Sai Ram! Dear Brothers & Sisters!

Our country is going through the most unprecedented and unpredictable times of our life. Second wave of COVID-19 is spreading more than the first wave and as a country we are facing huge challenges in terms of infrastructure of hospitals, beds, oxygen and medicines.

To get this under control, we need to get maximum people vaccinated in minimum time. Government has already put in a good infrastructure to get the people of India vaccinated but the number of people taking the vaccine is still low. What can we do?

#### **VACCINATION AWARENESS SEVA:**

1) We can ensure that our family, maids, drivers, cleaners, liftmen, dhobi, peon etc (above 45 years of age):-

2) Get educated about vaccination, and get them enrolled and registered for vaccination in their nearest vaccination Center. I am sharing a link of the video by Dr Mohan on the importance of vaccines – both Covaxin and Covishield. This video needs to be dubbed in your local language or rerecorded correctly by a doctor in your state in the local language and shared with all.

#### Video Link:

https://youtu.be/HFVYpR-abBU

The video must be shared with one and all.

- 3) Support and encourage them by giving them leave for 2 days, giving them transportation money to the vaccination Center etc.
- 4) Encourage and ensure that your own family members and that of your staff and their family who are eligible to get vaccinated, go and get vaccinated.

5) Look around our ecosystem- friends, family, workers, colleagues who come in touch with us on a regular basis are vaccinated.

If each one of us, can take ownership and responsibility that all around us (at home, in office, in our organisation) who are eligible, get vaccinated immediately and inspire and motivate them to encourage others, it will collectively help us to get India becoming healthier once again.

Please start this service from the houses of our devotees and then connect with everyone around virtually (over phone, mail, WhatsApp and NOT in-person) to ensure maximum people around us are vaccinated. Make a list of people in your ecosystem and track the number of people you have encouraged and ensured that they get vaccinated.

### VACCINATE ALL OUR MEMBERS OF THE SRI SATHYA SAI SEVA ORGANISATIONS:

Further, Please ensure that all members of the Sri Sathya Sai Organisation are vaccinated expeditiously. Especially our Seva Dal, Bal Vikas Gurus Bhajan Gurus etc This is to be done on top priority.

Each State will vigorously continue the awareness campaign to promote covid appropriate behaviour in the local language of the state and spread it all over the state especially in the Adopted Villages in the Rural Areas of your state. The motivation to get the vaccine jabs has to be stressed. For this purpose, please ensure that appropriate posters, videos and materials in the local language reaches the maximum number of people in your state. Each State President to record videos in local languages and spread in the state to all Samithis.

### Support of Oxygen Concentrators to the Needy in Emergency

We have all been observing that lack of immediate Oxygen support in some places has really hit the country hard. Lives that could be saved have been lost due to this grim situation. For such cases which are mild and there is a need of immediate oxygen till the patient is moved to the Medical Centre where he could continuous Oxygen support we are planning to procure Oxygen Concentrators. One Life saved is a family saved! Keeping this in view, the Sri Sathya Sai Seva Organisations, India is planning to buy concentrators on a lot basis which I shall keep you informed.

In the meanwhile, I also suggest that some research is done at your end and see if you can move in this direction.

The approximate cost of a Oxygen Concentrator is ranging between Rs.60,000 to 90,000/- in India of different brands . I shall keep you posted on the development on the same.



## Support of Industrial Oxygen Concentrator to PHCS with 20-40 bed hospital under Government

It has also come to my notice that, some of the Primary Health Centres in different states especially tribal belts lack the facility of oxygen support though they have 20 – 40 beds. In such centres, the Sri Sathya Sai Seva Organisations intend to play a vital role by setting up min Oxygen Plants which could generate 100 Litres of Oxygen that could support 10-12 patients in a Intensive Care unit . The approximate costing for each such plant

is about 12 Lakhs and we are negotiating with suppliers for final quote and supply details.



#### FREQUENTLY ASKED QUESTIONS FAQs:

The people have a lot of confusion with respect to the Covid Virus and with respect to the various dos and Don'ts. I am sharing with you a set of FAQs prepared by Dr Mohan which should be translated in all languages and reached to all right till the Samithi Level. The FAQ could be printed and also inserted the Sri Sathya Sai Covid Seva Support Kit of which I have written about in this mail. The FAQ document is attached.

#### SRI SATHYA SAI COVID SEVA SUPPORT KIT:

The Sri Sathya Sai Seva Organisations has like the Sri Sathya Sai Amrut Kalasham Kit, created under medical advice, a Sri Sathya Sai Covid Seva Support Kit which will help the beneficiary to protect himself/herself. There has been evident publications that to boost immunity some necessary actions need to be done at an individual level.

Keeping this in view, the Sri Sathya Sai Covid Seva Kit has been prepared. This should be gifted to the underprivileged/susceptible as well as the needy in Slums / Villages etc as the need with decimation.

The kit contains support for a month for an individual.

### SRI SATHYA SAI COVID SEVA SUPPORT HOME KIT - FOR 30 DAYS / PERSON

	ITEM	COST /UNIT	NO OF UNITS	TOTAL(RS)
SNO		(RS)		
1	SWAMI PICTURE ( WHY FEAR WHEN I AM HERE( DESIGN WILL BE GIVEN BY AIP OFFICE )	6	1	6
2	VIBHUTI PACKET	5	1	5
3	MASKS - WASHABLE MASK	15	2	30
4	ZINCOVIT	100 PER STRIP	2 STRIPS	200
5	VITC	20 PER STRIP	2 STRIPS	40
6	STEAM INHALING UNIT	100	1	100
7	INHALER (VICKS)	50	1	50
8	VICKS INJALING DROPS	1 50 ML	1	150
9	DO'S AND DON'TS (PRINT MATERIAL)	2	1	2
		TOTAL		583

#### STEAM VAPORISER

#### MASK



**VICKS INHALER** 

VICKS VAPOURUB





Each State will coordinate with each other and endeavour that this kit reaches all the needy and especially the rural adopted villages as soon as possible. Please speak to your respective Trust Convenors and oblige for financial Support. The

Central AIP Office will also try and help in this respect.

#### LOCAL TELEMEDICINE CENTRES:

Each Samithi will establish and share a local helpline number preferably Samithi wise for blood donation / Plasms donors from a list of Established donors in the area and also form a group of local Sai Devotee Doctors to give advice and succour to patients in the local area by telemedicine venture. The State Presidents may use their own discretion in terms of the methodology of setting up these local telemedicine centres.

# ISSUE OF PERMITTING OUR PREMISES FOR COVID RELIEF VACCINATIONS:

As we go ahead there will be a shortage of beds and vaccination Centres. A portion of open spaces or a portion of the premises in the Sai Centres in the State and Sri Sathya Sai Schools in the State if required by the local authorities can be made Government available the local to and in the National Interest for the authorities authorities to conduct covid related activities. It is to be remembered that we are only offering our should premises and we not take any responsibility for the patient care as we are not competent to do so as an Organisation. Our select Volunteers who have been vaccinated fully may on an arm's length basis with full adherence to Covid protocols assist in support activities like discipline centres, vibhuti Distribution and Swami's at Prasad Photo Distribution etc.

# SHARING LOCAL INFORMATION FOR BENEFIT OF ALL CITIZENS:

Each Samiti to keep a database of availability of hospital beds and oxygen centres at the local level to be given online on a helpline number. Larger Samithis to ensure that Oxygen made available on demand and make preparation to store a small quantity of Emergency Oxygen.

#### **AWARENESS HOARDINGS:**

Each State to seek Hoardings which are free and unutilised in various places in the State for creating Awareness for precautions to be taken and importance of vaccination. These hoardings should have Swami's blessings and should be designed with great humility and as an act of Seva.

#### **COLLECTIVE SPIRITUAL PRAYERS:**

On the Spiritual Front let us all apart from whatever Sadhana is already happening collectively as a nation start the Collective Gayatri Jap from 9 to 9.15 pm every day because it is our faith that Swami can save the entire Mankind and HE will. Let us profusely distribute Vibhuti to all who are affected and are believers especially to all members of our Organisation and all Devotees in general.

## COMMUNITY KITCHENS AND NARAYAN SEVA:

Let us once again set up Community Kitchens in every District wherever necessary ONLY to help with simple food or Food Grains for the affected people especially in non-hospital Covid camps where the situation is grim. Our efforts to distribute Food grains must be continued as we had done in the first phase of the pandemic.

Needless to say that all earlier instructions to ensure that our Seva dal in general are not exposed continues with the same strictness.

**Loving Regards** 

**Yours in His Service** 

**Nimish Pandya** 

**All India President** 

Sri Sathya Sai Seva Organisations India

"Transforming Self to Transform the World" www.ssssoindia.org