

AUM SRI SAI RAM



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SRI SATHYA SAI SEVA ORGANISATION

PALAKKAD



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This report is dedicated at the Lotus Feet of our Lord and Master
Bhagavan Sri Sathya Sai Baba



Foreword from the District President

I feel very fortunate and happy that the divine master has chosen to me lead the divine organization at Palakkad. It is only the result of 'Mujjanma Sukrutha' and HIS will.

With Bhagwan's infinite grace, all the 16 Sri Sathya Sai Seva Samithis are doing great seva for the betterment of the society to the best of their ability. This is the result of their true devotion and love towards Swami.

The organization is also conducting regular Education in Human Values classes, medical camps, rural vocational trainings etc.,

On this 94th birth day of Swami, we place the report at HIS lotus feet to bless all of us with more devotion and strength to do HIS seva as per HIS divine will.

AV Suresh Kumar

District President, Sri Sathya Sai Seva Organisation, Palakkad

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Sri Sathya Sai Seva Organisations – an introduction



The Sri Sathya Sai Seva Organisations, founded by Bhagawan Sri Sathya Sai Baba in the year 1965, is a service organisation with a spiritual core and base to benefit all mankind irrespective of religion, caste, creed or sect. The Organisation serves as a platform for its members to undertake service and other activities motivated by an urge for one's own transformation with the aim of realising one's inherent divinity.

Without any distinction of religion, nationality, race, socio-economic status, either for those who work in the Organisation or for those who are served by it, the Organisation transcends all barriers leading humanity towards the ideal of 'Fatherhood of God and Brotherhood of Man'.

The concept of fees or membership subscription is alien to the Sri Sathya Sai Seva Organisations, for there cannot be any fee or subscription for one's journey towards his own self.

The organisation functions through its primary units called as Samithis and Bhajan Mandalis of which individuals - from different strata of society, different ethnic groups pursuing different religions and faiths - are members bound by the dictum of "Love all, Serve All" and pursue their own sadhana towards self-transformation following the path of selfless service to humanity.

At no point is an individual asked to follow a certain religion or rituals. On the contrary each is inspired to follow his own faith so as to ensure that a Hindu becomes a better Hindu, a Muslim becomes a better Muslim, a Christian becomes a better Christian and so on. In fact, this spiritual basis inspires everyone to pursue his own religion better by putting into practice Love and Selflessness. That is why the Organisation features in its emblem the symbols of the major religions of the world.

"The Organisations named after Me are not to be used for publicising My Name, or creating a new cult around My worship... They must render seva (service) to the helpless, the sick, the distressed, the illiterate and the needy. Their seva (selfless service) should not be exhibitionistic; it must seek no reward, not even gratitude or thanks from the recipients. Seva is sadhana (spiritual exercise), not a pastime of the rich and well placed.

You must have the firm belief that the aim of this Organisation is to remove the obstacles that keep man away from God, that separate maanavathwa (Humanity) from Maadhavathwa (Divinity).. This Organisation must elevate the human into the Divine."

Sri Sathya Sai Baba

WINGS OF THE ORGANISATIONS

The Sri Sathya Sai Seva Organisation functions under three wings viz. (i) Spiritual, (ii) Education, and (iii) Service.

Each activity in a wing is directed to facilitate and help the member in his own spiritual advancement. Although, the nature of activities undertaken under different wings appear to be distinct and dissimilar, but there is an inherent interrelationship amongst all the three wings. The three wings stand for Worship, Wisdom and Work.

Spirituality and Service are supplementary and complementary to each other. Spirituality is the motivational force behind service and service is the fulfillment of spirituality. Therefore, spiritual concepts learnt through education must be put into practice in form of service to humanity. Thus, in order to successfully realise the objective of joining the Sai Organisation, one must participate in activities of all the three wings.

Activities under different wings of the Organisation		
Spiritual Wing	Educational Wing	Service Wing
<ul style="list-style-type: none"> • Bhajan • Nagarsankeertan • Study Circle • Sadhana Camps • Study of Sai Literature • Meditation, and • Others 	<ul style="list-style-type: none"> • Non-formal education of children in the age group of 5-14 years through values-based educational training, • Bal-Vikas • Educare • Pareting Programmes 	<ul style="list-style-type: none"> • Gram Seva • Slums Service, • Medical Camps and Health Care • Sanitation activities • Visit to orphanages, old age homes etc. • Disaster relief • Poor feeding • Free Coaching Classes, and • Others

ADMINISTRATION OF THE ORGANISATION

Headed by an All India President who is supported by the National Vice Presidents and State Presidents, the Organisation functions like a well-oiled machine in the District under the stewardship of the District President, focused on its purpose, clear in its vision and dedicated in its efforts to live up the Swami's message – "Love All, Serve All".

The Samithis and the Bhajan Mandalis constitute a genuine spiritual movement where the members are united by a common bond – Love for God and Service to fellow human beings.

The members of the organisation work as one cohesive unit, whether as sevadals providing service at Prashanthi Nilayam, at medical camps, doing Narayan seva or the bal-vikas gurus who work with young children to inspire in them a desire to inculcate the five human values of Truth,

Righteousness, Love, Peace and Non-violence, or the teachers who having undergone the training in EHV help in guiding the young minds towards the higher goals of life or the Sai Youth who work tirelessly in the Sri Sathya Sai Village Integrated Programme and Sri Sathya Sai Vidya Jyoti Programme – each of them are bound by one goal – "Service to Man is Service to God".

THE 9 POINT CODE OF CONDUCT AND 10 PRINCIPLES

Every member of the Organisation is expected to undertake Sadhana (spiritual discipline) as an integral part of his/her daily life by abiding by the following Nine Point Code of Conduct which has been bestowed by Baba for one's spiritual and personal development. In addition, the ten principles that forms the core of guidance for all the members of the Organisation as ordained by Baba himself are also produced hereunder. The nine point code of conduct and the ten principles are fundamental to the spiritual development of the members of the Sai Organisations.

9 Point Code of Conduct

- ❖ Daily meditation and prayer.
- ❖ Devotional singing/prayer with members of one's family once a week.
- ❖ Participation in Bal Vikas programme by children of the family conducted by the Organisation.
- ❖ Attendance at least once a month at Bhajan or Nagar Sankeertan programme conducted by the Organisation.
- ❖ Participation in community service and other programmes of the Organisation.
- ❖ Regular study of Sai literature.
- ❖ Speak softly and lovingly with everyone with whom he comes into contact.
- ❖ Not to indulge in talking ill of others especially in their absence.
- ❖ Putting into practice the principle of "Ceiling on Desires" and utilise any savings thereby generated for the service of the mankind.

10 Guiding Principles

- ❖ Treat as sacred the land in which you were born. Have patriotism to your nation - but do not criticise other nations or put others down. Not even in your thoughts or dreams should you think of bringing grief to your country.
- ❖ Respect all religions equally.
- ❖ Recognise humanity as one family - treat everyone as a family member - love all
- ❖ Keep your house and surroundings clean - for this will promote hygiene and health.
- ❖ Practice charity - but do not encourage beggars by giving money. Provide food, clothing, shelter and help them on other ways (do not encourage laziness)
- ❖ Never give a bribe or take bribe - never give in to corruption.
- ❖ Curb envy and jealousy; expand your vision and outlook, Treat all equally regardless of caste or creed.
- ❖ Be self-reliant. You may be wealthy and have servants to do your bidding, but service to security must be done by yourself.
- ❖ Have and cultivate 'Love for God and fear of sin'.
- ❖ Never go against the laws of the land; follow these diligently both in word and in spirit. Be an exemplary citizen.

Sri Sathya Sai Seva Organisations, Palakkad

BRIEF HISTORY

Even Before the official formation of the Organisation in Kerala ,Sai Bhajan was started in Palakkad in 1962 Gurupoornima day , unofficially in Kallekulangara under the leadership of Late Sri Appukkutta Menon, Late Sri Kandunni Panicker, Late Sri Karunakaran , Late Sri KC Unni Nair , Sri TNK Nambiar and with many others. Even in that period these veterans could make a housing colony of Sai Devotees in Kallekulangara , Olavakkode .They could get this colony officially named as “ Sri Sathya Sai Nagar” by the Local Governing Body in 1966.

On Tuesday, 20th December 1966 , Bhagwan Baba during His visit to Palakkad , came to this place and laid down the Foundation Stone for a Bhajan Mandir. A Small Bhajan Mandir was built and this became Sri Sathya Sai Bhajan Mandali first and then Sri Sathya Sai Seva Samithi , Olavakkode . The mandir got renovated in the year 1997. This is the only one such Mandir in Kerala where Swami Himself laid the Foudation Stone with His divine hands. Out of His immense Love Swami sent His dear most devotee Prof N Kasthuri to this mandir a couple of times to conduct study circle and convey His Message.

The Inauguration of Palakkad Samithi was done by Bhgawan during His divine visit to Vijnana Ramaneeyasharam , Koppam , Palakkad in 1967.

Thus Swami Visited twice in Palakkad in 1966 & 1967. Both Time, Swami stayed in Devi Vilasam , a house of Kollengode Raja in Palakkad. He visited Kollengode Palace also in 1967 and gave darshan to devotees assembled there.

Simultaneously Bhajan & Spiritual activities were going on in Palakkad under the Leadership of Sri KC Unni Nair , Sri Parameswara Iyer, Sri Krishna Swami , Prof P V Vaidyanathan.

OVERVIEW

Sri Sathya Sai Seva Organisations is functional in Palakkad with members from various cross sections of society and different faiths. With 16 Samithis and 2 Bhajan Mandalis, the Organisation serves as a platform for its members to undertake spiritual practices through its various wings such as spiritual, education and service for their own betterment.

The thrust is on self-transformation for it is only individual transformation that would ultimately lead to global transformation.

The following tables give an overview of the Organisation in Palakkad.

Statistical Overview as on 31st March 2019

Units	Numbers	Number of members
Samithis	16	840
Bhajan Mandalis	1	10
Total	17	850
No. of Sevadals		
• Gents		200
• Ladies		250

No. of Youth		80
• Gents		100
• Ladies		
Adopted Slums/Villages	Numbers	Number of Beneficiaries
Slums/ Villages Adopted		
Adopted Under SSSVIP	2	208
Total		
Adopted Schools under Sri Sathya Sai Vidya Jyoti	Numbers	Number of Students
Schools	2	210

SAI CENTRES

‘Sai Karunya’, Sri Sathya Sai Community Centre. Koppam, Palakkad – 678001

Contact Person: Mr. A M Prabhakaran, State Vice President, SSSSO Kerala – 94474 08213

Activities:

- Medical camps on all Sundays (specialty camps & general camps)
- Nithya Anna Seva – for Street Narayanas & bystanders of children’s ward, District Hospital in the evenings (from 6.00pm to 8.00pm)
- Free Music tuition on Sundays
- Free Counselling sessions
- General organizational training camps

ACTIVITIES

The members of the Organisation are involved in various activities on regular basis which primarily includes Spiritual Study Circles, Community Bhajan, Nagrsankirtan through the spiritual wing; Bal-Vikas and Parenting programmes through the Education Wing and various service activities through the service wing. Importance is given to regular service activities as only through constant involvement in good work can self-transformation be achieved. Service activities which are regularly undertaken at

Samithis for the transformation of the members and for the benefit of the society include visits to leprosy, correctional and old age homes, medical camps in villages, Narayan-seva, free coaching classes, vocational training for employability enhancement of the villagers, sanitation at public functions, fairs, and public urinal cleaning.

The following table broadly categories the different activities that are undertaken in all the 14 districts of the State.

Overview of activities undertaken across all the Districts

	Educare	Medicare	Sociocare
Spiritual	<ul style="list-style-type: none"> • Study Circles for Adults and Youth 		<ul style="list-style-type: none"> • Community Bhajan Centers • Nagar Sankirtan • Conference/Retreats Sadhana Camps

Educational	<ul style="list-style-type: none"> Bal Vikas Classes based on human values Bal-Vikas and Guru training 		<ul style="list-style-type: none"> Parents' Awareness programs on Parenting Parenting Workshops
Service	<ul style="list-style-type: none"> Free Coaching and Tuition Centers Computer Training Spoken English Adult Education Literacy programs 	<ul style="list-style-type: none"> Medical Centers Medical Camps in villages Eye Camps Blood Grouping Camps Blood Donation Camps Dental Treatment Camps Veterinary Camps 	<ul style="list-style-type: none"> National Narayan Seva Programme Visit to Leprosy Villages, Correctional Homes, Orphanages, Hospital, Disabled/ Old Age Homes Narayan Seva Service Camps Vocational Training Centers Employability enhancement programmes for village youth Sanitation at different government run hospitals, fairs, and public places including public urinals Disaster Management Awareness programmes in Schools/Colleges and other institutions

A summary account of regular activities that are undertaken on monthly/weekly basis across the Districts is given in the following table.

An account of regular activities undertaken across the District

	Activities	Total Number	Total Number of Participants
Spiritual	Devotional Singing	4 (yearly)	220
	No. of. Community Bhajan Centers	14	135
	No. of. Bhajans Held	139	3500
	Seven Household Bhajan	0	0
	No. Of Cluster	0	0
	No. of Houses	20	0
	No. of Bhajans Held	20	400
	Nagar Sankirtan	48	384

	Study Circles	11	100
	Conference/Retreats Sadhana Camps	4	200
Educational	Activities	Total Number	Total Number Of Students
	Bal Vikas Centers		
	Urban	70	
	Rural	7	
	School	0	
	Total (i+ii+iii)	77	584
Bal Vikas Gurus	76	-	
Service	Activity	Total Number	Total Number of Beneficiaries
	Visit to:		
	Leprosy Village	0	
	Correctional Homes	0	
	Orphanages	1	35
	Hospital	94	7400
	Disabled / Old Age Homes	2	40
	Camps:		
	Narayan Seva	80	3600
	Veterinary Camps	0	
	Medical Awareness Camps	0	
	Eye Camps	4	260
	Blood Grouping Camps	1	40
	Service Camps	2	35
	Vocational Training Centers	2	20
	Free Coaching Centers	2	26
	Medical Centers	5	130
	Sanitation (Public Urinals)	0	
	Dental Treatment Camps		
National Narayan Seva	174	11000	
Blood Donation Camps	1	40	

OFFICE BEARERS

Name of the Office Bearer	Designation	Tenure
K C Unni Nair	District President	1967 - 1987
Viswanatha Menon	District President	1967 – 1987
Arumugham Pillai	District President	1967 – 1987
M Ramanathan	State Coordinator	1987 – 1992
K M Karunakaran	State Coordinator	1992 – 2001
A M Prabhakaran	District President	2001 – 2012
A V Suresh Kumar	District President	2012 – Cont.,

SPECIFIC SERVICE PROJECTS OR INITIATIVES

Rural Vocational Training Centres

There are 2 rural vocational training centers in the district.

One center runs under Sai Samithi, Chittur where big-shopper making training is being given. The center also had provided training in stitching, aluminum fabrication, and electrical works in the past. Include the beneficiary count.

The second one runs under Sai Samithi, Paruthippully where 4 ladies are getting trained in Stitching.

Medical Centres

Due to Swami's immense grace, we have currently 4 medical centers in our district where we conduct regular medical camps (Weekly). Around 150 patients are getting benefitted from these 4 centers.

Sri Sathya Sai Vidya Jyoti Program

In Kerala, out of the 58 schools adopted in SSSVJ project, one of the schools in which activities are going on continuously is Hemambika High School, Palakkad District. The Sai Youth and Active Workers of the samithies which come under the jurisdiction of this School have been continuously involving both in the infrastructure & academic development of the school. The following works are undertaken in this school.

1. A Special Toilet block has been constructed and handed over.
2. Painting of Class rooms have been undertaken.
3. A Meeting of the Alumni & people in the village have been organized and motivated them to participate in the development of the school.
4. Though the school had a great past history, this Govt Aided school is in a pathetic stage at present and with Swami's grace, the developments are quiet obvious after the SSSVJ implemented here.
5. Extra Curricular activities like Sports & Arts were not being practiced here due to lack of resources. Under SSSVJ, we could organize a regular sports practice here under the able guidance of a Physical Fitness Trainer. Thus the school could conduct a Sports meet for which children and parents came forward wholeheartedly. It may be worthwhile to note that One of the Boy Students got selection for a group to be considered for a pre Olympic meet.



6. Sai Youth & Active workers have started Music Classes, Tuition Classes for weak students, Spoken English Classes , Value Based Classes regularly in the school.
7. We could provide Teaching Aids, Note books and other items for the Students.
8. During Balvikas Summer Camp, one of the Sessions is Cleaning this School Premises by the Balvikas Children. 90 Balvikas Children along with Sai Youths & BV Gurus participated in the cleaning programme.
9. The Local Panchayath & School have recognized the SSSVJ and greatly appreciated.
10. Future Action Plan under SSSVJ in this School was declared by the District President during this function.
11. Yoga Classes will be made as regular feature of the School.
12. The Special Skill Development programme , Tailoring classes , Medical Check up , Special Orientation for Girls Students by Doctor etc were also organized at school.
13. A band troupe is also formed and handed over the new band instruments too.

IMPORTANT EVENTS OR CONFERENCES

Sri Sathya Sai Bhagavatha Saptaha Yagnam

With the Infinite Grace of Bhagawan, the Sri Sathya Sai Seva Organization, Palakkad district could offer the 26th Sri Sathya Sai Bhagavatha Saptaha Yagnam (an exponentiation of Lord's stories in 7 days) at the Lotus Feet. With 5000 listeners listening to the Divine Stories for 7 days, it was a novel program for the residents of Chittilanchery, the local town which was the venue for this Holy program.

Renowned novelist and Kerala Sahithya Academy Winner *Sri Asha Menon* inaugurated the program. It can be aptly described that the “**Yagna Acharya**” Sri N. Somashekharan could stir the devotion of the listeners through the sweet stories. The speciality of this 26th Saptaham was that a team of 8 youths joined hands with the “Yagna Acharya” in exponentiation of the Divine Stories.

On the 6th day of the Saptaham, *Sri “Veda” Narayanan* from Puttappathi came and blessed the listeners with a discourse on Veda. He spoke to the general masses on the importance of Veda in the most simple manner. *Sri (Prof.) E. Mukundan*, SP, SSSSO Kerala spoke on the contribution of Sri Sathya Sai Seva Organization towards the global harmony.

On the 7th and final day, Organization could conduct the marriage of a needy girl. The “full packed” hall reverberated with auspicious Vedic Mantras conducive to this occasion. The bride and groom were definitely blessed enough to receive the grace of all the Sai devotees present in the hall.

Sai literature for Rs. 26000 were sold during those 7 days. Thus, Sapthaham was incidental in spreading Sai Message.

National Service Coordinator **Sri Koteswar Rao** sir attended the final day of the Sapthaham. He suggested to Sri N. Somashekharan that this program should definitely be conducted everywhere. He noted the impact such program have on society.

Truly speaking, Sapthaham enriched the bond of love between the Samithi members. It can be correctly termed that the Samithi members worked miraculously. The Divine vibrations from the venue invited new members from the locality to the Samithi invisibly.

On the second day, the Samithi members were wonderstruck when they found that the glass meant for Swami was found empty by the Sevadal. The water which was kept on the morning was consumed by Swami indicating His very physical Presence. Vibhuthi also manifested on the photo kept in a Sevadal's house who worked tirelessly for this program. All this undoubtedly claim Swami's Presence even after His Samadhi.

Balvikas Summer Camp - Grooming for Excellence

With the immense blessings of our most Beloved Bhagwan, the 16th District Level Balvikas Summer Camp was beautifully conducted at Olavakkode Samithi Mandir from May 11th to May 13th 2018.

By 3:30 pm on the first day (11.5.18), the camp participants that is the balvikas students, Sai youths and Balvikas Gurus reached the Samithi Mandir and they registered for the camp. This with Swami's Grace, 89 kids from various Balvikas centres in the district participated in the camp.



Day 1 – 11.05.2018

At 5.30 pm, the summer camp which is named as ***Grooming for Excellence*** was started with Veda and bhajan led by the balvikas students. By 6.15 pm the formal inauguration ceremony was done by lighting the lamp by the State Vice President Sri AM Prabhakaran Nair, District President Sri AV Suresh Kumar, State Vice Coordinator for Balvikas Smt Radha C.K, Dist. Education Coordinator Smt. Parimala Das, Dist Mahila Spiritual Incharge Smt Sai Preethi and Dist Mahila Youth Incharge Kumari Thrupthika.

By 6.30 pm, the balvikas students started presenting their project on the topic '***Forget and forgive***' or '***if there is righteousness in heart, there will be beauty in the character. If there is beauty in the character there will be harmony in the home. If there is harmony in the home, there will be order in the nation. When there is order in the nation, there will peace in the world***'. . The presentations were done through songs, role plays, charts, skits etc.

This was followed by the results and dinner at 8.15 p.m. After this, an ice breaking session was given for the kids and they were divided among eight different groups and they were given one Balvikas guru as Amma to take care of them and one mahila youth as observer.

By 9 pm, the SVP gave a brief idea about the summer camp, its importance and the discipline which each student has to scrupulously follow while being in the camp. He also added about the home work to be done in before going for bed. The first day was concluded at 9.30 pm by singing the camp song.

Day 2 – 12.05.2018

The children were given an insight about the Surya Namaskar, Jyothir Dhyanam and Yoga by Dist. Spiritual In charge by Sri PK Asokan. This was followed by Nagar sankeerthan and Temple Visit. The Panchamathakkal (5 mothers) were discussed with the kids by the Swamiji. The kids were back to the Mandir after the Vriksha Pooja.

After breakfast children were then directed to read and study the charts, which were prepared by Balavikas students of different units based on the topic '*Japam, Dhyanam, Bhajan and Nagarasangeerthanam*'. Quiz competition was held from 8.30am to 9.00am under the supervision of Smt Radha Teacher, Smt. Sai Preethi and Kum. Haritha. The real aim of the session was to provide a glimpse of SAI's teachings and to instil thoughtfulness in their mind.

Later, children were assigned to perform an activity through Web Charting connected to the topic '*Panchamathakkal*'. Before the presentations, a brief introduction was given by Sri Gopalakrishnan master and it was well organised by Smt. Radha teacher and Sai youth. All the presentations touched the core meaning of the topic and was very informative. Later on results were announced for various project presentations and was followed by wonderful lunch.

Next session began with the camp song. The topic for the next session was '**Group III is not an end, It is just a starting point**'. The session was led by 8 Balvikas Alumni from different units of the district. All the Sai youth were talked about the importance of being a balvikas student and a Sai youth. The experiences shared by each of them were inspirational. The session came to a conclusion at 4.00pm. For next two hours the students had fun time which included different value based games. This energized the students and gave immense pleasure. Fun time concluded with Bhajan Antakshari and Bhajan quiz.

The next session began at 7.30pm which was led by Sri A.M Prabhakaran Nair, SVP. The session was about the '*Importance of Sandhya Vandana*'. The session concluded with many chants and slokas. Everyone dispersed for prasadam thereafter.

The last and the final part of the second day was the most awaited camp fire which was led by the balvikas alumni. The session was very energetic and all the students enjoyed a lot. With a song and night prayer the camp fire was concluded. Everyone retired for the day.



Final day – 13.05.18

The final day began with reverberating Omkaram, Suprabhatam and Nagarasangeerthan. This was continued by '*Go Pooja*'. The day began with a speech on '*Annam Oushadam*' by Smt. Dr. Ranjusha, Assistant Professor. '*The team against social evils*' was the next topic. Mr Gopakumar, DC covered the topic in a unique way. The next session was led by the guest speaker Sri Prasanth, State Zonal In Charge.

After the session given by the guest speaker, it was the time for the kids to implement their ideas relating to the practical aspect of the knowledge that they have acquired in the past two days. This was done through a lively discussion regarding the centenary celebrations of Bhagwan and also on the topic '*What they will become in future or how they will serve the organisation in future*'. The discussion was exemplary good and kids came out with various ideas to be implemented in the next 7 years and these were kept at Thy Lotus Feet. This was followed by an informal meeting of their kids with their camp Mother's (Amma) and the morning session concluded with a sumptuous lunch.

The afternoon session commenced at 2 pm by the SVP which was a session generally meant for the parents of the summer camp participants who came all the way to meet their kids in the camp. He mainly focussed on the *Importance of Balvikas in the present world* and he made a point to make the parents promise to Bhagwan to send their kids to Balvikas classes regularly.

In this session, students also shared their feedback, two day experience and it was indeed a heart touching moment for all. After this, 3 girls Ms. Abhirami A, Ms Sowmya and Ms. Priyamvada who got admission at SSSIHL Anantapur Campus were introduced to the audience.

Ms. Abhirami A was selected as the **Best Balvikas Student** in the year and she was also the topper in the group 2 Balvikas examination for the year. She was awarded a trophy for winning the same. This was followed by the prize distribution to the kids who had won prizes in the various competitions held during the three day camp.

The Camp came to a successful conclusion with Mangala Aarathi followed by Prasadam Distribution.

Balvikas Convocation 2018

The program began with Veda chanting by the Bal Vikas students. Bhajan by Bal Vikas students followed by Veda chanting till 9.55 a.m. The chief guest of the program Sri Saji, Assistant Commandant, KAP Battalion, Muttikulangara, arrived on time. At 10 a.m., Sri AM Prabhakaran, SVP, SSSSO, Kerala, inaugurated the program by hoisting the "Prashanthi Flag". Consequently, the rally also began. SVP, DP, DC, other Office bearers, Active workers, Group 2, Group 3 Diploma holders, participated in the rally. The rally circumambulated the Holy Bhajan Mandir that received the Lord's Feet in 1967, while, the song "Sarvadeva Matha Gayathri" was shown in the screen. It is this song that is played during the Convocation in Puttapparthi. The visuals of the previous year's Convocation in Prashanthi Nilayam was shown in the screen for some time.

Smt. Sai Preethi, SSSIHL Alumni and Kumari Roshni chanted the very significant verse from Shikshavalli which begins with "Vedamanuchacharya ... ". District Youth Incharges Sri Arundas and Kumari Thrupthika officiated the functions. Consequently, the Chief Guest and the respected senior Office Bearers lit the lamp and inaugurated the function. The Group 2 and Group 3 children who were eligible for getting the certificates, then, repeated, the pledge that Sri AM Prabhakaran told to them. Following this, Sri Saji Sir, gave the inaugural discourse. He praised the multifarious activities co-ordinated by the Sri Sathya Sai Seva Organisation. He conveyed the children to march forward holding forth the values of Sathya, Dharma and Ahimsa. He was felicitated in the function.

Following this, senior Bal Vikas Alumni and present DP of Palakkad District, Sri Suresh Kumar, spoke on the relevance of Bal Vikas and the blessings he has received through this, both in his personal and official life. He stressed on the transformation that has happened in his life through Bal Vikas. Following this, Kumari Lakshmidhevi and Kumari Surya, from Kollengode and Cherpulasshery Samithi, respectively, represented Bal Vikas students and spoke. Smt. Smitha Teacher, from Cherpulasshery Samithi, represented the parents and spoke. Smt. CK Radha Teacher, Bal.Vikas State Joint Incharge and Smt. Parimala Das, District Bal Vikas Incharge, congratulated all the recipients.

Then, SVP, gave the convocational address. He shared the turning points in his Bal Vikas life, from a Bal Vikas student to the present position. He advocated that being a recipient of Bal Vikas Diploma is the birth right of every child and the parents have to be an "instrument" for this. Consequently, there was a soul stirring "Bharathanaatyam" dance by Kumari Nirupama, from Cherpulashery Samithi. Last but not the least, there was a video presentation showing Bhagwan giving advices to the students, in the convocation

held in Parthi. Also, there was a Bhajan, wherein, Swami was singing the “ever-sweet” Bhajan “ Hari Bhajan Bina Sukha Shanthi Nahi ”. Exactly, at 1.30 p.m., Mangalarathi was offered to Bhagwan. This was followed by photo sessions. Around 260 people participated in the program. This program was conducted as an offering in connection with the Aradhana Mahotsavam.

Sai Rehabilitation Program

A “get-together” for the patients (all who have had consultation previously in both the super speciality hospitals) was organized in Sri Sathya Sai Seva Samithi, Shoranur. 80 persons participated from the patient side. Sri (Dr.) Sajan, cardiologist, Valluvanad Hospital, held a class explaining the various facets of heart disease. He explained on various topics namely the precautions to be taken by heart patients, importance of exercise, medicines and side-effects, illogical practices done by patients due to lack of knowledge, practice of Yoga and shifting to other branches of medicine post operation, the importance of boosting psychological side of the patient, etc. He also explained in a very simple language about the human heart and the reason of blocks, the phase where it can be removed through simple methods and where operation is inevitable, so on and so forth. He also took enough pain to clarify the doubts of each and every patient, with respect to the medical side. An option was also given for the patients to speak personally to the doctor.



Sai Med State In charge Sri (Dr.) Anand Mohan also spoke on the importance of Sai Rehabilitation Program, it’s origin, it’s greatness and many other topics. Sri AV Suresh Kumar, District President, SSSSO, Palakkad, also spoke. Patient also happily shared the various experiences and praised the SRP program whole heartedly.

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Both Dr. Sajan and Dr. Anand Mohan spoke on the importance of utilizing this “*God given body*” for the welfare of the society. Reciprocating to their advice, many patients expressed their willingness to participate in coming Prashanthi Seva. In connection with this, Sri Raju, Puduppariyaram Samithi member and an active worker, shared his valuable experiences of his “re birth” and his resolution to spend his remaining life for Swami and SSSSO.

Decision was taken to provide medicines for two poor families.

Program ended with Mangalarathi.

Glimpses of Activities

Sri Sathya Sai Vasthudhara Project

With the immense grace of Bhagawan on Saturday 29/12/2018, **Sri Koteswara Rau**, National service coordinator handed over the key of the Sathya Sai Vasthudhara project to the Balavikas Student at Chittur Karinjaliipallam SSSVIP Village, Palakkad.

The function was inaugurated by the Panchayat President of Nallepilli, Sri. Sharangadharan.

The function presided over by the State president of SSSSO, Kerala **Sri.E.Mukundan** was accompanied by **Sri. Vedanarayanan** from Puttaparthi, State vice president **Sri. A.M Prabhakaran**, State Spiritual Coordinator (Mahila) **Smt. Geetha Mukundan** and District President **Sri.A.V Suresh Kumar**.

The function saw the participation of dignitaries from the state and also the enthusiastic villagers. The House warming ceremony began with Veda Chanting.

The Panchayat President in his inaugural address said *“I was unaware of this mission even though I live here. I never saw nor understood the needs of this family. The Sathya Sai active workers could see that, I am very happy that they came across this and rendered such Seva.”*

The Sathya Sai Seva Organizations and its active workers tirelessly strived to follow Bhagawans preaching to seek opportunity to do Seva. The household items provided by the students of Kozhinjampara Govt. College value club, Koduvayoor Sathya Sai School Principal Smt.Deepa and Sathya Sai Gramaseva village Committee, was a great relief for the family.

Bhagawan has once again proved the importance of Gram Seva, doing service to the needy is an inevitable aspect of Spiritual life. Contractor Sri.Sivakumar’s contributions has immensely helped in the success of this mission.



Later in the Gram seva meeting held at the Sathya Sai Community center, Sri Kodeswara Rau spoke about the future plan of actions for Gram Seva. Sri.Vedanarayanan, who carefully listened to the veda chanting by the kids and mothers belonging to the village, once again reminded them about the significance of veda chanting. The employment projects for the folks who underwent employment training was also done.

And the session concluded by offering Mangala Arathi at Bhagawans lotus feet. Gram Seva is not just about Seva work. Its a great mission guiding the whole mankind towards Indian Culture.

Attappadi Tribal Development Project

For the past 2 years the active workers of the Sri Sathya Sai Seva Organisation have been visiting Attapadi, a tribal area in the district of Palakkad in Kerala, for its development and have been able to bring up good results.

A newly built Anganvadi, located in Chindakki region of Agali panchayath in Attapadi, has been presented to the people by Sri Sathya Sai Seva Organisation on Dec 30, 2018.

There are various reasons as to why such a project may be delayed,

1. Political Issues.
2. Official issues.
3. Obstacles due to certain laws.
4. Greed amongst people.

We have been able to succeed overcoming these barriers.

Words by a native representative,

“Though there are many ways to protect and preserve this village, nobody could initiate such a project. But, SSS org was able to deliver within a short period. We request you to provide furthermore services. We have been trying to put up an Anganvadi for so long, but nobody reached out except SSS org. We are greatful for the services.”

6 months back a survery was conducted by 50 Youth members of SSSSO at 19 different regions of Attapadi. One of the groups found an Anganvadi which we see in the picture attached. The setup was so tiny and built out of Plastic sheets and small pieces of wood. This inspired the construction of a new building with ample facilities.

The construction was completed within a period of 2 months. It was inaugurated by the All India President of SSSSO India, **Sri. Nimesh Pandya** and presented to the people. Various politicians, other officials and state office bearers of SSSSO were present. The tribal people welcomed them with their rituals.



Not only an Angvadi but we also provided toys for children, required furniture, and other basic necessities. The proposal for the top floor has also been approved by the AIP of SSSSO India. The State President **Sri. Mukundan**, National Service co-ordinator, **Sri. Koteswara Rao**, also spoke at the venue and distributed school bag for the Children.

This project was able to unite the people of the region. We have decided to bring the people of the village to Puttappathi at the earliest. More effort will be put in and the TDP will be relentlessly performed.

Eswaramma Day Celebrations

Bhagwan's Divine mother Eshwaramba's 46th Samadhi day was celebrated on May 6th as **Bal Vikas Student's Day** by the Organization. It was celebrated in Govt. Victoria College. The program began in the morning by 9 a.m. with Veda chanting and Bhajan by the Bal Vikas students. This was followed by inaugural function. This began with Sarvadharmha prayer. This year, Kumari Archana from Chittur Bal Vikas unit was blessed to host the program. Sri AM Prabhakaran, SVP, SSSSO Kerala, gave many important advices to the students. Smt. Radha CK, State Balvikas Joint In charge and Smt. Parimala Das, District Bal Vikas Incharge, extended their heartfelt greetings to all the Bal Vikas children.



Every year, two awards are given by the Organization in connection with Bal Vikas – **Usha Memorial Award for Best Bal Vikas Coordinator in the district and Chandrashekharan Memorial Award for Best Bal Vikas student.** This year, Smt. Smitha Teacher from Cherpulasshery Samithi was awarded the Usha Memorial Award and Kumari Abhirami from Chittur Bal Vikas unit was awarded the Chandrashekharan Memorial Award.

This was followed by beautiful programs by Bal Vikas students from the district. Kumari Abhirami was the top scorer in last year's Group 2 Balvikas examination. Solo performances of many students were very much heart rendering. The final program, a drama by Kollengode Samithi Bal Vikas unit, titled "Bharathan" was very good in all respects. Mime and "Thiruvathirakkali" by Cherpulasshery Samithi was a variety program. Programs continued intermittently for five hours. This was followed by a rally through Victoria College road from 4.30 p.m. to 5.30 p.m.



Around 350 people participated. 4 separate groups (singing different Bhajans) walked around 3 kms through Tharekkad and returned back to Victoria College. The program ended by offering Mangalarathi at 5.45 p.m

Sri Sathya Sai Music Festival 2019

17th Sri Sathya Sai Music Festival was held on March 2nd and 3rd at Chembai Memorial Govt. Music College, Palakkad. Veena Vidwan Sri. Anantha Padmanabhana was awarded with Sri Sathya Sai Sangeetha Rathna Puraskaram 2019. The main concert on Day 1 was a Veena Recital by Sri Anantha Padmanabhan and His Son Anand Koushik (Father – Son Duo). The main concert on Day 2 was by Sri Karthik Narayanan, a young dynamic singer from Chennai.

85Hrs Akhand Bhajan

Ahead of Bhagwan's 93rd Birthday Celebrations 85 hours of Akhand Bhajan was conducted at Olavakkode Samithy Mandir. All units participated in the Namasankirthan at their scheduled time promptly.

On the final day around 250 devotees from various units participated and in final session from 4pm to 6 pm the bhajans were led by the State and District Bhajan Team members and the whole devotees had a blissful experience and concluded beautifully with Divine Blessings and grace.

Balvikas Alumni Meet 2018

With immense blessings of Bhagwan, we could offer the second Balavikas alumni meet at swami's lotus feet. Over 45 alumnus had participated on 13th May. Sri A.M Prabhakaran, State vice president, Sri A V Suresh Kumar, district president inaugurated the function. Balavikas alumni co ordinator Sri Ratheesh gave the introduction to the meeting.

The following were the minutes of the meeting.

1. A quick recap of the last years' alumni activities done were discussed by Sri Arundas.
2. The further discussion was based on the activities to be done before the golden jubilee of Balvikas, which is in the year 2019
3. The alumni discussed different ways to strengthen and expand the balvikas classes.

4. As there is lots of possibilities to improve the balvikas classes using many resources, the balvikas alumni has decided to create a '**Balavikas resource bank**' which will include all the possible resources (stories, games, ice breakers, activities, charts, songs, etc) for a guru to make a balavikas class interesting.



5. For the easy and quick functioning of the balvikas resource bank, the alumni has distributed themselves in 3 groups where their talents and skills can be used.
6. To improve the participation and to inspire ourselves, we have decided a particular time to meet online and discuss about the functionalities of our group.
7. As implementing the resource bank in all the balvikas classes maynot be an ideal way, we have observed 5 centres which has the scope of improvement (Olavakkad, Puduppariyaram, Parithipully, Ottappalam, Pattambi).
8. Respective Alumni from the above mentioned centres will take up the balvikas once in a month also contact the respective balvikas gurus every week. They will discuss the possibilities of different methods with the guru and inspire guru to implement the new idea in every class.
9. With the strengthening the alumni will expand the balvikas classes, by starting more balvikas classes in different areas.
10. We also discussed about **Sri Sathya Sai Job Helpline** especially for the balvikas alumni also 2nd and 3rd group balvikas children.
11. As there are lots of work streams around us and children are aware of a few of them, the balvikas alumni would like to give the awareness classes on different sectors (by the expert on that particular sector) as the children can choose according to their ability and skills after the 12th std.
12. As preparation of CV is very important part in seeking job, alumni would like to help in making a good CV.
13. As a part of seeking job, performance in the interview is very important. The alumni has an idea to conduct the mock interview for the ones who seek the job so that they can be improve themselves.

We believe, by holding Swami's hand we can achieve our goals. As all of are His selected army, and Swami our Leader, we March fearlessly towards Swami with Swami.

With this conclusion, the session was closed with mangala aarati and prasadam thereafter.

District Youth Meet

This program saw the participation of 85 youths. Sri PK Ashokan, District Spiritual Incharge, gave a small "discourse" to begin the function. Sri Vijayaraghavan, a youth member spoke on the topic "Youth and goal of life". His speech mainly centred on Vivekananda sayings. He spoke mainly on the core aim that youth should focus on.

In the second session, Sri Hari S, SSSVIP state Incharge spoke on the topic "Grama Seva Rama Seva". He stressed again and again on the importance of doing duties with the basis of Sanathana Shasthras. He also pointed out the changes that had occurred post Grama Seva. He could justify his words by pointing out 3 youths who had come for the youth program from the adopted village of Chittur.

The third session was conducted by State Incharge Sri Prashanth S. His speech mainly revolved around "Self-Motivation". His class was more of a psychological session and was more interactive. He also spoke on the opportunities for "selfless service" in Sri Sathya Sai Vidya Jyothi project. With the arrival of "World Environment Day" on June 5, saplings of two specific plants were handed over to all the participants. The program ended with Mangalarathi.

Afternoon, a meeting was held, wherein selected youth members and District, State Incharges discussed on the ways to strengthen the various wings of the Organization. The meeting concluded with a rough plan for each wing to move forward more strongly. After the program, the youth leaders visited the adopted village of Palakkad Samithi and discussed about the oncoming Grama Seva plans in that area.

Many youths promised their participation in more programs in the coming weeks, which could be considered as a blessing of Swami and a positive feedback of "Yuvajana Sangamam". Thus, as is Swami's saying, a holiday was made a "Holy" day.

Balvikas Follow up Camps - Zonal Level

Zone A

Balvikas follow up camp of Zone C was held at Sai samithi, Olavakode on Sep 30, 2018. The camp was attended by 31 students. A video on summer camp was shown to the students. A session on the topic 'Devotion' was taken by Smt. Radha teacher which was followed by a session by Sri P K Ashokan on 'Bhagavat Geetha'. A motivational session on the topic 'how to get rid of problems?' was given by Ms. Surya of Cherplassery samithi. Smt. Shyla Prashanth handled the final session. The program ended with Mangalarathi.

Zone B

Balvikas follow up camp of Zone B was held at Sri Sathya Sai Community Centre, Chittur on Sep 16, 2018. The program was attended by 60 students and 20 balvikas gurus. There were sessions on Sri Sathya Sai Educare, Bhagavath Geetha etc., The camp was led by the balvikas district coordinators of SSSSO Palakkad and State Joint Coordinator of Balvikas. Clothes were distributed to village people by the balvikas students. 'Interview for Innerview' program was also organised in which Ms. Krishnapriya, Samithi Education Coordinator was interviewed by the students.

Zone C

Balvikas follow up camp of Zone C was held at Cherplassery on Sep 20, 2018. The camp was attended by 50 students from Pattambi, Shoranur and Cherplassery units. An experience sharing session was given by Ms. Krishnapriya of Chittur samithi. A motivational session on the topic 'how to get rid of problems?' was given by Ms. Surya of Cherplassery samithi. A traffic awareness session was also organised for the students. The session was handled by the RTO, Pattambi Mr. Shameer. The program ended with Mangalarathi.

Sri Sathya Sai Premadhara Project

- As a part of Sri Sathya Sai Premadhara initiative, the devotees of Sai samithi, Puthuppariyaram installed a water purifier at Primary Health Centre, Puthuppariyaram on April 24, 2018. District president Sri A V Suresh Kumar presided the function. Respected. Panchayath Vice President Smt. Prasannakumari inaugurated the function. Sri AM Prabhakaran(SVP, SSSSO Kerala), Manikandan(DIC, SSSVIP, SSSSO Palakkad) Dr. Sai Shankar, Dr. Deepthi were present.
- The installation of water purifier under Sri Sathya Sai Premadhara Project was done at Sri Sathya Sai English Medium School, Koduvayur on June 30, 2018. The function was attended by Panchayath Vice President Smt. Saritha Sasi, Health supervisor B Ganesh kumar, Junior Health inspector Sri Biju lal, Ward member Smt. Sreeja Sunil, Sri A M Prabhakaran, SVP, Sri A V Suresh Kumar DP, School Administrator Smt. Radha teacher, school teachers and students.

Romel Sir's visit to Palakkad

Sri Romel Sir , Retd IFS officer from Parthi : His final visit to Kerala was in Palakkad on Monday 6th Aug 2018. The function was held in Olavakkode Samithi. Vedam & Bhajan had started at 4.30pm. Sri Romel Sir was very happy to visit this Holy Mandir for which Swami Himself laid the Foundation Stone in 1966. He was thrilled to know that Swami had Send His Kaliyuga Udhava, Prof N Kasthuri here for performing Study Circle and also to understand that this was the Starting point of Malayalam Sanathana Sarathi.

He was humbled to See & Touch the Trowel with which Swami had Pasted the Cement to the Foundation Stone for the Samithi Bhajan Mandir at 6.10pm on Tuesday , 20th December 1966 , on a Vaikunda Ekadashi Day. Also he was astonished to note the interesting facts that even before the official declaration of SSSSO in India , Regular House Bhajan was started at this place from the year 1955 and also regular Thursday bhajan in a small building from the Gurupoornima day in 1964. He also Mentioned his happiness to know that this Place had been Officially Named by the Local Authority of Govt of Kerala as " Sri Sathya Sai Nagar" from the Year 1962.

He was really in tears to listen all the Love & Care our Divine Master is pouring on the Devotees here. He was introduced to the Veterans who were Instrumental in bringing up our Divine Organisation to this Stage. Sri Romel was highly impressed on his visits to the Various districts of Kerala. He explained many of his beautiful experiences with the Lord. As a Man of High Discipline & Devotion, Romel Sir could easily go into the hearts of the Devotees. More than 150 devotees were present in the function. At 7.15 pm Romel Sir performed Mangala Arathi and left to Prashanthi Nilyam carrying all our love & regards with him.

Hon. Minister at Adopted Village, Chittur

Sri K Krishnankutty, Hon. Minister for Water Resources visited Chittur SSSVIP village following our invitation. He spent around one hour in the village. All the members associated with the village were present during this function. He promised all support for the betterment of the village.

He also didn't forget to remind everyone of all other programs that ought to be implemented in this village. He and his team gracefully appreciated all the projects brought forward by the Organization. The people welcomed him with various presents. Kerala State Vice President welcomed him, on behalf of the Organization, by draping a shawl. District President Sri AV Suresh Kumar was also a witness to this humble program.

It resonated as if the whole village expressed their gratitude to the Lord for the presence of this special guest. The Minister silently heard the description of various programs that are proposed to be realized in the village in the coming months. He didn't hesitate to encourage all this. Respected Minister awarded the Best Sai Youth Award (Somashekharan Memorial Award) for 2018 to Miss Lakshmi Suresh of Chittur Samithi. The program concluded with the rendering of National Anthem.

Swatchatha Se Divyathaa Tak 2018

The samithis at different places organized around 18 service activities at various parts of the district from October 2nd till October 20th, 2018.

Gents	Ladies	Children	Total	Total Man Hours
108	8	184	300	900

Education in Human Values

The district organization has a very good EHV team of resource persons. The team organises on an average of 10 classes in a month and the beneficiaries would be around 8000 in a year. With Swami's infinite grace, the EHV team is really carrying out selfless service to spread His divine message.

Sai Love in Action – Flood Relief Project

The state of Kerala has been going through a tough and challenging time. The state and its people witnessed worst and devastating floods that shook their life in August 2018 – many lost their homes, vehicles and all they have built and saved through their lives. Most unfortunately, the floods took away the lives of over 300 people and more than 2 lakh people were displaced.

Even as the worst floods and deluge of this century threatened to engulf Kerala, the Sri Sathya Sai Seva Organisation, came forward undaunted to lend a helping hand to their brothers and sisters in need.

Kits containing immediate basic necessities have been distributed in the relief camps and disaster hit zones also. The kits contained clothing, bed sheets, study materials, sanitation items, blankets and food items.

For all that our beloved Swami has been teaching us over many years, SSSSO Palakkad had to rise up to the situation to help the people in need. With Swami's infinite grace and blessings, we could render seva to hundreds of people across the length and breadth of Palakkad.

The major parts of the district have seriously affected by flood. Since a large number affected persons were in the relief camps, we concentrated in the supply of food materials, cloths, drinking water, sanitary items and other needy items, for those in the camps as well as in the houses.

Total man hours served	:	4513
Average No of Sevadals participated	:	142
Relief materials and medicines distributed worth	:	6, 49,740

“Members of the Sai Organization must carry on their work with the firm faith that all are the children of one God. They must carry on their service activities in a spirit of unselfish dedication to the Divine. The practice of pure, unselfish love is the only way to attain God. They should purify their hearts and minds, regarding their body as the temple of the Divine.”

Bhagawan Baba’s Discourse on 12th May 1984 in Mumbai

Jai Sai Ram

