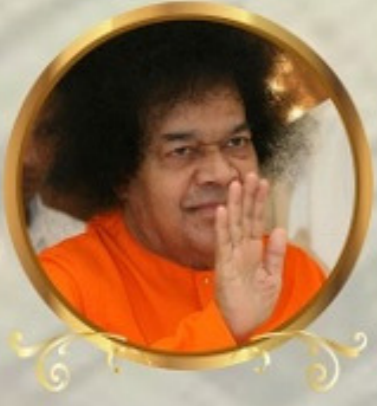


# GAYATRI MANTRA – MASTER OF SENSES



ॐ भूर्भुवः स्वः  
तत्सवितुर्वरेण्यं  
भर्गो देवस्य धीमहि  
धियो योनः प्रचोदयात्

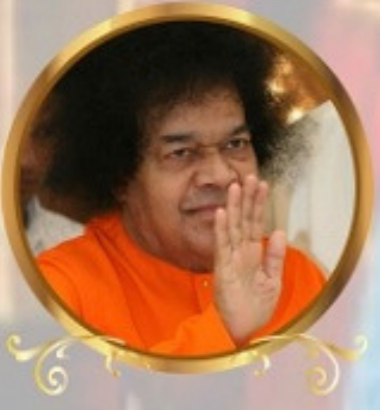
Gayatri protects those who sing her glory. Gayatri, being the presiding deity of our senses, helps us to master the senses.



# BENEFITS OF CHANTING THE GAYATRI MANTRA



- ❁ **Gayatri is the reliever of all diseases.**
- ❁ **Wards off all misery.**
- ❁ **Is the fulfiller of all desires.**
- ❁ **Is the bestower of all that is beneficial.**



# GAYATRI MANTRA - PROTECTS YOU



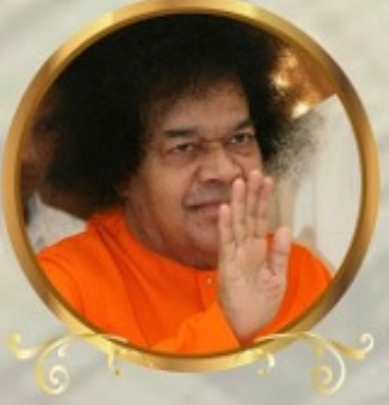
Never give up the Gayatri; you may give up or ignore any other mantra, but you should recite the Gayatri at least a few times a day. It will protect you from harm wherever you are travelling, working or at home. Westerners have investigated the vibrations produced by this mantra and have found that when it is recited with the correct accent as laid down in the Vedas, the atmosphere around becomes visibly illumined. So the effulgence of the divine will descend on you and illumine your intellect and light your path when this mantra is chanted. Gayatri is Annapoorna, the Mother, the sustaining Force that animates all life. So do not neglect it.



# START CHANTING THE GAYATRI MANTRA AT A EARLY AGE



Chanting of the Gayatri Mantra purifies the mind and confers devotion, detachment and wisdom. Young men must necessarily chant the Gayatri Mantra. Today we find that they get initiated into the Gayatri Mantra at an advanced stage of their youth. Intellect will blossom and shine in all its splendor after initiation into the Gayatri Mantra. That is why it is essential that Upanayanam be done at the age of eight. One who is initiated into the Gayatri Mantra at an early age will become highly intelligent. Man's life will be sanctified by chanting this Mantra.

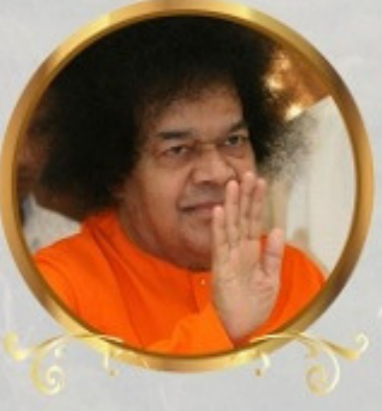


# MEANING OF GAYATRI MANTRA



We meditate on that most adored Supreme Lord, the creator, whose effulgence (divine light) illumines all realms (physical, mental and spiritual). May this divine light illumine our intellect.

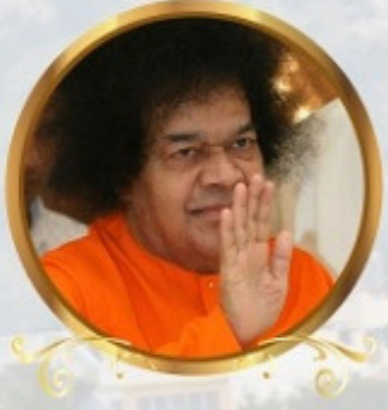
Word meaning: ऋ: The primeval sound; भूः: the physical body/physical realm; भुवः: the life force/the mental realm इन्द्रः: the soul/spiritual realm; तत्: That (God); इन्द्रोः: the Sun, Creator (source of all life); वारुण्यः: adore; भारुः: effulgence (divine light); देवः: supreme Lord; ध्याते: meditate; ध्यातुः: the intellect; प्रथः: May this light; नः: our; प्रथोदायतः: illumine/inspire.



# VEDAS THE BREATH OF GOD



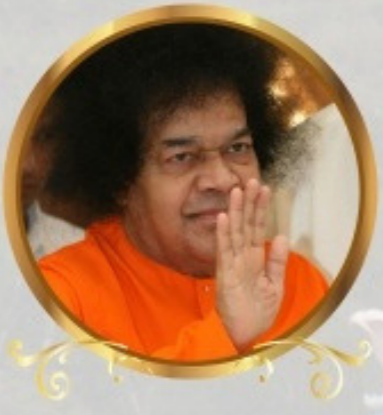
**Vēdas are very old, have no describable origin and are timeless. Vēdas do not need support from any quarter as they support themselves. In fact, Vēdas are God's Breath. God is present everywhere, God is omnipresent. Therefore, Vēdas, which simply constitute the Breath of God, are also omnipresent, i.e. they are everywhere. The sounds of Vēdas, the essence of Vēdas, the fragrance of Vēdas are indeed to be found all over the world.**



# LISTEN TO VEDIC CHANTS



**Embodiments of love! Even if you cannot chant the Vedas, if only you listen to the sounds with devotion they will elevate you to a higher level. Though the child does not know the meaning of the lullaby sung by its mother, it is induced to sleep hearing the tune. Similarly, listening to the chanting of the Veda with undivided attention will give you immense benefit. If you ruminate over it and practise it in your life, you can imagine the magnitude of the bliss you will attain.**

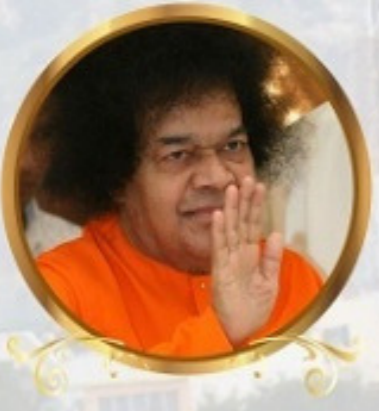


# COSMIC SOUND

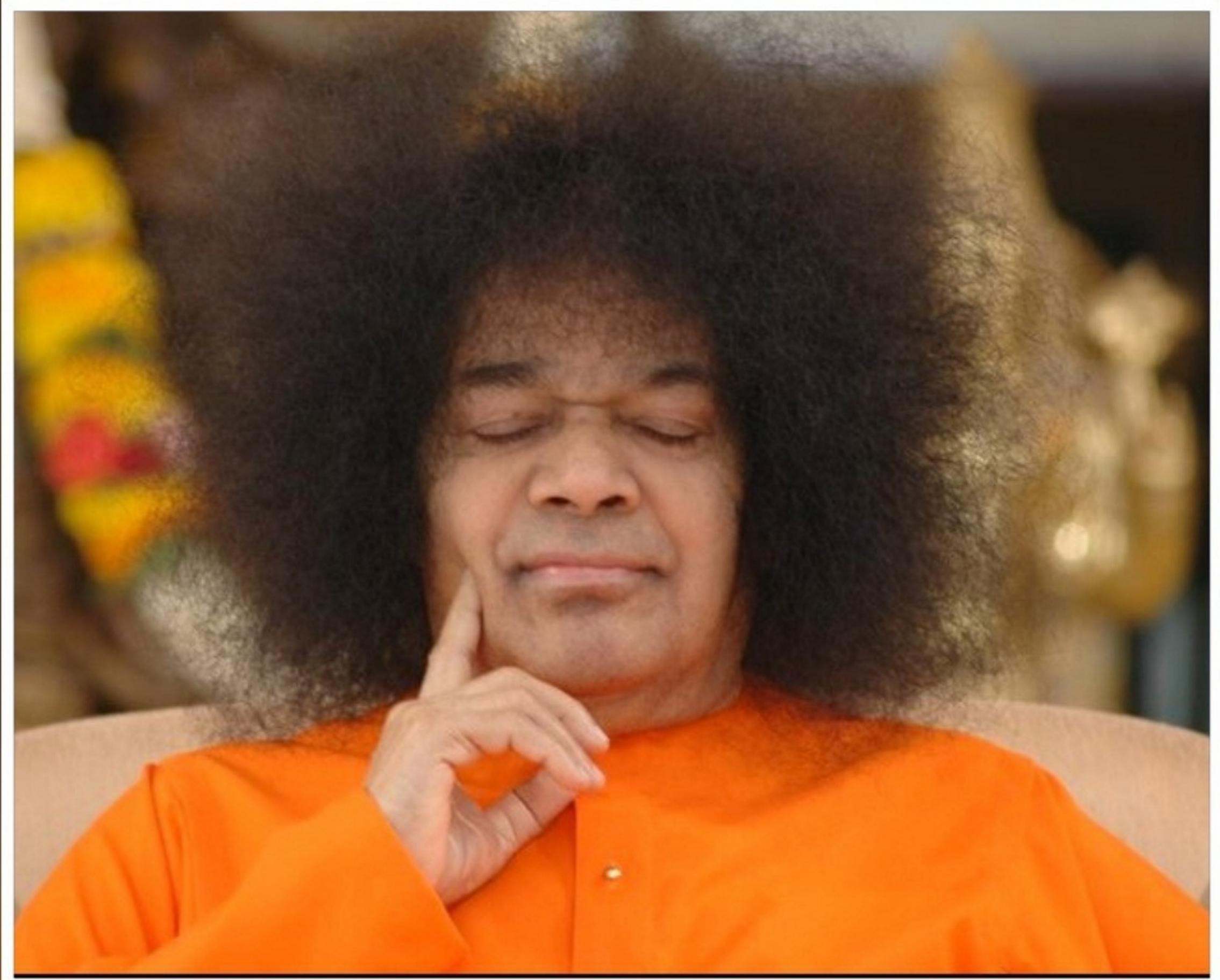
Religions are many,  
God is One.



**Vēdas embody the cosmic sound. It is not easy for laymen to understand the Vēdas. But whether they are understood or not, their Truth permeates the Universe. They embody the śhabda bramhan (Cosmic Sound). They are not confined to a particular place, time or person. They pervade the cosmos.**

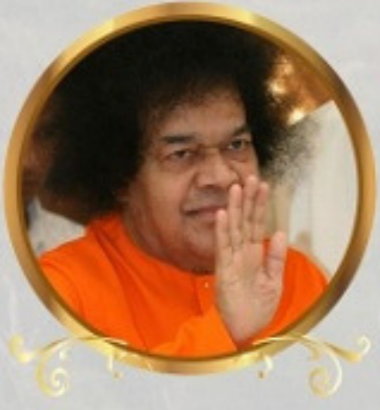


# EVERYTHING IS DERIVED FROM VEDAS

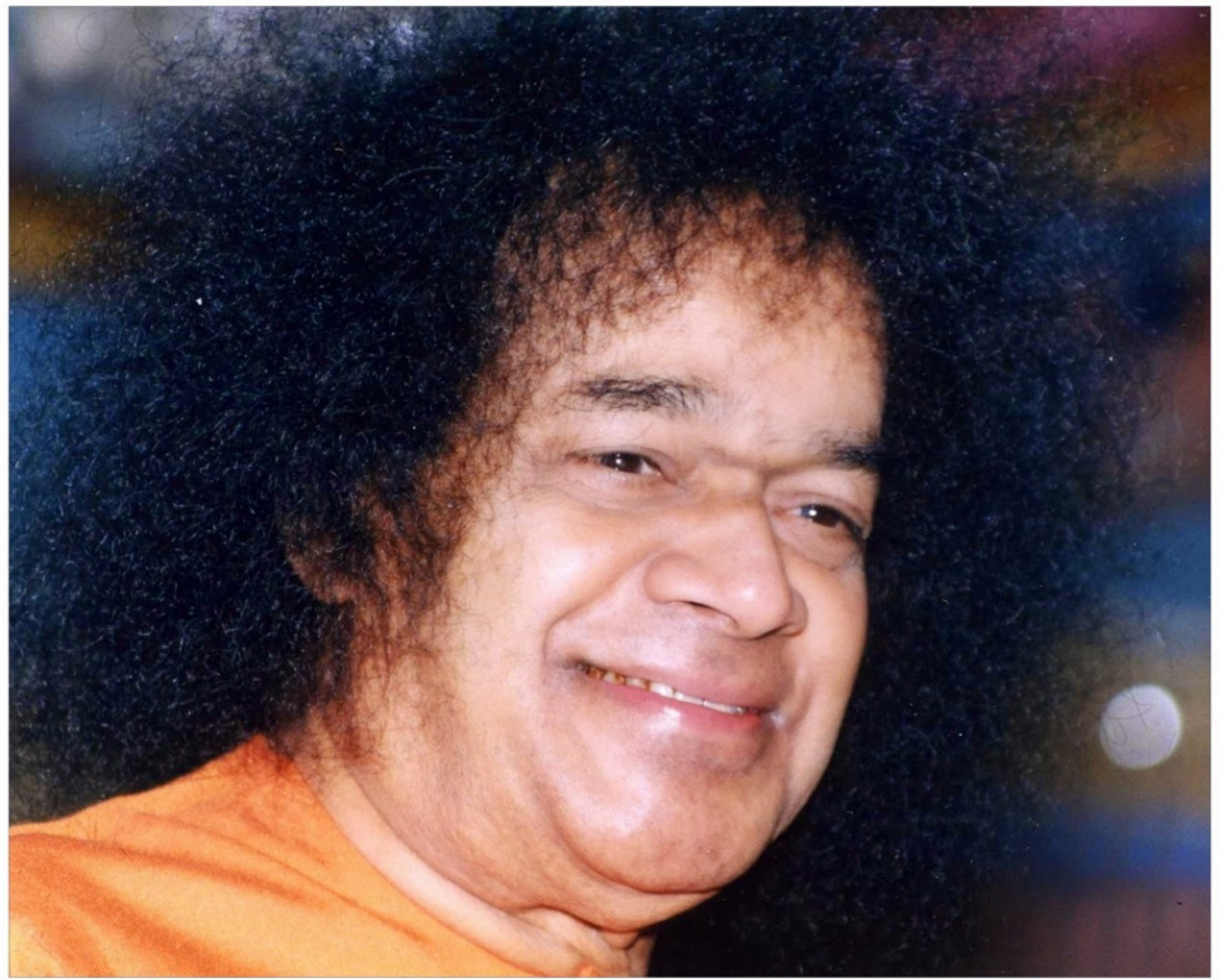


**The Vēdas are the most ancient among the world's scriptures. They are a vast storehouse of wisdom. They enabled man to have an over-view of the Universe.**

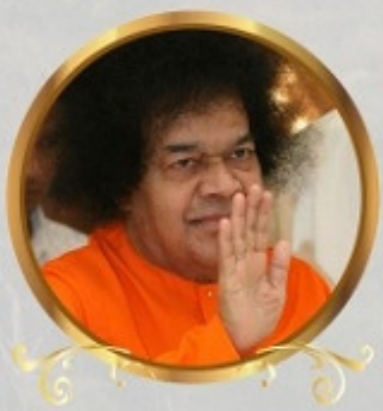
**Historically, they are the earliest known book of knowledge. They are the roots of human culture and striving. Manu has declared: 'Everything is derived from the Vēdas.' All knowledge, all the principles of right living, all qualities are derived from the Vēdas.**



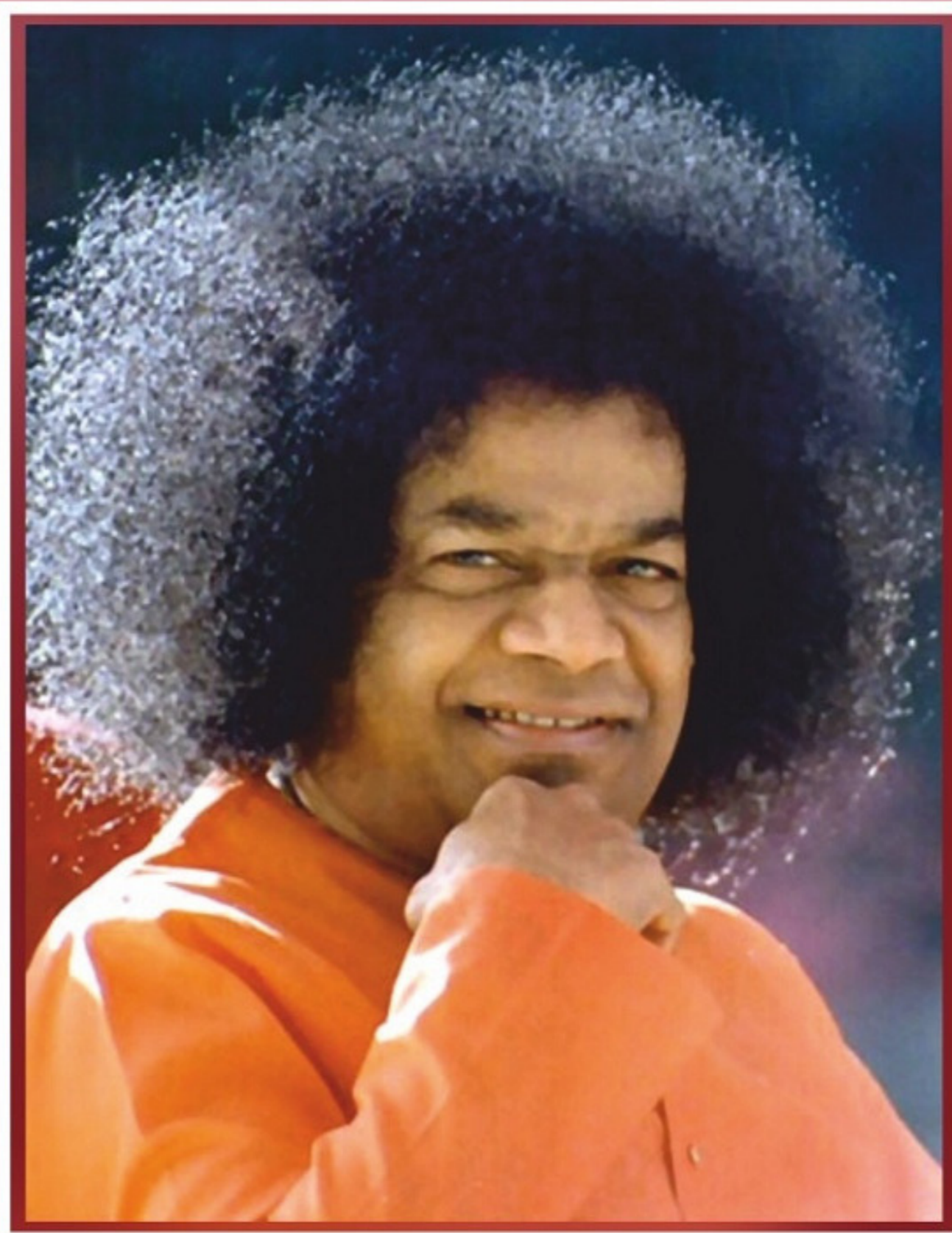
# VEDIC WISDOM



**“What has been taught to you during these fifteen days is the essence of the sacred Vedanta”, said Bhagavan Sri Sathya Sai Baba. Vedanta itself is said to be the essence of the Vedas. How can we say that the Vedas, which are believed to talk about rigorous ritualistic rigmaroles, essentially teach us the oneness of the Atman and the means to realise it. To understand that, we must see the Vedas from the view point of the great seers who gifted them to us and that is the journey Bhagavan takes us through in this grand concluding discourse, ‘Vedic Wisdom’**

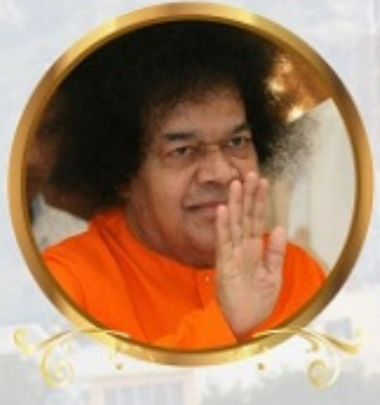


# PROPAGATION OF VEDAS



**Bhagawan Sri Sathya Sai Baba says :**

**Why do you eat food? Is it to preserve it in the stomach? No. The food partaken should be digested and the essence should be supplied to all parts of the body. In the same manner, you should understand and assimilate the Vedic knowledge and derive strength from it. It should be expressed in your thoughts, words and deeds. You should take part in the propagation of the Vēdas and share your joy with others.**



# THE FIVE YAJNAS

There are various yajnas prescribed by the Vedas. This is the Veda Purusha Yajna (which is conducted every year during Navarathri in Prasanthi Nilayam), a sacrificial ceremony dedicated to the Purusha extolled in the Vedas, the Purusha mentioned in the Purusha Sukta as constituting the Universe and subsuming it wholly as the limbs of His Cosmic Body.

Every householder has the duty of performing for his own welfare and the welfare of the society in which he lives, five Yajnas like Pitru Yajna (Yajna by which the forefathers are worshipped), Rishi Yajna (Yajna by which the sages are honoured, that is to say, by the study and practice of their teaching), Bhoota Yajna (Yajna by which the animals and lower-beings are revered, that is to say, by provision of shelters, fodder, etc.) and Deva Yajna (worship of God).

The Veda Purusha is the Purushottama (the Supreme Person) for by His Will He manifested Himself as the cosmos and its components, out of Himself. There is nothing that is not He; so, how can you be different? In these matters, faith comes first; it has to. Believe that you are Divine; conduct yourselves in accordance with that sovereign status; then, you will be blessed with the Anubhuti – the experience, the vision, the realisation, the awareness, the bliss. And, as a result, you are merged in that everlasting Ananda.



# PEACE CONFERRED BY VEDAS



**All the Vēdas are intent on helping man to become aware of Divinity in him and all around him. Picture for yourselves the peace that seers gained by that awareness, and yearn to learn the lessons the Vēdas treasure, for all mankind irrespective of caste, creed, race or nationality.**



# EXPERIENCE VEDA



**Vēda means knowledge; it always is. It has neither beginning nor end. It is referred to as ananta without end; for it is sacred sound , sustaining and salutary. It is to be only experienced; it cannot be limited or communicated. Therefore, it is a marvel, an unprecedented phase of personal experience for each one.**



# **SPREAD THE VEDIC LEARNING TO YOUR CHILDREN**

**The Vedas lift the individual to higher levels. People are not realising this truth. Many Vedic scholars send their wards to convent schools and seek to impart to them a secular education without caring to pass on to them the sacred legacy of the Vedas, which will protect them. Because of lack of encouragement and proper propagation and promotion, knowledge of the Vedas is declining day by day in this great country, which is the home of this sacred treasure.**



# VEDIC LEARNING AT SWAMI'S INSTITUTION

Swami expects the people to foster the Vedas and is showing the way by making all the thousands of students of the Sai educational institutions, right from the primary school, to learn Veda chanting. You have watched the children of the primary school, ranging from 5 to 8 years, chanting the Vedas at the commencement of this meeting. There is actually no compulsion to learn the Vedas. All the students willingly come forward on their own to learn Veda chanting. There are *वेदा पाठशाला* (Vedic schools) elsewhere where they impart this teaching, but the students discontinue the chanting later on. You should make the children learn the Vedas with enthusiasm, without compulsion. They should be made to realise the greatness of the Vedas by sweet persuasion.



# MESSAGE OF DASARA YAJNA

**This Puja, this Yajna, and this Homa, are arranged here every Dasara, in order to help you to learn that other, ever-lasting, abstract Yajna, which every one of you has to do, to save yourselves from fear, grief and anxiety. You must have noticed that the Pandits close each day's Yajna with a prayer that calls for World Peace, peace for all mankind, peace and happiness, for there can be no peace without happiness and no happiness without peace. Loka Samastha Sukhino Bhavantu, they pray. "May all the world have happiness, and peace".**

**Peace of mind cannot be gained by wealth or fame or scholarship or skill. For that, you have to clean the mind, purify the heart, yearn for service of the divine forms that move around you. Do every deed as an act of worship; make every thought a longing for Him; change every word that comes from your tongue into a hymn in His praise. This is the lesson that you have to learn from Prasanthi Nilayam, every Dasara, during the week the Yajna is celebrated.**



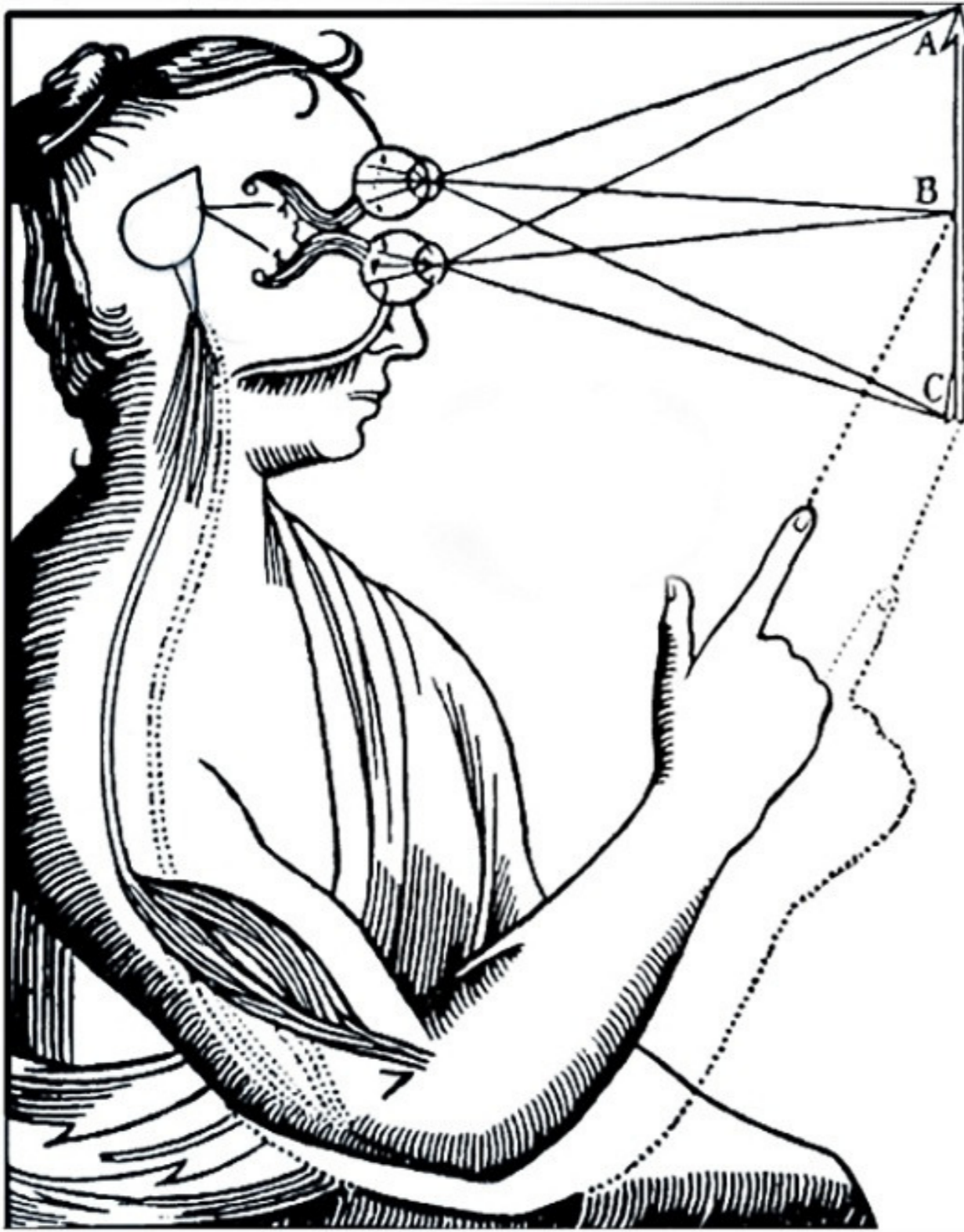


# UPANISHADIC TRUTHS

**The essence of the Upanishads is given in the Bhagavath Gita and the Brahmasuuthra. Several saints have related stories to explain clearly the import of the Upanishadic truths. The Isavaasya Upanishad is the first among the Upanishads. It declares that God pervades the whole universe. Because people have neglected the study of Sanskrit they are unable to enjoy the treasures of knowledge contained in the Upanishads.**



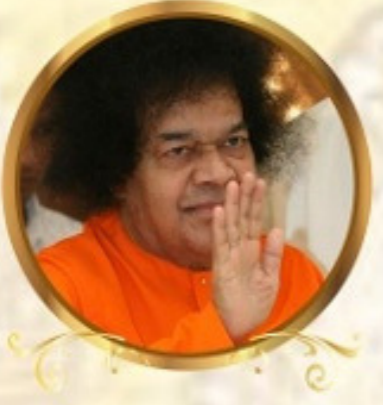
# मात्राह



The senses are also called as **'Maatraah'**, which means 'measuring instruments'.

The tongue determines the taste of a fruit; the eye determines whether a picture is attractive or ugly; the nose determines whether an object smells fragrant or foul and the ear determines if any music is good or discordant.

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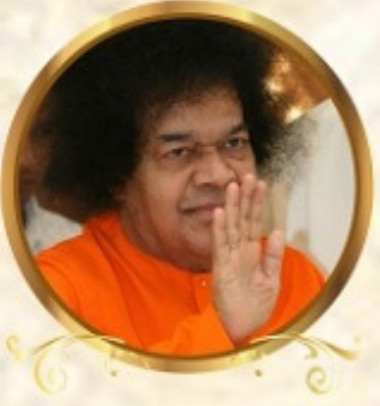


# RESTLESS NATURE OF THE SENSES



In the *Kathopanishad*, senses are described as horses yoked to the chariot of the body. It is common knowledge that a horse can never stand still, it keeps moving its tail, leg, ear or jaws continuously. The senses are compared to the horse since they have a similar restless nature.

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# MEANING OF ASHWAMEDHA YAGNA

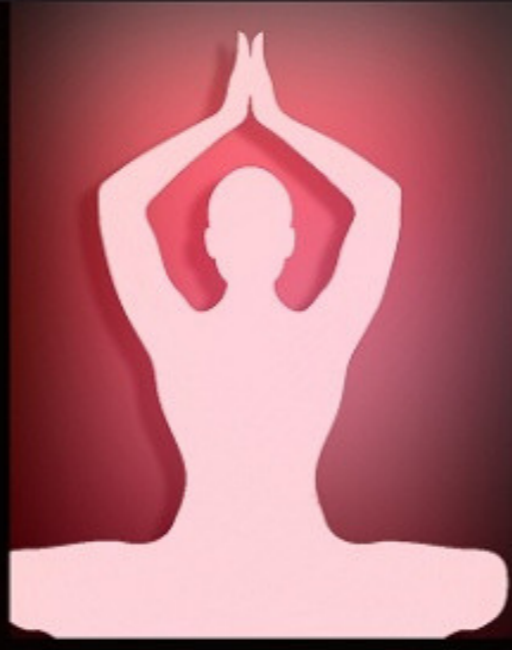


The inner meaning of the *Ashwamedha yagna* performed in ancient India is-  
“A sacrifice done to control the *Ashwa* - fickle, *Medha* - *Buddhi* (Intellect).  
One who controls his fickle mind becomes a *Dheemantha* (a man of heroic intelligence)”.

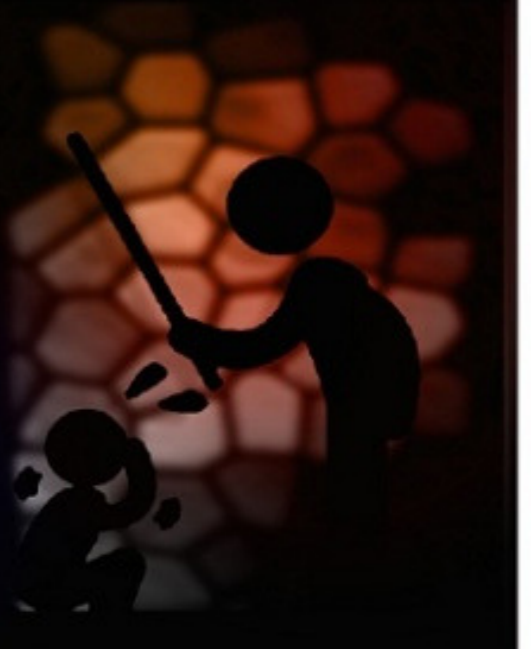
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# यद् बेभवत् तद् बेभवति



**It is your defective thoughts and feelings that make you see defects in creation.  
The senses when put to proper use offer right impressions.**

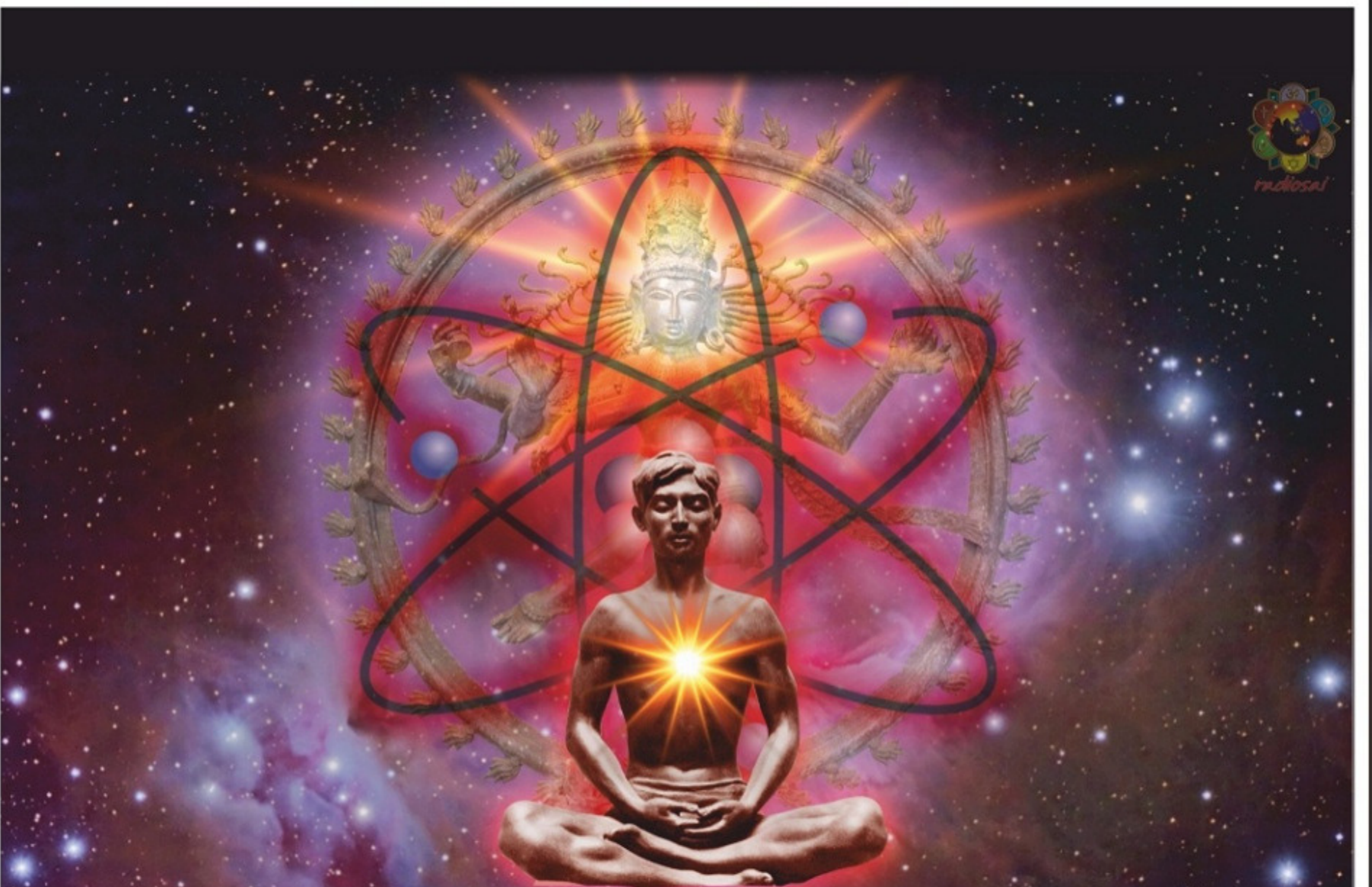


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# tat tvam asi - THAT THOU ART



*Mahat Tatwam refers to the body of the bird of Buddhi. It signifies the realisation of the mahavakya - That Twam Asi - That Thou Art.*

*In other words it is the experiencing of one's real self as Sath Chit Ananda.*

**lalahat tatwam refers to the body of the bird of Buddhi. It signifies the realisation of the Mahakavya - tat tvam asi - That Thou Art. In other words it is the experiencing of one's real self as Sat-Chit-Ananda.**



# ESSENCE OF NARAYANOPANISHAD



**On 3<sup>rd</sup> July 2005 Bhagawan Sri Sathya Sai Baba materialised a chain which contained the entire essence of the Narayanopanishad.**