



Love All

Sri Sathya Sai Seva Organisation Haryana & Chandigarh District Panchkula



Serve All

**“Manav Seva is Madhav Seva”
Service is love in action**

As we are aware that our country is under a lockdown since 22nd March 2020, since then due to this pandemic situation all Sathya Seva Kendres are un-operational including the Spiritual Capital – the abode of Bhagwan Sri Sathya Sai Baba at Puttaparti, Prasahti Nilayam.

But in-spite of all the odds with the grace of Bhagwan Baba our organization in District Panchkula of the State Haryana and Chandigarh has put all efforts to do whatever good they could do for the whole mankind and the people in need.

All the devotees, balvikas children and their parents took part in all the activities planned by the district with great enthusiasm. The activities were so planned that these are really helping in the upliftment of every individual involved.

Bhagwan indeed wants us to feel his omnipresence in everything we do. "The Name of the Lord is like the effulgence of the rising sun; it dispels the Darkness of Delusion"

Activity Details:

24th April 2020 – Aaradhana Mahotsavam

The District saw a very different Aaradhana Mahotsavam this year. Every devotee made this day special in their own ways with all kind of spiritual sadhana they could do at their home in their own alters. The divine presence of Bhagwan was felt by each individual in their own ways. All instructions and guidelines shared by AIP sir were adhered to strictly.

On this day 250 Amrit Kalash were distributed in Village Saketri and adjoining villages under the abled guidance of local police authorities so that no indiscipline takes place. The seva was done absolutely very peacefully.

The Dry ration packets comprised of atta 5 Kg, Daal 1kg, Salt-1kg, Sugar 1Kg, Rice 1kg, Mustard Oil ½ lit along with 2 Soap bars and Sanitizer.

Devotees contributed and made hand made masks which were distributed along with the food packets and people were made aware of the current situation so that they may fight Covid-19 the pandemic pro-actively.

Activities by Education Wing Easwamma Week Celebrations:

This year Bhagwan blessed all his Balvikas Gurus with immense knowledge of using technology to conduct balvikas classes and events . All the events were conducted from home on Google meet app. The balvikas gurus did not lag or miss any activity, on the contrary they gave all their help and support to make the event successful.

Gayetri Mantra chanting 108 times started from 3rd May 2020 and will continue for 95 days till 5th of August 2020 as communicated by the All India authorities. All Balvikas Gurus, Balvikas children and their parents are actively taking part in it.

As per the program shared by the State Education Coordinator – Ms Sangeeta Bhatnagar, all events are as follows:

6th May – Grandparents / Parents Day

7th May – Half an hour Bhajan with family members

8th May- Veda and slokas recitation

A bhajan and vedam audio link was shared with all the parents so as to maintain the uniformity. Balvikas Children shared their videos and audios with their gurus.

Help Ever Hurt Never



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9th May – Poster / Painting making

All Balvikas children poured all their amazing ideas in the form of paintings. They really spoke their mind and made every one thrilled with their amazing piece of work.

10th May – Cultural Program

Parents of Balvikas children offered all their time and services. All the parents this time were involved as Balvikas gurus with the divine grace of Bhagwan Baba. They prepared their children and recorded the short skits, songs or dances performed by the loving kids.

11th May – Poem Recitation / Declamation content was held. The whole event was organised on web apps only.

Some value based activities are posted daily on the groups to remind children of the good acts they need to keep following even under this lockdown. Values and seva like feeding the bird, helping parents in household etc were taught. Students and parents were asked to post photos of the same.

Activities by Spiritual, Seva & Youth Wing

6th May – Narayan Seva –

To mark the day of Mother Eashwaramma's death Anniversary the global narayan seva was done by each devotee in their own unique way. Devotees were asked to feed at least one narayan or help a person in need with food, fruits, water, or medicine as per the need of the Narayan.

6th May – Tapovanam Parayanam –

Tapovanam Parayanam was initiated on this special day to study and learn about bhagwan's glory.

Every Wednesday has been fixed for this Parayanam. We started off with this activity on 6th of May, 3 week successful Parayanam has already been offered at the lotus feet of beloved lord.

As of now 3 groups of 18 people each has been formed. Each person is given one lesson every week such that 3 sessions of continuous Parayanams are done every week.

More people are expected to join in this Parayanam over the coming weeks.

(on all Wednesdays)

9th May – Vedam & Bhajan –

A 45 min online bhajan session was conducted on Google meet app by youth brother & sisters of district Panchkula. People who attended this bhajan session felt immense pleasure and grace of Bhagwan Baba.

Next in queue was a similar online bhajan session conducted and held by balvikas children and gurus. (on 23rd May 2020).

10th May – Mothers Day Celebration –

This was celebrated mother's day. Devotees offered gratitude to their beloved Lord. Video session was shared with the devotees to offer their tribute to mother sai.

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A week long program filled with activities meant for spiritual up-liftment and sadhna has been crafted and implemented in the district Panchkula. The program schedule has been shared with other districts of the state by Smt Seema Chawla (Coordinator Seva P.S) after receiving an approval from the State President Dr. R B Kharab.

The activities are as follows:

Every Monday - Gayetri Mantra Recitation

The mantra recitation starts at 6 am in the morning and takes place till 6 pm in the evening. 30 minutes slots have been allocated to devotees. 3-5 maalaas of gayetri mantra(as per the convenience or ability of the sadhak) is recited by each individual. 80 people have joined this mass continuous recitation. Approximately 31000 Gayetri Jaap is offered at the lotus feet every Monday.

This spiritual activity is started off on 18th of May 2020.

Every Tuesday - Sunderkand Paath

This recitation of this paath takes 45-60 minutes. Devotees do their path at their home anytime between 3:30 pm to 7:30 pm.

Lord Hanuman's Puja has been considered to be complete to fulfill all the wishes in this KaliYuga. Bajrangbali is a very happy God, many ways have been described in the scriptures to get his grace, and one of these measures is to recite Sundarkanda. Sunderkand is the only chapter that is the victory of Lord Hanuman of Lord Ram. This is a lesson to boost self-confidence and will. So collective prayer is offered to the lord of Kali-age Lord Sai Hanumana to help us win over Covid -19 and bring peace and harmony to the world.

Every Wednesday - Tapovanam Parayanam – as explained above.

Every Thursday – Sathya Narayan Katha & Evening Bhajan

The Sathya Sai Narayan Katha is read by all the devotees at their home and is concluded with vedam & bhajan. Devotees conduct bhajan at their home with their family members. Prashanti Mandir Bhajan audio and link is shared with the devotees which they can play if they do not have sufficient bhajan singers at place.

Alternate Thursdays online Bhajan sessions over google meet app are also planned.

Every Friday – Vedam Recitation followed by the family Bhajan

The Vēdas are a gift of God for the welfare of the entire humanity.

Devotees conduct Vedam session at their home with their family members. Prashanti Vedam audio and link is shared with the devotees which they can play at their homes.

Baba, who is the Veda Purusha, has educated us time and again on the supreme benefits of chanting Vedas. Every occasion gets started with Vedic chants which leaves the whole place charged with divine vibrations.

Balvikas children and their parents are motivated to pay participation in such events.



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All activities are shared with balvikas gurus, balvikas children and their parents. Parents are taking part in every activity with great pleasure and enthusiasm.

Devotees who all are a part of the whole event, informed that they are feeling very connected and happy with the activities, first thing they do in the morning is check their sai whatsapp group to know about the activity of the day which otherwise this lockdown was making them sad and low.

This is the power of collective prayers and sadhana altogether

Every Saturday – Hanuman Chalisa Recitation

Evening 3:30 pm to 7:30 pm – People recite hanuman chalisa anytime between the time slot mentioned. The idea is to have the maximum number of recitations samithies can offer. They set any number of recitations from 1 to 11 per member, whatever number is easily possible by them to do.

The activities and prayer sessions are designed keeping in mind that it should allow maximum participation. Devotees are inviting their friends, relatives, Balvikas children, and their parents to participate in this spiritual Yagna in huge numbers.

Many new people are joining in the activities planned thus expanding our sai family.

Note:

1. Individual Dry ration distribution to the needy as per own judgment and the need of the narayan is suggested to devotees as this is a very tough time our country is going through. Everyone must try to lend their helping hands to the needy. This activity is on individual basis only.
2. Each one should make a call to at least 2 devotees of the samithi or the organization and enquire about their well-being as this lockdown has totally changed the way of our lives. Caring for others can be the best form of love and seva.
3. Daily Vedam Tutorial to teach rudram has been planned by the youth wing of the district. Every day from 9 am to 9:30 am an online tutorial session is conducted.

Baba Says, Selfless Service

“The act of service is not to be judged, according to the cost or publicity it entails; it may be only the offering of a cup of water in the depth of a jungle. But the need of the recipient, the mood of the person who offers—these decide whether the act is gold or lead. Fill every act of yours with love. Let no one suffer the slightest pain as a result of your thought, word, or deed. Let this be your sādhanā (spiritual discipline). It will surely help you to achieve the goal.” – Sathya Sai Baba.



Placed at the Lotus Feet of Bhagwan Baba