

Aum Sri Sai Ram

Guidelines for Amruta Bindu – Blood Donation

- In view of the Corona Pandemic, **no blood donation camps** will be organized by SSSSO till further communication from the State President
- As there is urgent requirement in summer months for emergency surgeries and Thalassemia patients, the following guidelines is to be followed for need based blood donation.
- Wherever there is acute need, blood donation should be done in the concerned blood bank itself with strict social distancing protocols.
- Each district to give responsibility to one Sevadal to coordinate the donations and liaison with the blood banks of that district (over phone).
- The concerned Sevadal should find out if there is shortage of blood in the bank and the required blood groups.
- He should plan with the blood bank for a staggered donation involving 5 – 10 donors per day over a period of few days and should inform the district President.
- The information may then be passed on to potential donors with an advice to contact the coordinator on the day prior to the camp.
- No donors from any current containment areas (of COVID 19) should be allowed to donate blood.
- The blood bank may be approached for a permission letter/pass for these donors to come.
- The coordinator to make a plan for 5 to 10 donors to donate in a day at staggered timings as agreed to by the blood bank.
- The donors have to be given strict instructions personally by the Sevadal over phone regarding social distancing norms and their personal safety.
- Donors should be below the age of 50, physically fit and not suffering from cough, cold or fever.
- The donors must be advised to venture out with masks and gloves. After donating blood, they must take adequate rest and fluids before heading straight to home.
- On arrival at home, they must place their articles like phone, wallet, key etc in a box, wash their hands with soap for 20 secs, disinfect the articles with a alcohol based sanitizer, wash their clothes and take a soap bath. These precautions must be taken for their safety as they have just visited a hospital/blood bank premises.
- No photos of blood donations must be shared without prior permission of District President and Digital Archive Coordinator who will ensure that adequate social distancing norms have been complied with.
- Finally our aim is **not** to donate more units of blood, but to help tide over the acute shortage of blood, while giving paramount importance to the safety of each donor. No donor must be coaxed to donate to achieve any minimum target, the donation should be purely by the donor's willingness to do so after understanding the risks involved.
- Let us pray to Bhagawan to guide and protect us to render this Seva safely.