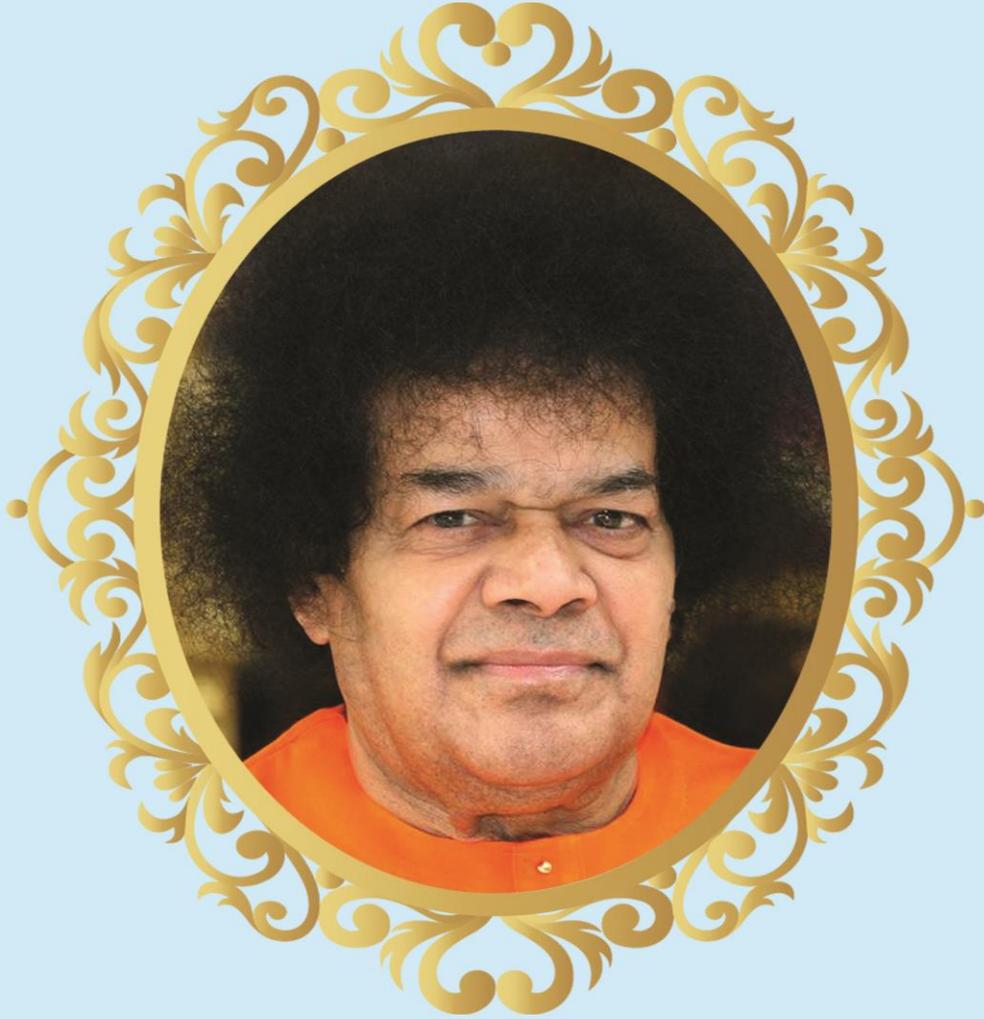




Sri Sathya Sai Seva Organisation, Odisha



SEVA & SADHANA

**DURING THE COVID-19
LOCKDOWN PERIOD**

Om Sri Sai Ram

The heart filled with Your divine love, the mind filled with Your enchanting form and the head surrendered at Your lotus feet, knows no fear, finds no troubles, sees no difficulties. So, even in today's unprecedented hard times, Your grace and love has strengthened us to engage ourselves in the service of our fellow beings and bring solace to many deserted hearts. With heartfelt gratitude, we, Your children from Sri Sathya Sai Seva organization, Odisha are hereby offering at Your divine lotus feet, all the activities conducted by the three wings of the organisation during this difficult times. Dearest Swami, please accept this token of Your love in action and bless all Your children with Your divine love and smile.



SEVA WING

Amruta Kalasham Distribution

All samithis in our State have been adopting some destitute families and provide them AmrutaKalasham every month as directed by Bhagawan. During this period of unprecedented crisis which had thrown many families into unknown misery, SSSSO Odisha came forward to identify such families and support them with Amruta Kalasham kits. This programme aimed to reach the poor and needy families, who were unable to earn anything due to lockdown restrictions and could not afford a square meal for themselves. With the extension of the lockdown, their miseries only multiplied till Bhagawan arrived at their doorstep in the form of the Amruta Kalasham family kit. This was not just a kit for physical survival, but also a source of mental strength and spiritual solace for them and their families, as they realized that God had not forgotten them. The beneficiaries were selected from among families of poor migrants stranded in quarantine centres, families of road side vendors having no business, railway porters whose families were in starvation due to stoppage of rail movement and tribal families having no work and deprived of Govt. relief. As a first step, a meticulous survey was conducted by all the District Presidents regarding actual beneficiaries. After that, our brothers and sisters collected the materials, packed them neatly in bags, offered before Swami and went to the nearby village for gifting to the needy ones. The family kit contain the following items- (Each packet costing Rs 800-1200)

- Dal-2 kg
- Cooking Oil – 2 ltr
- Sai Protein - 2 kg
- Sugar – 1 kg
- Jaggery-1 kg
- Salt-1 kg Pancha Phutana -200 gm
- Turmeric- 200 gm
- Potato- 5 kg
- Onion-2 kg
- Flattened Rice – 2 kg
- Soap- 5
- Face Mask (Cloth made & Reusable) - 4 pcs
- Match Stick-1 pkt
- Packing Bag (Cloth made) - 1 num
- Swamis Photo and Vibhuti Prasadam



The items were changed at some places as per the need of the locality. Our Mahila Sevalal prepared masks and also helped in packing of the grocery items. After packing, all the family kits were offered at the Lotus Feet of Bhagawan. Our Sevalal brothers & sisters distributed the Amruta Kalasham in slum area, lepers' colony, adopted villages and remote tribal belts. They handed over the Amruta Kalasham kits to the needy brothers and sisters suffused with love and sincerity. In a beautiful spiritual ambience, they spent some time with the beneficiaries, counseled them and gave them emotional support. The beneficiaries shared their heartfelt thanks and gratitude to our beloved Swami in teary eyes as in such a devastating situation, God listened to their prayers.



All the Sevalal brothers & Sisters maintained social distance and adhered to the safety norms laid down by Govt. Till now, 5070 nos. of Amruta Kalasham have been distributed covering all the 35 districts of Odisha. We offer this service at His Lotus Feet.



Community Kitchen Seva

In the time of National crisis and country wide lockdown, when many people were in dire need of food, with the divine guidance of Omniscient Bhagawan, Sri Sathya Sai Seva Organisation, Odisha, as per the guidelines of All India Organisation, launched the community Kitchen project, where cooked food was provided to the needy. The Sevadal of our organisation set up temporary community kitchen in consultation with the local administration as well as Police in extremely needy areas. As per the guidelines issued by respected AIP, SSSSO, India following steps were taken while preparing and delivering food packet.

1. Detailed survey was done regarding the requirement of food in that particular area.
2. After cooking of food by our brothers and sisters, the cooked food was delivered to the nearest Govt. designated food distribution center.
3. The centers having toilet and bathing facility were selected for running the kitchen and the area sanitized before cooking.
4. Maximum 8 sevadals, maintaining all social distancing norms and obeying the law of the land, rendered the seva.



In the state of Odisha, total 7 no of community kitchens were opened covering 3 revenue districts, where total 9233 of food packets were handed over to the needy people. The first kitchen was started on 21st April and the seva is continuing till now. During the activity all the Sevadal abided by the safety norms and social distancing norms as prescribed by the Government and rendered the seva with a joyful heart. They offered their gratitude to Swami for choosing them as the divine instrument in providing food which was getting cooked with love and compassion. The local administration was in praise for such selfless activities of our organization carried out with utmost discipline and conveyed their gratitude to our beloved Swami.



Dry Food Packets Distribution Seva

After the Government allowed movement of migrants during lockdown 3.0, Sri Sathya Sai Seva Organisation Odisha swung into action to provide succor to the travelers on national highways and border checkpoints where they had to wait for many hours.

The migrants, who were returning from different states to Odisha, on the way to their villages, were served refreshments by our Sevadal brothers on the road side. It was a heartwarming situation where the unknown faces were received by the Sai Brothers with love and affection. They handed over to the leader of the group dry food packets which contains biscuit, mixture, bread, fruits, water bottle, masks, hand Sanitiser, Vibhuti and swami's photographs. The returnees were provided sanitisers to clean their hands before partaking the Prasadam. The timely food, water and masks provision which were essential in the current circumstances touched one and all, including the officials on duty at the check gates. While border districts of the state like Ganjam¹, Balasore², Bargarh, Nabarangpur welcomed the weary migrants into their home states with these refreshment packets, districts like Jajpur provided relief to thousands passing through the deserted National highway in the sweltering summer heat.



All the Sevalal brothers maintained social distance and adhered to the safety norms laid down by the Govt... Up to July 18th 10719 nos. of dry food packets were distributed covering all the 35 districts of Odisha. Bhagawan also blessed us with the opportunity to serve food to His Devotees and students from Jharkhand and West Bengal who were returning from Prashanti Nilayam. Sevalal from districts of Ganjam, Khurda, Cuttack, Balasore 2 and Bhadrak rendered Seva to these tired travelers. 6252 man-days of sevadals rendered seva for the distribution of Amruta Kalasham and dry food packets.

Post Cyclone Amphan Seva

While rendering Seva to the needy and those affected by COVID 19, a severe super cyclone AMPHAN hit four coastal districts of Odisha on 19th & 20th May'2020 and caused severe damage. Though the Govt. machinery remained alert for rescue and relief, our Sevalal members visited the affected areas, conducted survey, identified those in dire need of help and subsequently provided Amruta Kalasham to the needy and poor families identified in remote and inaccessible areas, where Govt. machinery could not reach instantly. Further, the District organization supplied tarpaulin to the needy & destitute families forthwith to cover the thatched houses severely damaged in the cyclone and also supported in the repair of houses of 10 families. Sevalal in some areas worked with Govt. officials and ODRAF team for restoration of electric poles.



Holistic Healthcare Helpline

By Bhagawan's grace, Sri Sathya Sai Seva Organisation, Odisha has started **two dedicated help lines** to provide Tele consultations in the fields of Healthcare and Animal care.

The Holistic Healthcare helpline provides Tele consultations in the streams of Medicine, Pediatrics, ENT, Ophthalmology, OBG, Dental, Dermatology, Diabetology, Cardiology and Neurosurgery. The call is answered by a volunteer and transferred to the concerned doctor. Over 20 doctors and 10 volunteers coordinate to run this Helpline from their homes.



This Helpline is aimed to serve non Covid patients and help them to avoid leaving their homes and making unnecessary visits to the hospitals. The patients are given e-prescriptions generated by our back-end volunteers in consultation with the doctor. The helpline is providing seva from 1st week of April.

The second helpline – Sai Karuna Helpline provides Tele consultation on Holistic Animal Care and was launched on 9th April 2020 in order to provide consultation regarding health of stray animals, pets and livestock. Fourteen veterinary doctors having specialization in veterinary medicine, surgery, gynecology, parasitology, virology, bio-chemistry & livestock farming have volunteered & are rendering their services in rotation to keep this Helpline running 12 hours a day. They are also guiding the callers to their nearest mobile veterinary unit where needed.

SAI KARUNA
Free Tele- Consultation
for Holistic Animal Care
Consultation Timing : Everyday
9 am - 9 pm
Call on Helpline No. : 080 - 4719 1177
SRI SATHYA SAI SEVA ORGANISATION, ODISHA



All the **calls in both these help lines are recorded and reviewed** by our back-end volunteers to ensure that the issue of the callers have been resolved. Also we are following the Telemedicine guidelines issued by the Medical Council of India in this regard. Both the help lines have handled over 1890 calls from April 1st week to till 30th June 2020.

Sai Karuna

Motivated by the call of "**Jeeve Daya**"- Compassion for Living Beings", the Bal Vikas students, Sai Youths, along with all Sai Devotees & their families, have been regularly placing food items & drinking water for the stray and abandoned animals & birds, be it on the roof tops or balconies or the porches especially in the hot summer months.



Amruta Bindu

Shortage of blood becomes more acute in the summer months i.e. during April-June, when due to excessive heat people generally reluctant to donate blood. Blood banks run dry and getting blood becomes extremely difficult. To mitigate this problem our organization goes on a massive drive to collect blood in these lean months under the caption "**Amruta Bindu**", meaning "Drops of Nectar". During this difficult period, Sri Sathya Sai Organization, Odisha has provided need based donation to blood banks all over the state while strictly abiding by the safety guidelines issued by AIP, SSSSO, India regarding safe blood donation. 261 units of blood have been donated during the lockdown period.



Seva at Quarantine Center

Various Seva work have been conducted by our brothers and sisters of Sri Sathya Sai Seva Organization, Odisha at different Quarantine centre in different parts of Odisha. Yoga class for inmates was conducted where trained yoga teachers of our organization took yoga classes at different quarantine centers. They distributed Sai Protein, Sai Literature, Soap, Water bottle, Biscuits; Tooth paste etc to those who left the quarantine center after the quarantine period was over. Health awareness camp was also conducted by doctors of our organization at the quarantine center.



As a part of gratitude to Govt., our migrant brothers and sisters have rendered beautiful services like they have planted trees and colored the premises of quarantine center. Our Sevalal brothers have provided them saplings, color and helped them in rendering such seva.



Sri Sathya Sai Rehabilitation Programme

From the past 2 years, the SSSSO, Odisha has taken up the Sri Sathya Sai Rehabilitation Program to follow up cardiac patients of Odisha operated at SSSIHMS.

SRP Tele Seva

Every month the list of operated patients is sent to the concerned districts who in turn follow up the patients at their doorstep as a part of SRP. During lockdown period, the Sevadal brothers and sisters of our organisation, contacted approximately 1600 SRP patients all over the State over phone to check their health status. They intimated the patients all the precautionary measures to be adopted during this pandemic phase.



The patients were reminded about the importance of medications and blood tests and informed about the nearest lab facilities. They were advised to contact the telemedicine centre over phone for doctor consultation.

In Bhadrak-1 district, around 20 patients in far flung areas were provided their medicine through speed post or handed over through our Sevadal.

Seva by MahilaVibhag

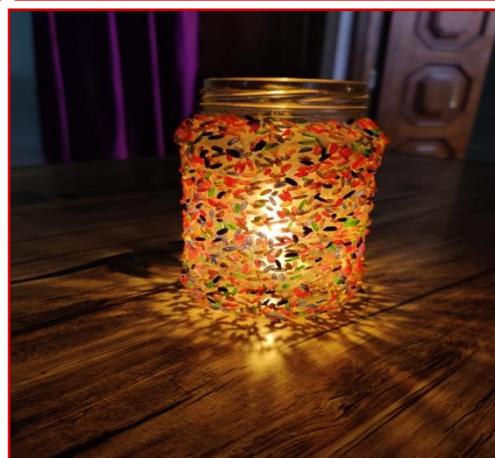
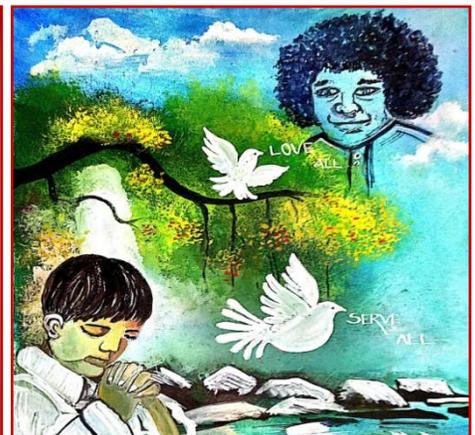
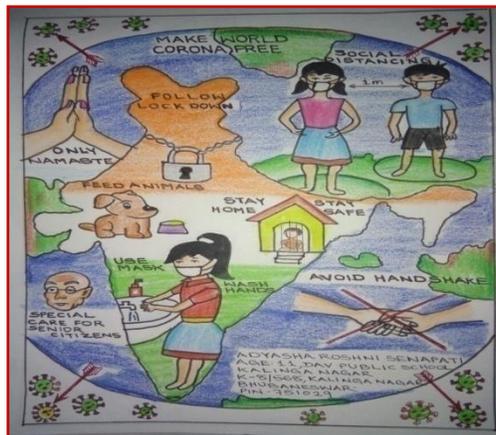
Sisters across the state took part in preparation of masks which were distributed to needy people. Also, in many districts sisters adopted one Narayan close to their house and took up the responsibility of daily Narayan Seva. 18100 cloth masks stitched by Mahila Sevadal have been distributed. Sisters also took part in Sai Protein preparation and packing of Amruta Kalasham kits.



EDUCATION WING

Observation of Aradhana Diwas- Let a thousand buds bloom

To commemorate the Maha Sannidhi day of our beloved Lord, the Bal Vikas students undertake this program in their houses. A month long Sadhana i.e. from 24th March to 24th April 2020 was conducted throughout the state where BV Gurus, students and parents as well as devotees have participated actively from their home. Bal Vikas children chanted Gr-1 stotras, Bhaja Govindam, Gayatri Mantra, Sai Gayatri, Vedic Prayers, and Bhajan etc. Various innovative ideas and activities were organized to make the BV students feel the essence of the month. They put their innocence feelings with different activities like preparing Best out of Waste, serving towards street animals etc. Many of our blooming buds offered their art, craft, clay model, bhajan, veda recitation etc. at His lotus feet.



24th April, the auspicious Aradhana Divas, was observed in every corner of Odisha by the devotees. The day was tuned with Omkaram and Suprabhatam at home with all family members. It was followed by our personal prayer and meditation. The day continued with Swadhyaya with His Divine Vahinis. In His divine presence, all the devotees offered family Bhajans to Swami.

The day ended with sharing and caring with the family members.

Sri Sathya Sai Young Writers' Contest

On the auspicious occasion of Aradhana Divas, Sri Sathya Sai Seva Organisation, Odisha had launched an Essay Writing Competition. The contest is so designed that the students can participate from their homes with the comfort and safety. This Essay Competition was an outreach programme and was intended to involve maximum youngsters and their families in this initiative. The aim of this programme is to promote the children of our organisation i.e. Bal-Vikas, Bal-Vikas alumni, Children of the devotees, students of Sri Sathya Sai School and to all interested students in general. According to age group the topics were given to the participants. After their submission the essays will be evaluated and prizes will be given to successful participants at state level.



Easwaramma Divas

The month of May is celebrated across Sri Sathya Sai Seva Organisations, to cherish and to remember the divine mother Easwaramma. The Divine mother, in true sense is the embodiment of selfless love and service. She left her mortal coil on 6th May 1972. This day is celebrated all over the world as Easwaramma day. To dedicate her love towards the children and to offer our reverential tribute to the chosen mother Easwaramma, SSSSO Odisha had observed 1st May to 5th May as Family Participation Week and 6th May as Easwaramma day. Every year this programme is conducted in every Sai centre involving the Bal Vikas Children, parents of Bal Vikas children, devotees, also other parents from the neighborhood.

But this year due to lock down restrictions our Bal Vikas children conducted it at their home. The activities include quiz session, Devotional/Patriotic Song by parents/BV children, chanting of Veda and Bal Vikas slokas etc. Our tiny tots poured their heart and reflected their thoughts in beautiful paintings, arts, crafts and made different projects out of waste material.



Sri Sathya Sai Seva Organisation, Odisha had observed the Golden memories of Mother Easwamma through Easwamma Diwas on 6th May. The day was started with Omkaram, Suprabhatam by all BV Students, Gurus, Parents and Devotees, Office Bearers in their respective houses. Followed with lighting the Divine lamp of Akhand Jyothi, chanting of Asatoma Sadgamaya, Sai Gayatri, BV Stotras, Astothara Satanaam Patha with Padapujanam of Parents by the Bal Vikas children. The evening session was blissful with Omkaram, Deepadaanam in front of Houses, Chanting Medha Suktam, Bhajans, Reading Swami's discourse on the importance of Balvikas. The day ended with uttering the humble prayers through Sarva Dharma Prarthana, Mangala Arathi to Bhagawan.

Sri Sathya Sai Painting Competition

On the auspicious occasion of Mother Easwaramma Day, Sri Sathya Sai Seva Organisation Odisha launched a Painting /Sketch contest titled **Creativity is Divinity** for our children. This initiative is an outreach programme and is intended to involve maximum young children. The programme was widely circulated among the Bal Vikas children, Students of Sathya Sai Schools, Students of Vidya Jyothi schools and all interested children in general so that maximum participants can join. The whole theme was designed based on various topics and was beautifully painted through the colors of the brushes that will make one's soul more colorful. The thoughts of the participants related to social, physical and spiritual issues were reflected in each painting. According to age group the topics were given to the participants. After their submission the essays will be evaluated and prizes will be given to successful participants at state level.

SRI SATHYA SAI SEVA ORGANISATIONS, ODISHA

CREATIVITY IS DIVINITY...

Let us Sketch. Paint. Create. Inspire...

THEME

JUNIOR (Age 10-12)

- Gratitude to Mother Earth
- Colours of India
- Love in Action

SENIOR (Age 13-15)

- India: A land of Unity in Diversity
- Reduce Reuse Recycle Refuse
- Power of Prayers

Last Date of submission
15th MAY 2020

Essays/Prizes for Selected Participants/Winners

FOR SUBMISSION
CLICK HERE

For Details, Please Contact: REEM@SRI.SAI.ORG, REEM@SRI.SAI.ORG



Pre-Sevadal Meet

With the immense blessings of Swami, SSSSO, Odisha has been continuing his service to make the time to be more emerging at His lotus feet. Through the online platform Pre-Sevadal Classes are being conducted in various places of Odisha. The eminent and resource speakers of Odisha are putting their efforts to make the journey of these beautiful sessions more blissful. In a mesmerizing way, all the speakers with different topics related to Pre-Sevadal Classes are being well conducted. These topics related to our practical lives as well as spiritual growth being delivered in each session.

Sri Sathya Sai Seva Organisation, Jagatsinghpur District

3rd Pre-Sevadal Meet

WHAT SWAMI EXPECTS FROM US

Dr. Satya Swaroop Patnaik,
State Vice-President, Odisha

On 19th June from 7:00 a.m. to 8:30 a.m.

ZONAL PRE SEVADAL MEET
(Dist: Nuapada, Kalahandi, Bolangir, Bargarh, Sambalpur & Koraput)

Date: 28th June 2020, Time: 3.00pm to 4.30pm

**TOPIC:-
SCIENCE & SPIRITUALITY**

By: Dr. Ashok Ku. Hota

<https://global.gotomeeting.com/join/908629773>

Sri Sathya Sai Seva Organisation, Jagatsinghpur District

2nd Pre-sevadal Class

ANGER IS DANGER

By Shri. Harash Bihari Das,
State In-Charge Pre Sevadal, Odisha

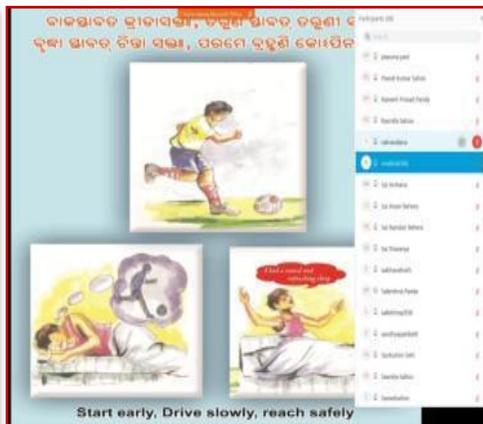
On 12th June from 7:00 a.m. to 8:30 a.m.

This programme is continuing in all the districts and participants from different parts of Odisha are participating with full enthusiasm in this Divine journey of e-learning. And the most effective point, the participants not only making the session more interactive rather they are involving themselves into practice. They are trying to implement the teachings in their own living. This journey not only making one's development in the field of Spirituality of knowledge but also it is making one's development on Individual Sadhana.



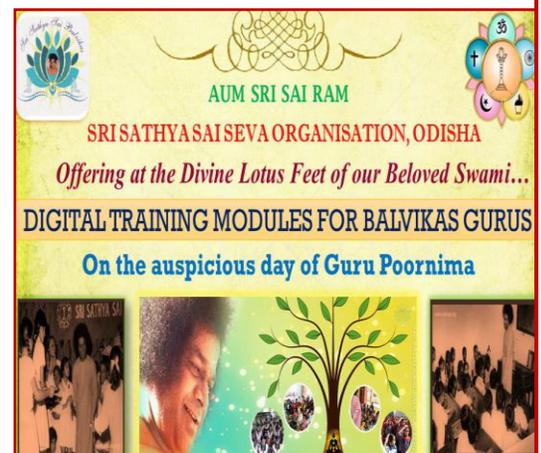
Online Bal Vikash Class

Online Bal Vikas classes were being conducted across the state on every Sunday covering Gr-I, Gr-II and Gr-III students. Bal Vikas students were participating eagerly and actively. Gurus from all across state were taking classes covering the syllabus of each group. Online Quiz, Bhajan Antakhyari, Devotional Singing, Prayers were being conducted among the students.



Digital Training Modules for BV Gurus

With His immense grace, Sri Sathya Sai Seva Organisation, Odisha offered a series of video clips containing each of about 12 to 15 mins duration, based on Model BV classes of Sloka teaching, Storytelling, Bhajan training etc. These video clips are being prepared by expert BV Gurus from across the state. The first clip was offered at the lotus feet of our beloved Lord Sai on the auspicious day of Guru Poornima. This will facilitate BV Gurus to practice at residence and accordingly interact with children in the class.



SPIRITUAL WING

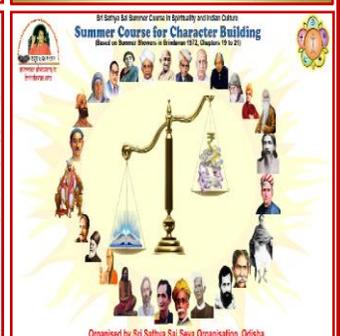
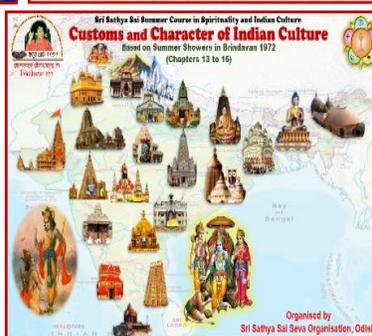
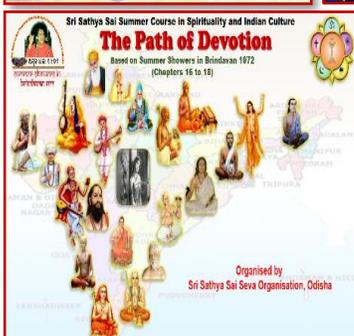
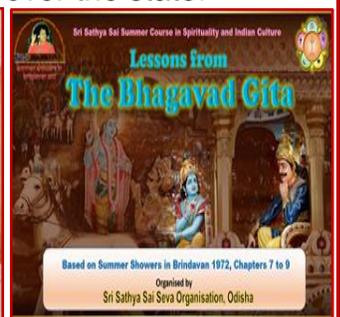
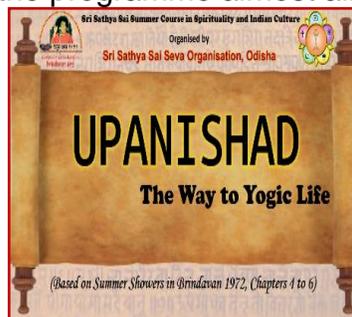
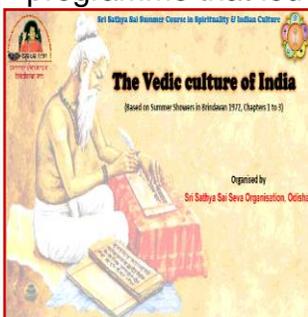
State Level Online Summer Course

Summer Course as conceptualized by Bhagawan has been a major Youth motivating program across the globe since its inception in the year 1972. The very objective of the Summer Course is for strengthening the future Indian generation who will uphold the human values and be the torch bearer of righteousness. With His divine grace, Sri Sathya Sai Seva Organisation, Odisha has successfully organized State Level Online Summer Course on Indian Culture and Spirituality for the year 2020. For this year, summer course in Spirituality and Indian Culture was based upon the Summer Showers-1972.

The programme was started on 3rd May and ended on 30th May, 2020. More than 900 youth brothers and sisters participated with overwhelming enthusiasm in 6 no. of batches. The participants in the age group of 18 to 35 years got registered through Google form circulated prior to the programme. With Bhagawan's immense grace the Divine programme could successfully take place in virtual meeting room with enthusiastic participation of chosen participants and able technical support of IT team.

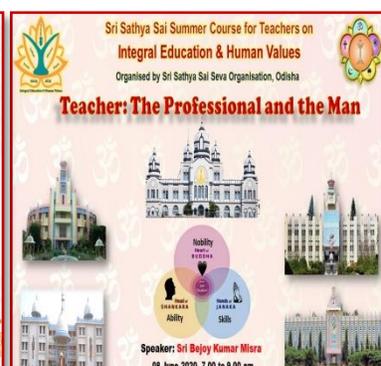
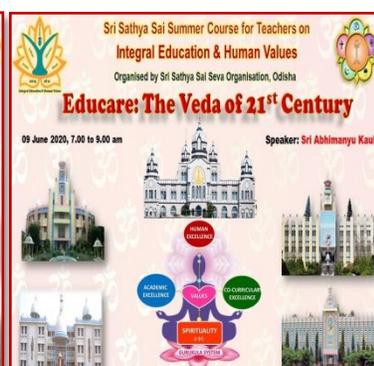
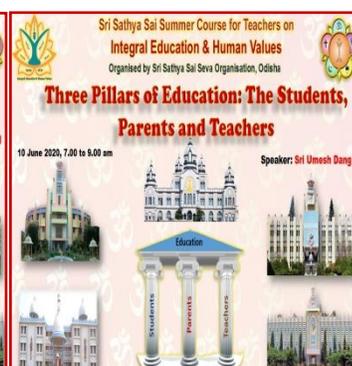
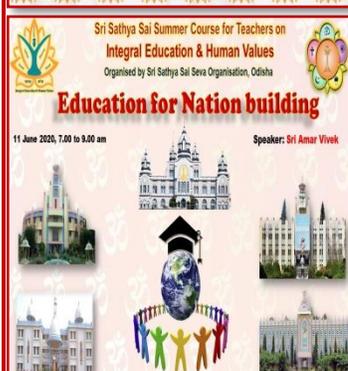
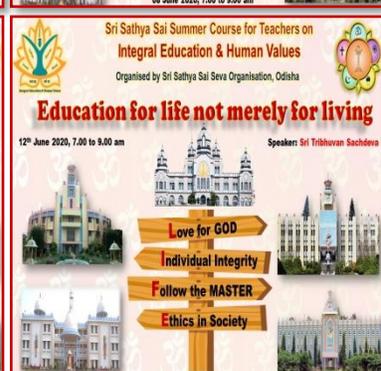
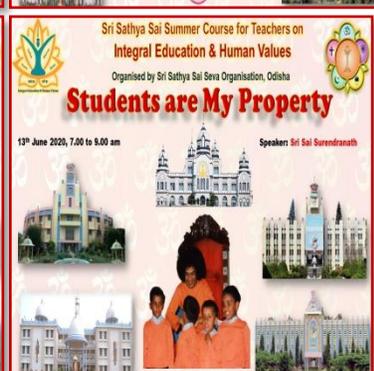
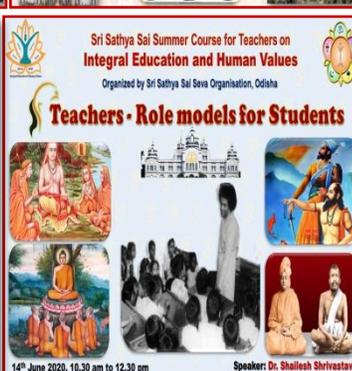
The 1972 Summer Course contains 21 divine discourses delivered by our beloved Swami. Every day three discourses were discussed in detail followed by question & answer session in the evening session. Eminent speakers from Odisha as well as from different parts of India including Prashanti Nilayam graced this occasion with their loving virtual presence. They all inspired and motivated the participants through their eloquent, insightful learning sessions. The students were educated about the supremacy of Indian Culture and the Ideals which they embody. The online and offline modules of the summer course were designed to keep the participants immersed in Bhagawan's nectarine teachings and do *Manana* throughout the day. The participants also participated in various activities like writing of essays & poems, paintings, quiz, etc. The organizing team offers the entire programme at the Lotus feet of our beloved Swami. Bhagawan's Mercy, love and compassion made this programme a memorable.

Now we are continuing the summer course in similar module in different districts of Odisha. Zonal & district level summer courses have been replicated in the Sai districts of Bhubaneswar, Bhadrak-1, Bhadrak-2, Sambalpur, Sundargarh, Jharsuguda, Bargarh, Bolangir, Subrnapur, Boudh, Kalahandi, Kandhamal, Debagarh, Nuapada, Koraput, Cuttack, etc. In the zonal level summer courses along with the youth office bearers and active Sevadal members also joined the programme that led to successful implementation of the programme almost all over the state.



Sri Sathya Sai Summer Course for Teachers

Sri Sathya Sai Summer Course on Integral Education and Human Values was organized for School Teachers working for Sri Sathya Sai Vidya Vihar Schools and Other Schools. The aim of the programme was to educate the teachers about the values preached by Bhagawan which in turn will be used by them to build the characters of future citizens of India. The classes were held on virtual platform and were enriched by the teachings shared by various eminent learned speakers including faculty and alumni from Bhagawan's institutions. The classes continued since 8th June 2020 to 14th June 2020. The seven topics are based on students and their relationships with the teachers and parents emphasizing upon value education, Educare, role of education in character building & creating a healthy society etc. The participants appreciated the valuable teachings and the way they were delivered. Since there was an interactive session at the end of every class the participants raised many queries and were answered by the speakers quite satisfactorily. It was a very successful programme that got a lot of good feedback from the participants. Over 200 teachers from all over the state attended the course.

 <p>II Sri Sathya Sai Seva Organisations, Odisha II Sri Sathya Sai Summer Course for Teachers On "Integral Education & Human Values" Starts from 07th June 2020 An On-line, 7 Days Program 2 Hour/Day REGISTRATION OPENS FROM 15th MAY 2020 FOR REGISTRATION CLICK HERE</p>	 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Teacher: The Professional and the Man Nobility of character Integrity Ability Skills Speaker: Sri Bejoy Kumar Misra 08 June 2020, 7.00 to 9.00 am</p>	 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Educare: The Veda of 21st Century Academic Excellence Spirituality Character Building Social Service Speaker: Sri Abhimanyu Kaul 09 June 2020, 7.00 to 9.00 am</p>	 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Three Pillars of Education: The Students, Parents and Teachers Students Parents Teachers Speaker: Sri Umesh Dang 10 June 2020, 7.00 to 9.00 am</p>
 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Education for Nation building Speaker: Sri Amar Vivek 11 June 2020, 7.00 to 9.00 am</p>	 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Education for life not merely for living Love for GOD Individual Integrity Follow the MASTER Ethics in Society Speaker: Sri Tribhuvan Sachdeva 12th June 2020, 7.00 to 9.00 am</p>	 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Students are My Property Speaker: Sri Sai Surendraath 13th June 2020, 7.00 to 9.00 am</p>	 <p>Sri Sathya Sai Summer Course for Teachers on Integral Education & Human Values Organized by Sri Sathya Sai Seva Organisation, Odisha Teachers - Role models for Students Speaker: Dr. Shailesh Shrivastava 14th June 2020, 10.30 am to 12.30 pm</p>

Sri Sathya Sai Swadhaya Satsang

Bhagawan Baba once wrote to Principal of Anantapur College to initiate a moral class on each Thursday. In due course, the same moral class also commenced at Prasanthi Nilayam and Bhagawan Himself used to take these moral classes. Even today this process is continuing to spread the teachings of our beloved master. This has been our source of inspiration to commence this spiritual class in the month of June '20. The activity of "Sri Sathya Sai Swadhaya Satsang" that is being carried out every Thursday morning. In this programme Speakers deliberate on the teachings of Bhagawan Baba picking the excerpts from His own books (Vahinis and Sathya Sai Speaks). We are guided by Swami to follow the same order in which He wrote the Vahini series and then we will go to the Sathya Sai Speaks series and Summer Showers series. In this process, we have commenced the session with Prema Vahini.

This programme also has been successful in creating awareness about Sai literature among the devotees. The programme also takes place in virtual platform as a result people from across the state can avail the benefit of this.



No time will seem difficult when each moment of our life is involved in seeking the ultimate. It is as though we are in this beautiful saga - the saga of immersing into the holy Bhagavatha Parayana. One such beautiful State level spiritual satsang was conducted on Bhagavatha Vahini Parayan from 4.6.20 to 17.6.20. This fourteen days online programme was so beautifully designed where everyday two chapters from Bhagavatha Vahini was discussed thoroughly by eminent speakers. Around 250 participants from all over Odisha have participated in this divine programme and spent the most beautiful fourteen days in the close proximity of God as did King Parikhita. With each deliberation, we indulged more in His path and relished the journey of Sadhana. Now we are continuing the Bhagavatha Vahini parayan in similar mode in different districts of Odisha.

Online Satsanga with Dist. Office bearers

Online Satsang with District level Office bearers was conducted in two different phases including all the District Presidents, District In Charges of different activities, Samithi Convenors and state team. It was held on 5th June, 2020 for 19 districts and on 12th June, 2020 for rest 16 Districts. During the session the Samithis shared their strengths and weaknesses. The state team provided necessary motivation to deal with various grass root level issues and encouraged to keep up the good work. Keeping the current Covid-19 situation in view and future plan of action in lieu of **Sankalpa- 2020**, special guidance was given with regard to service & spiritual activities. All the district in charges elaborately deliberated about the activities taken up by several wings from the month of January to till now.

Akhanda Rudram Parayana

To stop the spread of deadly Corona Virus and to surge spiritual Sadhana of each seeker, under the guidance of our beloved Bhagavan Sri Sathya Sai Baba, Sathya Sai Organisation, Odisha organized “Relay Rudra Parayan” which was carried out daily from 6AM to 6PM, a span of 12 hours as family Sadhana where each devotee chanted Namakam, Chamakam followed by “Atrinawamkrime...” mantra with Shanti Mantra for 30 minutes. Around 912 no. of family participated in this divine programme from 26th March to 2nd May, 2020. In a spiritually vibrant atmosphere all the devotees chanted it with full sincerity and devotion at their home and prayed Swami whole heartily to protect the world from this pandemic disease.



Maha Rudra Parayan

As a form of Poornahutti of 38 days long Relay Rudra Parayan Sadhana, Maharudra Parayan was conducted on 3rd May 2020 with Mass Rudram Chanting participated by around 3700 chanters from all across Odisha. All the devotees chanted at their home which lasts for 1 hour from 8am to 9am. The atmosphere was charged with the divine vibrations of Vedic hymn. This was a family participation programme where by each devotee's house was purified and involved almost all the members of family in different ways at least in the way of listening to the sacred hymns of Rudram.



Spiritual Sadhana

Throughout lock down period, our brothers and sisters have utilized their time and immersed themselves in various spiritual Sadhana. They offered their gratitude to Swami through different spiritual practices like Chanting of Lalita Sahasranam, Sai Brata Kalpa Puja, Relay Tapoban Parayan, Relay Shiridi Sai Parayan, Chanting of 108 times of Hanuman Chalisa, Lakhyarchana, Kunkuma Puja, Relay Akhanda Nama Smaran, Likhita japa, Reading of Sundara Kanda, Sathya Sai Chalisa, Shiridi Sai Chalisa etc which filled the atmosphere with the divine vibration. These spiritual practices made their mind stress free under this critical situation and filled their heart with divine bliss.

As a part of Vahini Parayan Project, till now Rama Katha Rasa Bahini Parayan, Sandeha Nibarini and Bhagavatha Vahini Parayan have been completed in our State.

To eradicate the deadly virus, Covid-19 from the world, the devotees of Odisha chanted Sai Gayatri everyday from 9.00 pm to 9.15 pm with their families and offered their prayers at the lotus feet.

Apart from these, using different online platform, online Satsang, Bhajan, Quiz, were also carried out throughout the State.



Sanatani Pale Raja

“**Sanatani Mancha**”: a well known term among the Sai fraternity of Odisha. This provides a platform to celebrate the glory of womanhood, of the great culture and tradition of Odisha. The objective of this Mancha is to spread & promote the spirit of Service, Amity, Literature and Culture. It also provides a platform for the Mahilas to express their views and talents. It helps to revive and restore the bye old culture and tradition which is likely to be extinct in due to rapid urbanization. One such grand and most popular among numerous festivals in **Odisha is Raja** which is celebrated for three consecutive days during the mid of June, preferably starts from 14th June and ends in 16th. This is a festival which celebrates womanhood and sustainable development. Under this pious festive occasion, one innovative programme titled **Sanatani Pale Raja** under the banner **Sanatani Mancha** was conducted on 14th June, 2020. This year due to lockdown restrictions, it was conducted online. Around 240 sisters from all across the state have participated actively in this programme. Their virtual presence made the programme spellbinding. The programme started with Omkaram, Sai Gayatri and Veda chanting. Discussion was made on the objective of Sanatani Mancha, importance and significance of Raja Utsav etc. Around 20 sisters have beautifully presented songs based on Raja festival, the mind blowing culture and tradition of Odisha in a spiritual, vibrant atmosphere. The programme ended with three times Omkar.



Placed at the Divine Lotus Feet of our beloved

Bhagawan Sri Sathya Sai Baba

Jay Sairam