



# **Bringing Back The Chosen Buds**

A Project as a Course requirement for Sri Sathya Sai National Leadership Program for Self-Transformation Course Completion

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SSSNLPST-2020-F021, SSSNLPST-2020-F013



Sri Sathya Sai Seva Organization India

In association with Sri Sathya Sai Institute of Higher Learning

(Deemed to be University)

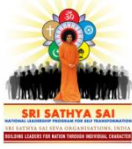
Vidyagiri, Prashanthi Nilayam Campus

December, 2020



**SRI SATHYA SAI**  
**NATIONAL LEADERSHIP PROGRAM FOR SELF TRANSFORMATION**  
SRI SATHYA SAI SEVA ORGANISATIONS, INDIA  
**BUILDING LEADERS FOR NATION THROUGH INDIVIDUAL CHARACTER**

DEDICATED AT THY LOTUS FEET...



## UTTARPRADESH

## SRI SATHYA SAI NATIONAL LEADERSHIP PROGRAM FOR SELF TRANSFORMATION

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### CERTIFICATE

This is to certify that this Project titled “Bringing Back The Chosen Buds” completed by the participants for the Sri Sathya Sai National Leadership Program for Self-Transformation batch 2020 from the STATE UTTARPRADESH, is a Bonafede record of the original work done under the supervision of the undersigned as a Course requirement for the completion of the National Leadership Program.

.....  
Mr. Sachin Neb  
(Project Director - SP)

.....  
Miss S.P Visalakshi  
(National Team Member)

.....  
Miss Prashanti Upadhyay  
Project Guide – SYC

Place: Uttar Pradesh

Date: 20 November 2020



## DECLARATION

The Project titled “**Bringing Back The Chosen Buds**” was carried out by the team under the supervision of the State Youth Coordinator, State President, the National Team Member Name, and the SSSNLPFT Convener as part of the Course requirement for the award of the Degree of Course Completion and has not formed the basis for the award of any degree, diploma or any other such title by this or any other University.

*Kashish Malhotra*

.....  
Kashish Malhotra  
SSSNLPST-2020-F021

*Divya*

.....  
Divya Srivastav  
SSSNLPST-2020-F013



## **ACKNOWLEDGEMENTS**

We dedicate this project to my eternal guru, Bhagawan Sri Satya Sai Baba, who is the guiding source of all our endeavors.

We thank the Chairman & the Academic Board members for their complete support and providing this wonderful opportunity.

A big thanks to the State President Sh. Sachin Neb, for providing us with all the resources and being a pillar around which we could create our project.

We thank the Registrar, the Controller of the Examinations, and the team of Experts from Sri Sathya Sai Institute of Higher Learning, for providing focused direction and encouragement to achieve our objectives.

We must also thank the National Leader for Balvikas with the for spending their time providing support & guidance to the project report and at the same time giving valuable feedback.

We also like to thank the National Team Coordinator Miss S.P Visalakshi for her guidance on this project.

We would like to extend our gratitude to the State Education Coordinator Dr. Kavita Bhatnagar, State Youth Coordinator Miss Prashanti Upadhyay and Dr. Nishant Verma for the most valuable support and feedback throughout our work.

We are deeply indebted to our family members, for instilling confidence and positive energy in us when it was most required.

Thanks a lot!

Jai Sairam!



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## **ABSTRACT**



## SRI SATHYA SAI NATIONAL LEADERSHIP PROGRAMME FOR SELF TRANSFORMATION



To establish connection between 2<sup>nd</sup> and 3<sup>rd</sup> Group existing and drop out students by way of regular engagement, and involvement in the activities of Sri Sathya Sai Seva Organisation. we collected the data of dropout students of Bal Vikas group 2 and 3 and found out the reasons for dropping out classes . During this process ,some of the prominent reasons that we came to know were study pressure or transfer of the parents to other cities etc. We decided to reconnect with those students so that we can inculcate the values of Bal Vikas in their minds . Then we decided to conduct Balvikas classes according to their timings on weekends and we did so.





# **CHAPTER 1 – PROJECT SUMMARY**



## SRI SATHYA SAI NATIONAL LEADERSHIP PROGRAMME FOR SELF TRANSFORMATION



Om shri sai ram offering my most loving and humble pranams at the lotus feet of our beloved bhagwan.

In the project we made an small effort on those students who left out from the 2<sup>nd</sup> group. Today in India, lakhs of children have benefited from the bal vikas programme. So we thought why the students who were the part of our programme earlier but not now so we want to bring them back to our bal vikas programme and in our organization also. As all step by step are complete whole, bhagwan says before the hands act as per the head they should consult the heart.



# **CHAPTER 2 – OBJECTIVES**



1. To Connect With Our Bal Vikas Group 2<sup>nd</sup> and Group 3<sup>rd</sup> students and Alumni.
2. Moulding One's Character by following Divine Teachings and Guidelines of Bhagawan Baba.
3. Guiding and Inspiring Children to become Good Leaders of Tomorrow.
4. To give proper understanding of human values by stories, practical illustrations...etc. So that when they grow up, he/she becomes aware of the Divinity inherent in him/her.
5. To foster the understanding and practice of the five inherent Human Values of Truth, Righteousness, Peace, Love and Non-Violence.



# **CHAPTER 3 – SCOPE**



### 3.1 Within Scope (area, beneficiaries, timeline, others)

In the project we were used the area of our state and search all that students who were the leftout students of group 2<sup>nd</sup> and we talk them also and there parents too for all the reasons why they left the bal vikas and made the solutions for them also and by our project not only bal vikas leftout students get benefits their parents and the students who passed out but never take interest in our organization those also get so much benefit by our project

### 3.2 Out of Scope (tasks not included in the Project Charter)

In our project we take an online class of all the leftout students and give them the solutions for their upcoming problems and take many online sessions



# **CHAPTER 4 – ROLES & RESPONSIBILITIES (Of Team Members)**



## Roles & Responsibilities (of team members)

### **Name of the Project Director (State President):**

- Mr. Sachin Neb (State President)

### **Name of Other Project Stakeholders:**

- Mr. Amitabh Saran (State Vice- President);
- Dr. Kavita Bhatnagar (State Education Co-ordinator);
- Ms. Prashanti Upadhyay (Project Leader and State Youth Co-ordinator)

**Name of the Project Leader:** Ms. Prashanti Upadhyay

**Name of the National Leadership Coordinator:** Miss. S. P. Visalakshi

### **Names of the Project Team Members:**

- Miss. Divya Srivastava
- Miss. Kashish Malhotra

1. Collecting details of the group 2<sup>nd</sup> and 3<sup>rd</sup> students and alumni- Divya srivastava and Prashanti upadhyay
2. Making the questionnaire- kashish malhotra
3. Filling the questionnaire- Mrs. Ruchi joshi
4. Collecting and analyzing the answers to the question and conducting online session for the left out students if requires- Prashanti upadhyay
5. Finding the solution to the problems- Dr. Himani upadhyaya
6. At the end, bringing them back to the organization and bal vikas- sonali gupta





# **CHAPTER 5 – PROJECT FLOW**

(Phase-Wise Details, Using Project  
Checklist Pointers Provided Earlier)



## PHASE 1

In this phase we decide all the things that what we want to do in our project in this phase we take thoughts from our members and then we continue our project and give the project name.

## PHASE 2

In this phase we execute our project and talk with each and every students and listen there problems and then give them solution by conducting online class and some parenting sessions

## PHASE 3

In the last phase we give everyone the solution and for the solution we start regional training center and many more and after solution now the students whom we will talk they are now permanent bal vikas students from past 1months and some of them are now active in our organization also.

### **Methodology of the Project:**

1. Data will be provided by the State Education Co-ordinator. The data will include information with respect to Group 2 and Group 3 children in each of the Balvikas Centers in spanning across all districts in the State.
2. We will reach out to all the Balvikas Gurus, to collect details of all the dropouts.
3. Each parent will be contacted, and interviewed to understand the reason for dropping out.
4. The criteria for these categories will be the problem areas as highlighted post the interviews, for e.g., unable to make time due to studies, etc.
5. According to the problem areas which will emerge after the analysis we will suggest solutions specific to each problem and use method like counselling, mentoring and launch aggressive Parenting Contact programmes to motivate the parent and children to continue the Balvikas Classes.
6. A comprehensive support system comprising of gurus active youth and alumni will be created to track and follow up each students/ families at Samithi Level.
7. The conclusion will contain a detailed summary of the project, highlighting the solutions.



# **CHAPTER 6 – RESOURCES AND TOOLS USED (Finance, Manpower, Hardware, Software, Technology, Etc.)**



In the project we used our mobiles phones and laptop while contacting with each and every children we take help by making a groups in whats-app and doing some online session on google meet and the manpower was also includes in our project in all of the project our state balvikas coordinator Mrs. Kavita Bhatnagar helped us a lot for collecting all the details about our childrens and their guru too.

Resources and Tools: As such, there was no finance involved in this project. There were a lot of people who worked for the project and through the help of them it reached its fulfilment. There was a particular group of people who worked tirelessly and wholeheartedly to contribute in the project. Some important Apps that were used during the project were WhatsApp for sharing information, Google form for taking the suggestions and reviews, Google meet for taking classes and conducting meetings. Bal vikas app and YouTube videos related to balvikas also helped a lot in the project.

Technology played an important role throughout the project. As we all know that during the time of this pandemic, we could not meet anyone in person but it was due to technology that we were able to complete this project.

- Balvikas group 2 and 3 books were used to prepare the questionnaire.
- State Education Coordinator Mrs. Kavita Bhatnagar guided us at every step with her precious reviews and suggestions during the project.
- District coordinators of each district played an important role in dealing with the students and above all, Bal Vikas gurus assisted us to conduct classes and reconnect with the students.



# **CHAPTER 7 – PROJECT FINDINGS AND RECOMMENDATIONS**



## SRI SATHYA SAI NATIONAL LEADERSHIP PROGRAMME FOR SELF TRANSFORMATION



First of all, we collected the data of dropout students of Bal Vikas group 2 and 3 and found out the reasons for dropping out classes . During this process ,some of the prominent reasons that we came to know were study pressure or transfer of the parents to other cities etc. We decided to reconnect with those students so that we can inculcate the values of Bal Vikas in their minds . Then we decided to conduct Balvikas classes according to their timings on weekends and we did so.

The suggestions that could be implemented is that if we observe the students in our Bal Vikas classes and try to find out the reasons of not attending classes within two or three weeks of their absence, then we can keep those students involved without any hurdle and then we could be able to deal with the problem from the very starting . Here ,we cannot deny the role of parenting. Parenting, at a certain interval of time, helps to motivate and encourage the parents as well as the students to take benefit from Balvikas classes and be an example for others to follow.



# CHAPTER 8 – LESSONS LEARNT (Success & Failure Stories)

## **Collective Learning:**

As it is clear by the word 'collective learning' is that the ability to share information so efficiently that the ideas of individuals can be stored within the collective memory of communities and can accumulate through generations. A collective learning process by which a social system increases its ability and desire to serve itself, its members, and its environment.

In this, there is no surety to get success only it have many chances to get failure also but no matter who is responsible for success as well as failure. Everyone is responsible for everything because during project execution, many times we all faces harshness of each other many of us didn't have proper time to gave on the project. Even I also did the same so due to lack of time many



times we faced failures but with the coordination of each other now we reached here at this point from where everything is looking as we all dreamed out.

**Individual Learning:**

<b>Name</b>	<b>Self-Transformation</b> <i>(Learning/Experiences during the Project Lifecycle)</i>
Kashish Malhotra	<p>Om shri Sai ram as I individual said about my experience and learning by my project and the whole journey of sssnlp that was unexplainable but after all the session I have learned a lot but all of the other things first and the most important is that how I manage my life with all my works and by this it helped me a lot in my project is that how to manage all the things and to deal with the problem which comes at the time when we do the project thank u so much sssnlp team for the wonderful journey and give me this opportunity</p> <p>On the other hand when we talk about our group experience so that was awesome I can't believe that I can manage our project with so easily this is only possible by our session which helped us a lot for completing our project and these sessions helped me a lot in my day to day life because in the beginning I can't manage my project work and my office work but after I attend my session it's so easy for me to handle both with full of energy this thing happens only with the help of our sessions thank u so much sssnlp team Sai ram</p>
Divya Bharadwaj	<p>There were various things that I learnt during this program. It was a very enlightening period of my life. I learnt a lot of things in which the most important were teamwork and coordination. Every bit of work counts and every work has its importance, this is the thing that I must say was very important for me. It was a leadership program and I learnt how to lead from the front and what I should inculcate to be an example for everyone.</p>





# **CHAPTER 9 – REFERENCES (Documents, Links, Etc.)**



## SRI SATHYA SAI NATIONAL LEADERSHIP PROGRAMME FOR SELF TRANSFORMATION



1. <https://sssbalvikas.in/>
2. <https://ssssoindia.org/balvikas/>



# APPENDIX

1. <https://forms.gle/MAyjuxyk7s7pw8fe6>
2. <https://forms.gle/Kkd7k34kZXVHa5xy9>
3. <https://forms.gle/dKzksbx85GXwbU9x6>