



Service Activities is the highest Sadhna

A Project as a Course requirement for Sri Sathya Sai National
Leadership Programme for Self-Transformation

Abhishek Sharma

SSSNLPST-2020-M002



Sri Sathya Sai Seva Organisations, India

In association

with Sri Sathya Sai Institute of Higher Learning

(Deemed to be University)

Vidyagiri, Prashanthi Nilayam Campus

December, 2020



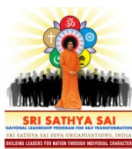
SRI SATHYA SAI

NATIONAL LEADERSHIP PROGRAM FOR SELF TRANSFORMATION

SRI SATHYA SAI SEVA ORGANISATIONS, INDIA

BUILDING LEADERS FOR NATION THROUGH INDIVIDUAL CHARACTER

DEDICATED AT THY LOTUS FEET



SIKKIM

SRI SATHYA SAI NATIONAL LEADERSHIP PROGRAMME FOR SELF TRANSFORMATION

CERTIFICATE

This is to certify that this Project titled "Service Activities is the highest Sadhna" completed by the participants for the Sri Sathya Sai National Leadership Programme for Self-Transformation Batch 2020 from the STATE **SIKKIM**, is a bonafide record of the original work done under the supervision of the undersigned as a Course requirement for the completion of the National Leadership Program.

Sri Punam Pradhan
(Project Director - SP)

Sri Pramod
(National Team Member)

Sri C.P Gurung
(Project Guide - SYC)

Place: Gangtok
Date: 19 December 2020



DECLARATION

The Project titled “**Service Activities is the highest Sadhna**” was carried out by the team under the supervision of the State President, the National Team Member, State Youth Coordinator for the Certificate Programme as a part of the Course requirement for Completion and has not formed the basis for the award of any degree, diploma or any other such title by this or any other University.

Abhishek Sharma
SSSNLPST-2020-M002



ACKNOWLEDGEMENTS

We dedicate this project to our Eternal Charioteer, Bhagawan Sri Sathya Sai Baba, who is the guiding force and source of all our endeavors.

We thank the Chairman & the Academic Board members for their complete support and providing this wonderful opportunity.

We thank the Registrar, the Controller of the Examinations, and the team of Experts from Sri Sathya Sai Institute of Higher Learning, for providing focused direction and encouragement to achieve our objectives.

We also thank the National Coordinators for Medical / Services / RVTC / Vidhya Jyothi / Bal Vikas and other National Team Members for spending their time providing support & guidance to the project report and at the same time giving valuable feedback.

A big thanks to the State President Sri Punam Pradhan, for providing us with all the resources and being a pillar around which we could create our project.

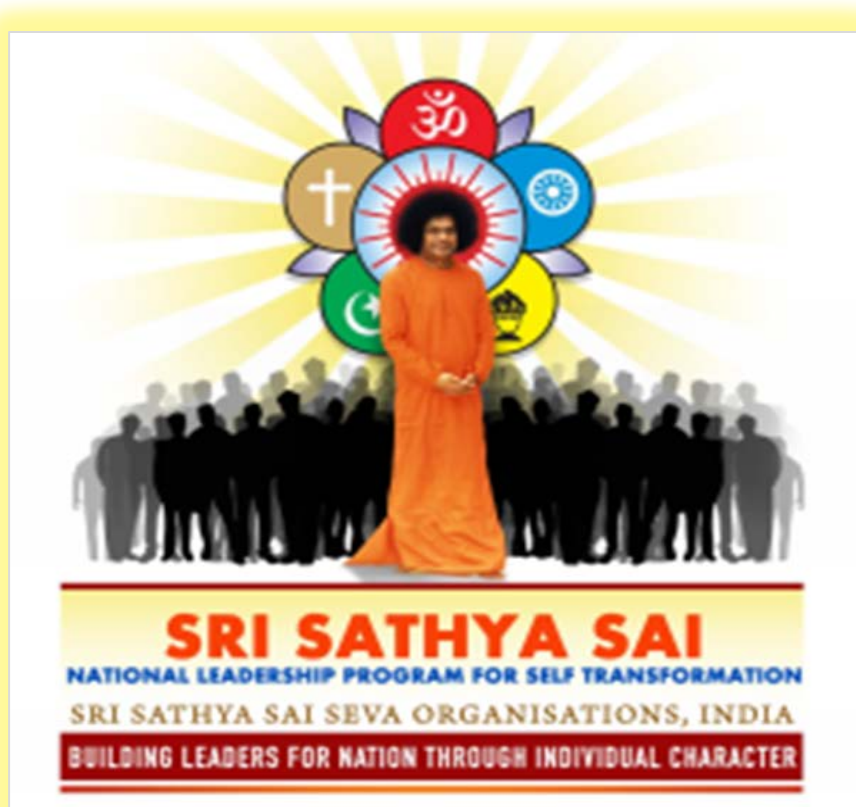
We also like to thank the National Team Coordinator Sri Pramod for his/her guidance on this project.

We would like to extend our gratitude to the State Youth Coordinator Sri C.P Gurung for the most valuable support and feedback throughout our work.

We are deeply indebted to our family members, for instilling confidence and positive energy in us when it was most required.

Thanks a lot!

Jai Sairam!



Project Report: Service Activities is the highest Sadhna

Project Title	Service Activities is the highest Sadhna
Batch	SSS National Leadership Program Batch 2019-20
Duration	9 months
Team Composition	Abhishek Sharma
State	Sikkim



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1 Project Summary

Service to Man is Service to God. The project is undertaken to encourage the members of Sai Organisation specially youths towards the service which is the basis of our organisation by implementing various changes to existing service activities and developing a new ideas to increase the participations with selfless motive. Unique service activities always encourage the youths. While I was attending certain service programme I have observed the number of participants is relatively low and the ratio of youths are much lower than expected so I have decided an urgency to analyse the reasons and try to solve it using suitable techniques that I have learnt in SSSNLP Course. The outcome expected was to increase the number of youth participants in every service activities somehow the actual outcome is that it's quite difficult to convince them so we all are in progress of motivating youths through various method. Service is a medium for self-transformation and development so focusing towards it can be very beneficial.

2 Objectives

Intension to involve more and more members in Organisational activities because the Seva is the easiest way to get transformation as Swami said. Unique seva activities has to be carried out to motivate our Sai Members even to office bearers. Sustainable thinking of selfless seva or Service by every members is to be required.

3 Scope

To understand the actual meaning of our Birth. (*Paropkarartham Idam Sarira*).

3.1 Within Scope (area, beneficiaries, timeline, others)

Activities	Area	Timeline	Beneficiaries
Amrit Kalash	Mandali Area	10 th of Every Month	Needy family who is unable to afford basic needs.
Surrounding Cleaning	Residential Area	15 th of Every Month	People residing in the areas.
Household Bhajans	For entire mankind.	From 20 th August to 22 nd November	Entire mankind as a prayer for COVID Crisis.
Monsoon Preparedness Seva	State Level	12 th July 2020	Whole State as monsoon always brings certain problems like blockage and drainage
Online Satsangs	Individual Level	Time was not fixed earlier.	Personally for self-transformation



3.2 Out of Scope (tasks not included in the Project Charter)

1. Providing online education to Balvikas Students.
2. Mass Seva in the occasion of International Sevadal Day.
3. Participating in Online Vedam Classes and other Satsangs.
4. Contributing in construction of Sarva Dharma Kendra of our district.

4 Roles & Responsibilities (of team members)

Team Member – 1. Abhishek Sharma (Participants)

2. Sri Punam Pradhan (State President)

3. Sri C.P Gurung (State Youth Coordinator)

Activities	Roles	Responsibilities
Amrit Kalash	Seva Dal	To provide collected materials to needy family with office bearers.
Cleaning of Surrounding	Active Individual	Cleaning surroundings for health and hygiene.
International Seva Dal Day	Seva Dal	Participating in service activity and helping State President to conduct the program from Control Room
Online Balvikas Classes	Balvikas Guru	Providing online education to balvikas students.
Online Satsangs and classes.	Member of the organisation and Balvikas Guru	Attending vedam classes and online satsangs conducted by organisation.
Monsoon Preparedness Seva	Seva Dal	Opening blockages, cleaning surroundings and repairing drainages.

State President and State Youth Coordinator had guided and motivated me throughout the project. They responded whenever I required any type of help and they conducted many meetings to clear my doubts. They helped me by providing certain reports and resources whenever required.



5 Project Flow (phase-wise details, using project checklist pointers provided earlier)

Due to COVID Crisis I was unable to work properly in the field of Service but whatever I have done regarding my project is described below.

5.1 Phase 1: Conception & Initiation

I discussed with coordinators of SSSSO and found that the participation of youths in service activities is extremely low due to various reasons so I decided to introduce various changes to existing service activities and introduce unique techniques and activities which may encourage youths as well as office bearers to understand the importance of service. I continuously attended the meetings conducted by SSSSO and analysed the reasons and number of participants in each and every program directed by the organisation. I found that there is extremely need of some major changes in the activities of organisation so that we can encourage many people for selfless service. Project Charter and Project Initiation Document was prepared.

5.2 Phase 2: Definition & Planning

Now I started planning about the activities that can be undertaken and started preparing Gantt Charts and Work Breakdown Schedule. The budget chart was hence not prepared because the activities was difficult to undertake in COVID crisis so generally online methods were used where only the cost was on recharging Internet Balance and paying taxi fare while travelling to various places in case of collecting reports. The communication was planned through whatsapp, phone calls and online meeting applications like zoom, Google meet etc.

5.3 Phase 3 & Phase 4: Launch/Execution & Performance/Control

Amrit Kalash was provided on 10th of every month along with few office bearers in our mandali. Surrounding was cleaned on 15th of every month with the help of few people residing in the area. Household Bhajans was continuously performed from 20th August to till date. I participated in Monsoon Preparedness Seva on 12th July at State Level conducted by our organisation. I actively attended all the online sessions and satsangs conducted by our organisation and recorded the number of participants as well as tried to analyse the problems. I participated in Mass Seva on the occasion of International Sevadai Day and observed the activities performed in whole State through Control room with State President Sir. I was conducting online Balvikas classes side by side. Due to COVID crisis, we were unable to perform all the service activities and our project timeline is only upto November but the activities will be continued in future and the above mentioned activities are all those which I was able to perform throughout my project timeline.

5.4 Phase 5: Project Closure & Evaluation

I am here closing my project by stating that this year due to COVID Crisis I was unable to work properly in my project. Since our project submission month is November but this project will be continued in future. The objectives of my project is quite difficult to evaluate in short term so we have to analyse it in long term. I have observed a relative increase in number of participants in service activities and hope



that it will continuously increase in future. I will be attending each and every programme of the organisation and will observe the number of participants in it. Although I am neither The Think Tank Member nor a office bearer but still as a student of swami, I will keep on working in our organisation.

6 Resources and Tools Used (finance, manpower, hardware, software, technology, etc.)

Technology is a prior resource used in the project as it has been a crisis of COVID so everything was online medium. All the meetings were online. Balvikas classes were through online medium. Few sevadals, office bearers, youths were human resources who contributed through sevas and helping me whenever required during my project. Softwares used during the projects are online applications like Zoom, Google meet, Whatsapp etc and Microsoft applications while preparing reports and so on. A laptop and a mouse attached in it were used as a hardware during my project. The finance resources used was much less because everything was going online so any area where finance was used was while recharging internet, visiting to mandir for collection of reports and was taxi fare.

7. Project Recommendations

6.1 Recommendations implemented in the current project

I have recommended for online balvikas classes which was implemented in my current project and is continuously going on. I have analysed and found the various reasons because of which the participation of youths are generally decreasing and recommended many ideas of which few are implemented and others may be implemented in future. I have also recommended a slight changes in existing service activities out of which few are implemented in the current project.

6.2 Recommendations parked for future implementation/scale-up

For future implementation, I have recommended to handover various service activities to youth which can encourage them to participate in future. I have recommended to create a group of youths and divide them into 3 branches of our organisation which will help in the functioning of the organisation as well as youths will realise their responsibilities and get motivated. I recommended to keep bhajan sessions in the middle of every program because bhajan is a medium of motivating youths which will also help everyone to participate till the end of the program,.

7 Lessons Learnt (success & failure stories)

7.1 Collective learning (Project)

I did coordinated with our SP sir, SYC, National coordinators and State coordinators throughout my project. I realised the importance of coordination and teamwork while working as a team. I realised the importance of service in daily life. The project helped me to develop my individual Sadhna.



7.2 Individual learning (Self Transformation)

Name	Self-Transformation <i>(Learning/Experiences during the Project Lifecycle)</i>
Abhishek Sharma	I started getting engaged in every service activities.
Abhishek Sharma	I started practicing daily Sadhna which made me more disciplined and sincere in daily life.
Abhishek Sharma	I started coordinating with each other while working as a team.
	I started motivating and encouraging others to get engaged in service activities by explaining them its importance.
	I started maintaining balance by managing every phase of life systematically.

8 References (documents, links, etc.)

The things I have referred throughout my project is given below:-

1. Sanatan Sarthi of various months.
2. Sathya Sai Speaks of different volumes.
3. Reports provided by state coordinators during project.
4. sathyasai.org for discourses on service.
5. sssbpt.info for discourses by Sathya Sai.
6. Sri Punam Pradhan (State President), Sri C.P Gurung (State Youth Coordinator), Sri Bivek Chettri (State IT Coordinator) and other office bearers of the organisation for discussing the various phases of project as well as taking guidance from them throughout the project.