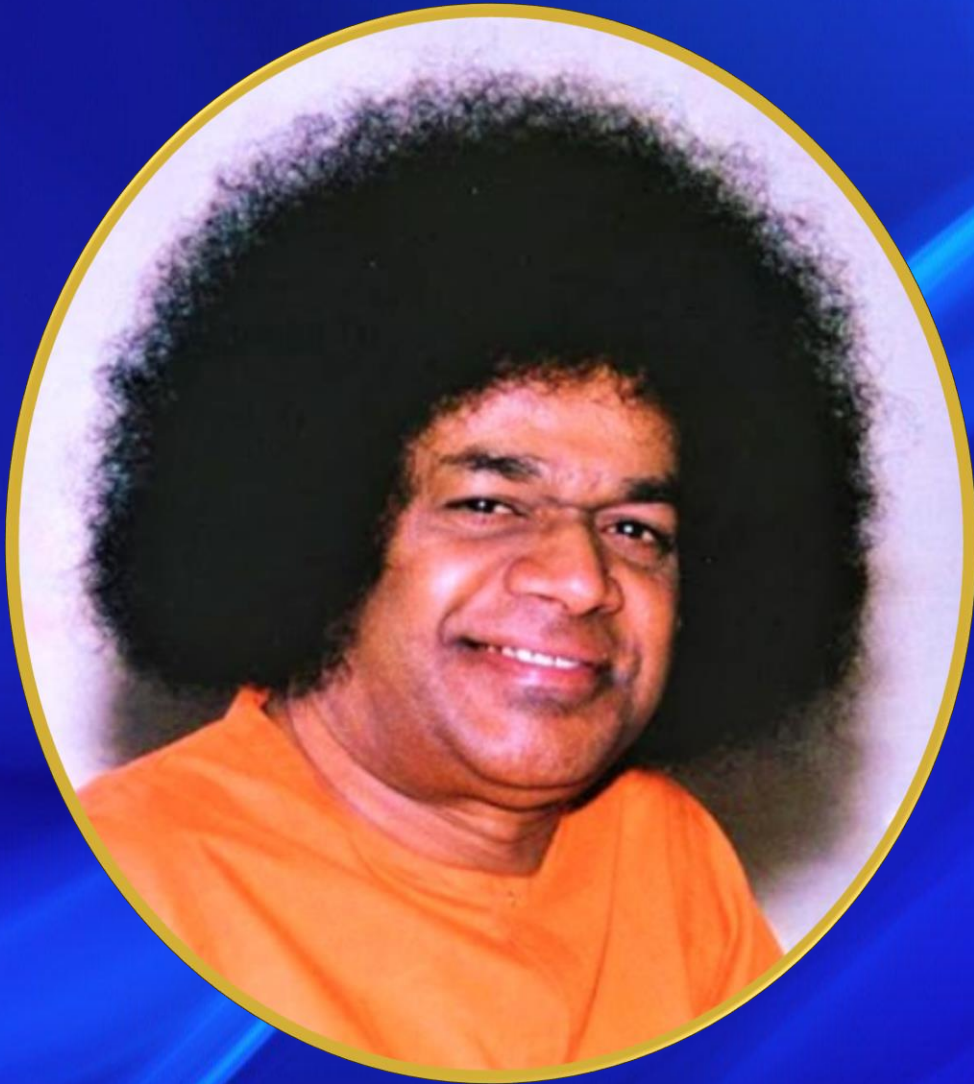




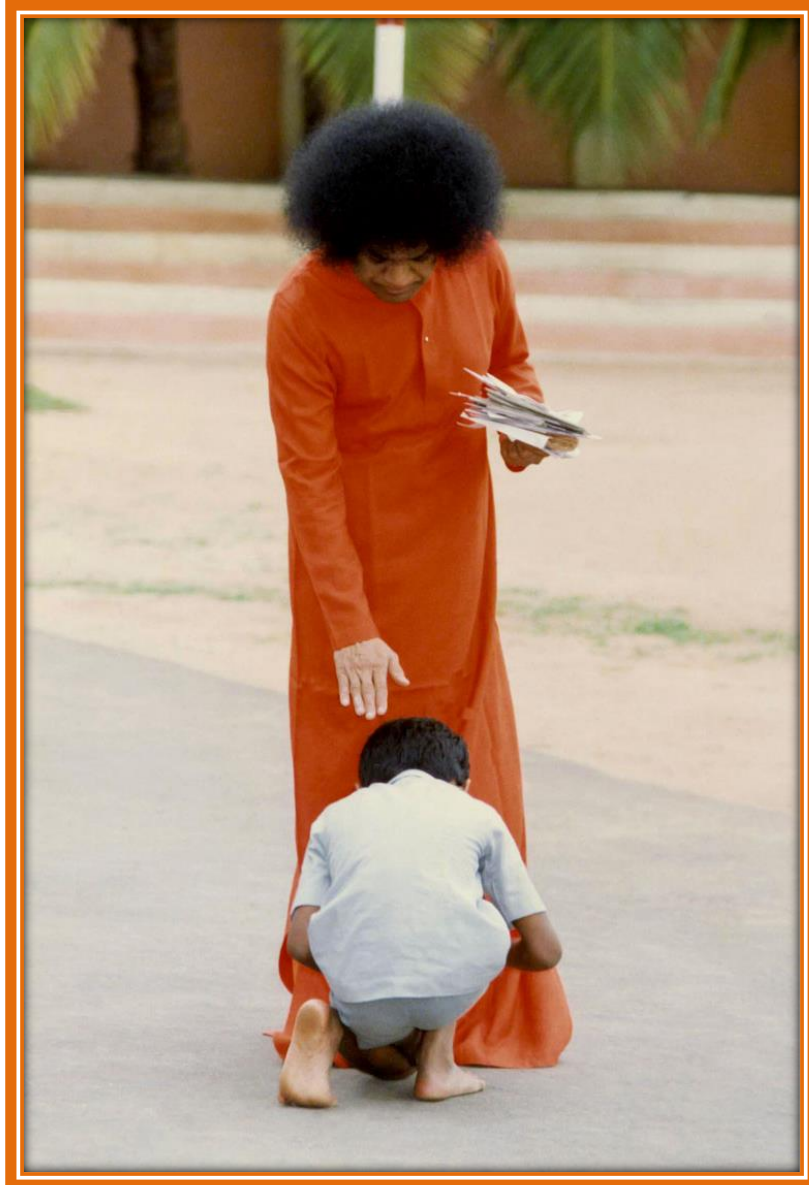
**SRI SATHYA SAI SEVA ORGANISATIONS  
KARNATAKA**



**ANNUAL REPORT  
2019-2020**

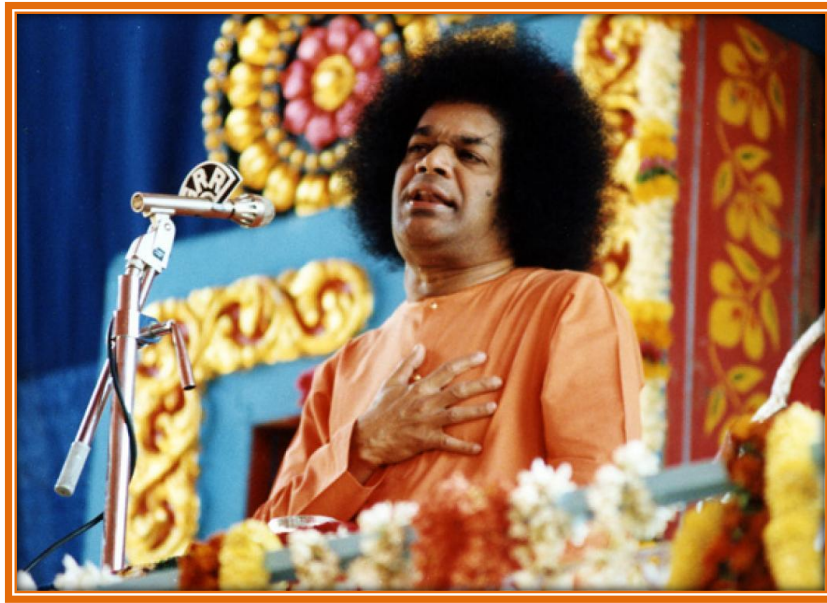


*Dedicated with Loving Pranams at the Divine Lotus Feet of  
Bhagawan Sri Sathya Sai Baba*



*Dearest SWAMI,  
Thank you for giving us an opportunity of a lifetime to serve  
You. We pray to You to guide us in becoming Your worthy  
instruments and hold our hands and lead us in every moment of  
our life as per Your Divine Will.  
We Love You!*

## Prayer of Surrender



Why get agitated? Let Me take care of all your business. I shall be the one who will think about them. I am waiting for nothing else than your surrender to Me, and then you do not have to worry any more about anything. Say farewell to all fears and discouragement. You demonstrate that you do not trust Me. On the contrary, you must rely blindly on Me.

To surrender means: To turn your thoughts away from troubles, to turn them away from difficulties that you encounter and from all your problems. Leave everything in My hands saying, "Lord, Thy will be done. Thou think of it." That is to say, "Lord, I thank you, for you have taken everything into your hands, and you will resolve this for my highest good."

Remember that thinking of the consequences of a thing is contrary to surrender. That is to say, when you worry that a situation has not had the desired outcome, you demonstrate that you do not believe in My love for you —you prove that you do not consider your life to be under My control and that nothing escapes Me.

Never think: How is this to end?... What is going to happen? If you give into this temptation, you demonstrate that you do not trust Me. Do you want Me to deal with it — yes or no? Then you must stop being anxious about it! I shall guide you only if you completely surrender to Me. And when I must lead you on a different path than the one that you expect, I carry you in My arms.

What seriously upsets you is your reasoning, your worrying, your obsession, and your will to provide for yourself at any price. I can do so many things when the being, in his material necessities as in his spiritual ones, turns to Me saying, "You think of it," and then closes his eyes and rests quietly. You will receive a lot, but only when your prayer relies fully upon Me. You pray to Me when in pain so that I intervene, but in the way you desire it. You do not rely on Me, but you want Me to adjust to your requests.

Don't behave like sick ones who ask for a treatment from the doctor, all the time suggesting it to him. Do not do that, but rather, even in sad circumstances, say, "Lord I praise and thank You for this problem, for this necessity. I pray You to arrange things as You please for this terrestrial, temporal life. You know very well what is best for me."

Sometimes, you feel that disasters increase instead of diminish. Do not get agitated. Close your eyes and tell me with faith, "Thy will be done. You think of it." And when you speak thus, I accomplish a miracle when necessary. I think of it only when you trust me totally. I always think of you, but I can help you completely only when you rely fully on Me.

**-Bhagawan Sri Sathya Sai Baba**

## **Foreword by Convenor, Sri Sathya Sai Trust & Sri Sathya Sai Education Trust Karnataka**

Om Sri Sairam

By the abundant grace of our Beloved Lord Bhagawan Sri Sathya Sai Baba Varu, Sri Sathya Sai Trust Karnataka has been able to carry on with its service activities even during the most challenging times in the recent history of mankind. The year 2020 will be remembered for the humongous challenges the world had to face. At the same time, it provided the Sai Sevaks with another opportunity to serve society.

As chosen instruments of our beloved Lord Bhagawan Sri Sathya Sai Baba Varu, Sri Sathya Sai Trust Karnataka along with Sri Sathya Sai Seva Organisations, Karnataka served the needy with 22,890 Amruta Kalasa packets containing essential groceries required for a family which benefited 1.2 lakh Narayanas. These Amruta Kalashas were distributed all over the State with the active participation of dedicated members of Sri Sathya Sai Seva Organisations - Karnataka.

This apart, the community Kitchens at 6 Centres provided hygienically packed fresh food to 109,500 of migrant laborers during the lockdown period. The Trust supported Teachers of Sri Sathya Sai Schools with 700 Amruta Kalashas during the lockdown period. The Trust expended major portion of the expenditure towards these relief activities.

Technology initiative to conduct online classes and training programs were well implemented. Thousands of students were provided with this facility which could keep both the Teachers and Students meaningfully engaged.

Nithya Narayana Seva, a reach-out programme to offer food to the attendants of patients was extended to National Institute of Oncology in Kalaburagi. The program continues in Kidwai Institute of Oncology.

“Sai Dhanvatari”, Mobile Medical Vans, were provided in 14 Districts to take medical assistance to the doorsteps of the suffering poor. The Trust continued to support all the Medical activities.

Trust has taken up construction of school buildings at Bagalakote and Honnavar. It is also proposed to build a new school building in Vijayapura.

The Trust has also taken up the construction of Sri Sathya Sai Seva Kshethras in Sirsi and Vijayapura. All the buildings are nearing completion.

Sri Sathya Sai Trust and Sri Sathya Sai Education Trust offer their humble pranams at the divine lotus feet of beloved Bhagawan Sri Sathya Sai Baba Varu for providing opportunity to serve as His chosen instruments and rededicate themselves to serve the Society.

Yours in Sai Seva,

**B.R.VASUKI**

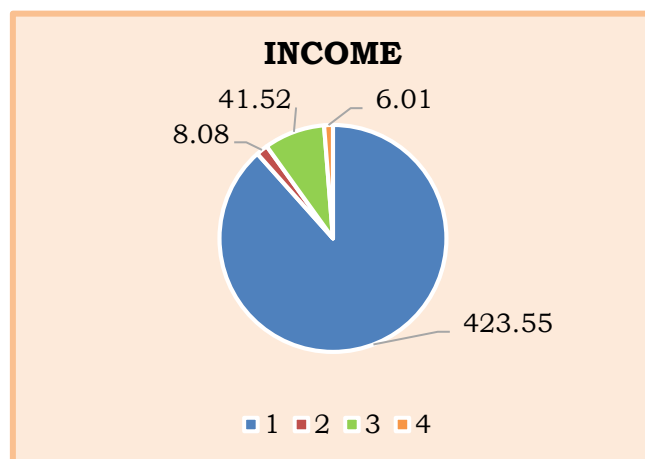
**Trustee- Convenor**

**Sri Sathya Sai Trust - Karnataka**

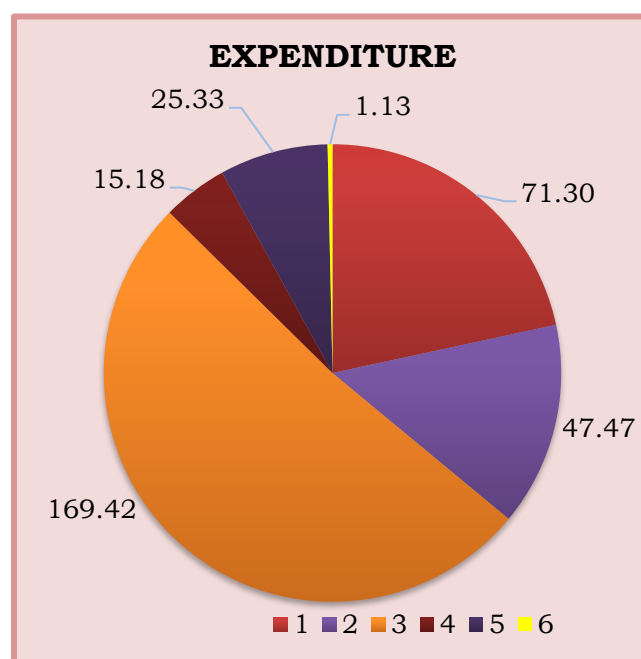
**Sri Sathya Sai Education Trust – Karnataka**

## SRI SATHYA SAI TRUST KARNATAKA FINANCIAL STATEMENT for the Year 2019-2020

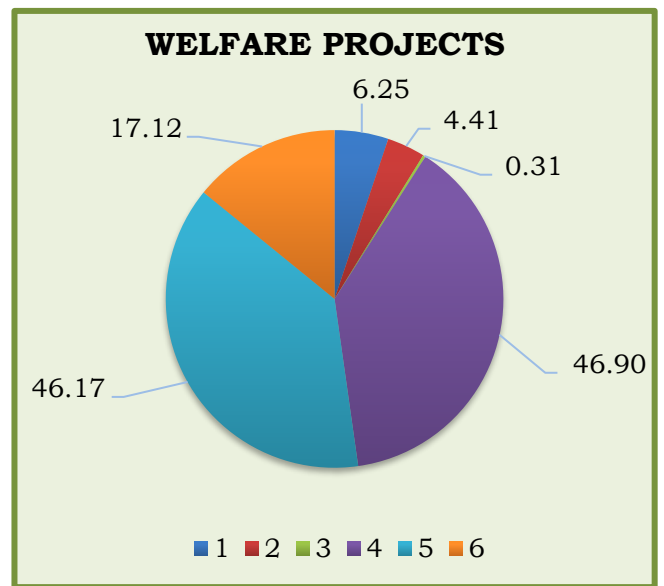
<b>INCOME</b>		(Amount in Lakhs)
1	Voluntary Contributions and Donations	423.55
2	Interest from Savings Bank Account	8.08
3	Interest from Investments	41.52
4	Misc. Income	6.01
<b>TOTAL</b>		<b>479.16</b>



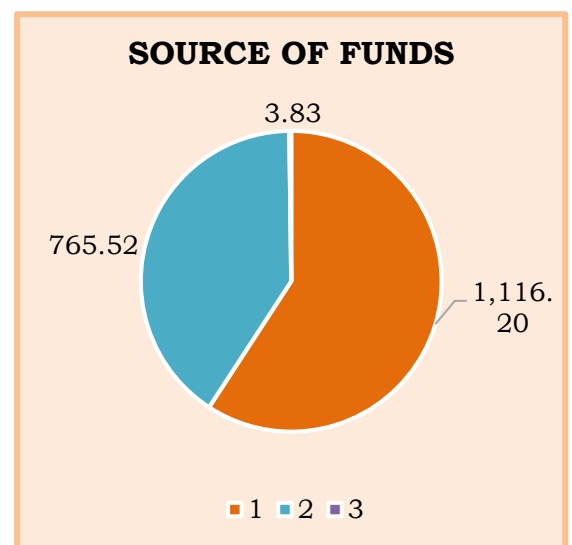
<b>EXPENDITURE</b>		(Amount in Lakhs)
1	Educational Expenses	71.30
2	Medical Relief Expenses	47.47
3	General Public Utility	169.42
4	Establishment & Administration Expenses	15.18
5	Depreciation on Fixed Assets	25.33
6	Other Miscellaneous Expenses (Audit Fee, Rates & Taxes etc)	1.13
<b>TOTAL</b>		<b>329.83</b>



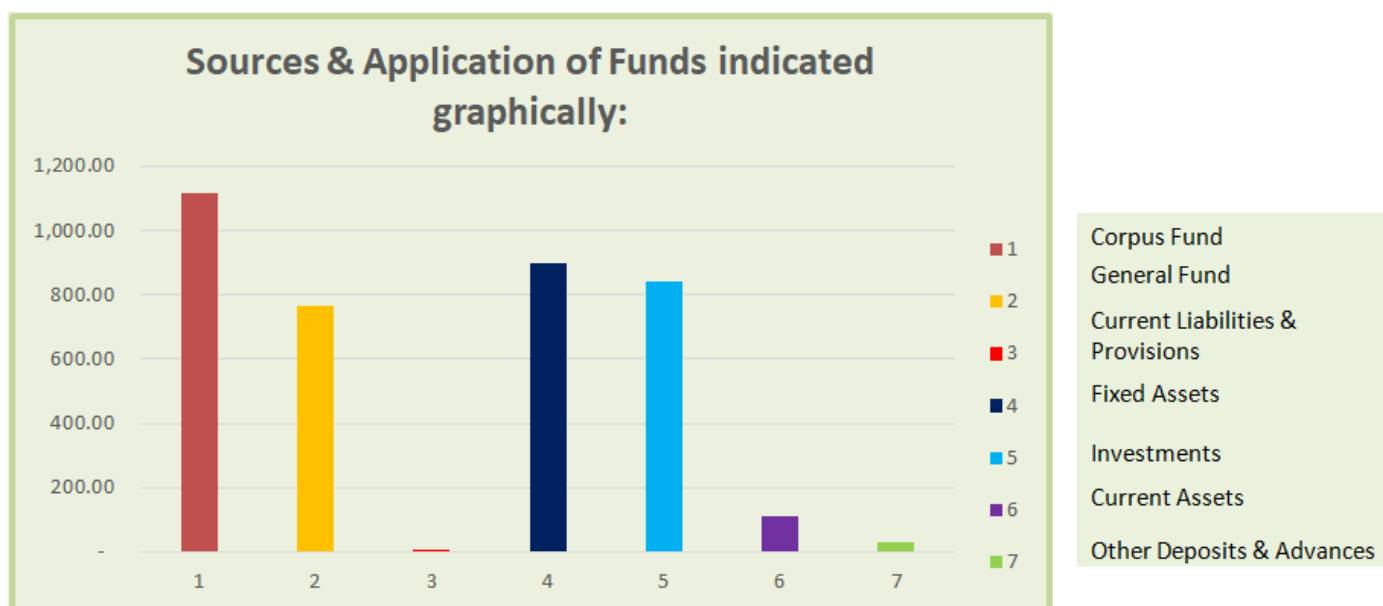
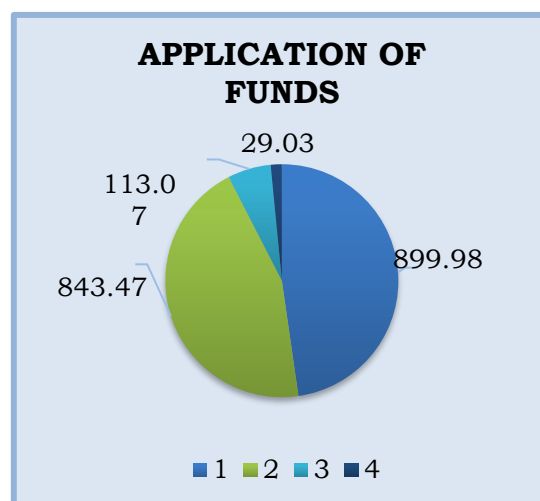
<b>WELFARE PROJECTS - RUNNING EXPENDITURE</b>		(Amount in Lakhs)
1	Sri Sathya Sai Seva Kshetra, J P Nagar	6.25
2	Old Age Home, Kundapur	4.41
3	Sri Sathya Sai Seva Kshetra, Rajajinagar	0.31
4	Sri Sathya Sai Schools in Karnataka & Education Activities	46.90
5	Nithya Narayana Seva	46.17
6	Sevadal Mess Maintenance, SSSIHMS	17.12
<b>TOTAL</b>		<b>121.16</b>



<b>SOURCES OF FUNDS</b>		(Amount in Lakhs)
<b>Capital Funds &amp; General Funds</b>		
a)	Corpus Fund	1,116.20
b)	General Fund	765.52
<b>Total</b>		<b>1,881.72</b>
Current Liabilities & Provisions		3.83
<b>TOTAL</b>		<b>1,885.55</b>

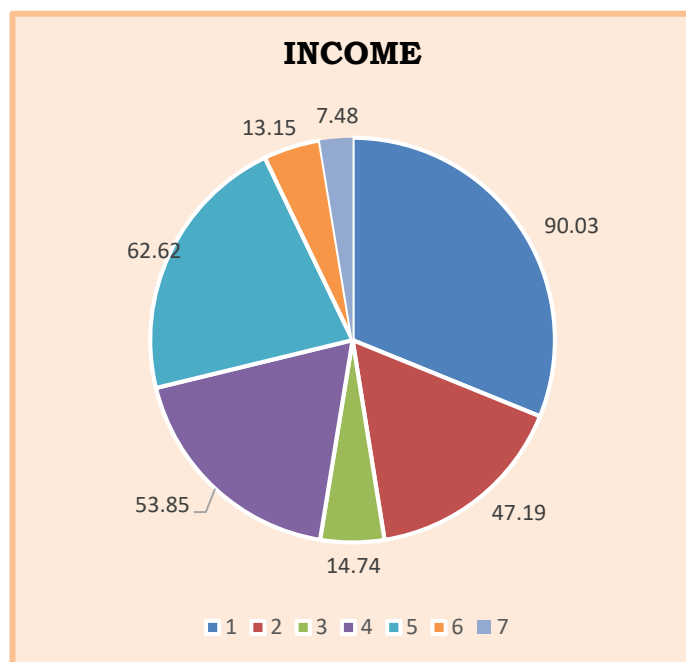


APPLICATION OF FUNDS		
(Amount in Lakhs)		
1	Fixed Assets	899.98
2	Investments	843.47
3	Current Assets (Cash & Bank Balances)	113.07
4	Other Deposits	29.03
	<b>TOTAL</b>	<b>1,885.55</b>

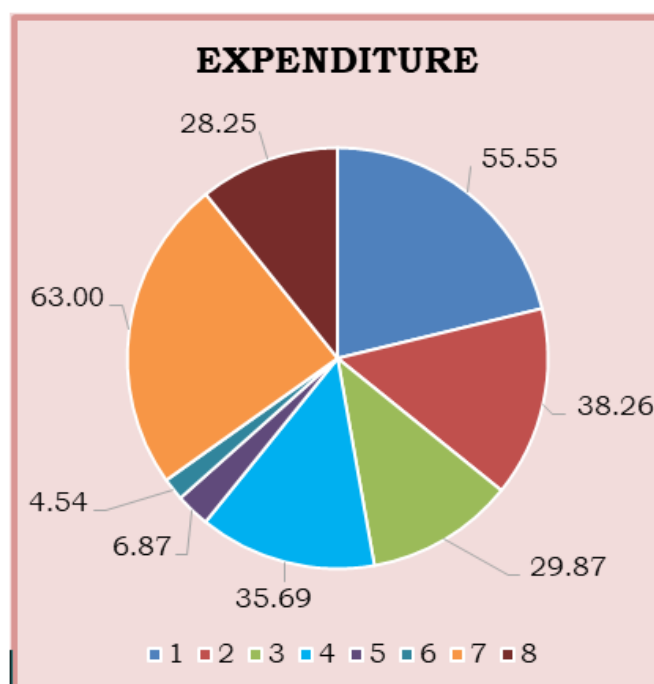


# SRI SATHYA SAI EDUCATIONAL TRUST KARNATAKA FINANCIAL STATEMENT for the Year 2019-2020

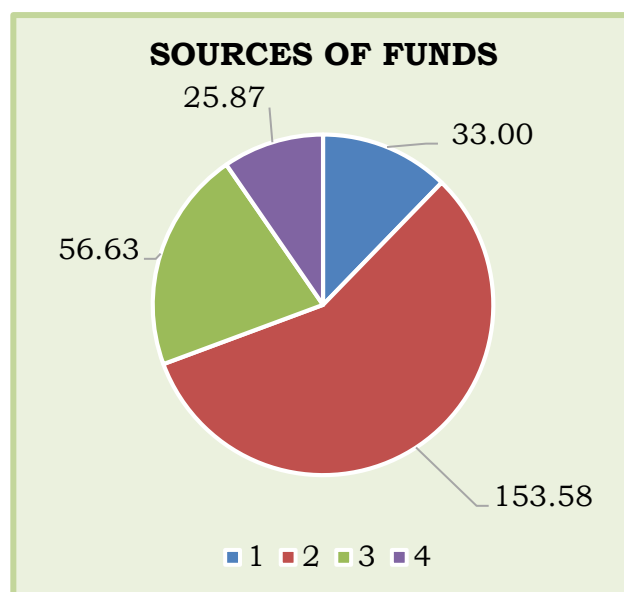
<b>INCOME</b>		(Amount in Lakhs)
1	Tuition Fees and Other School Fees	90.03
2	PUC Fees	47.19
3	College Fees	14.74
4	Hostel Fees	53.85
5	Voluntary contributions	62.62
6	Rent from Letting out Auditorium	13.15
7	Interest & Other Income	7.48
	<b>TOTAL</b>	<b>289.04</b>



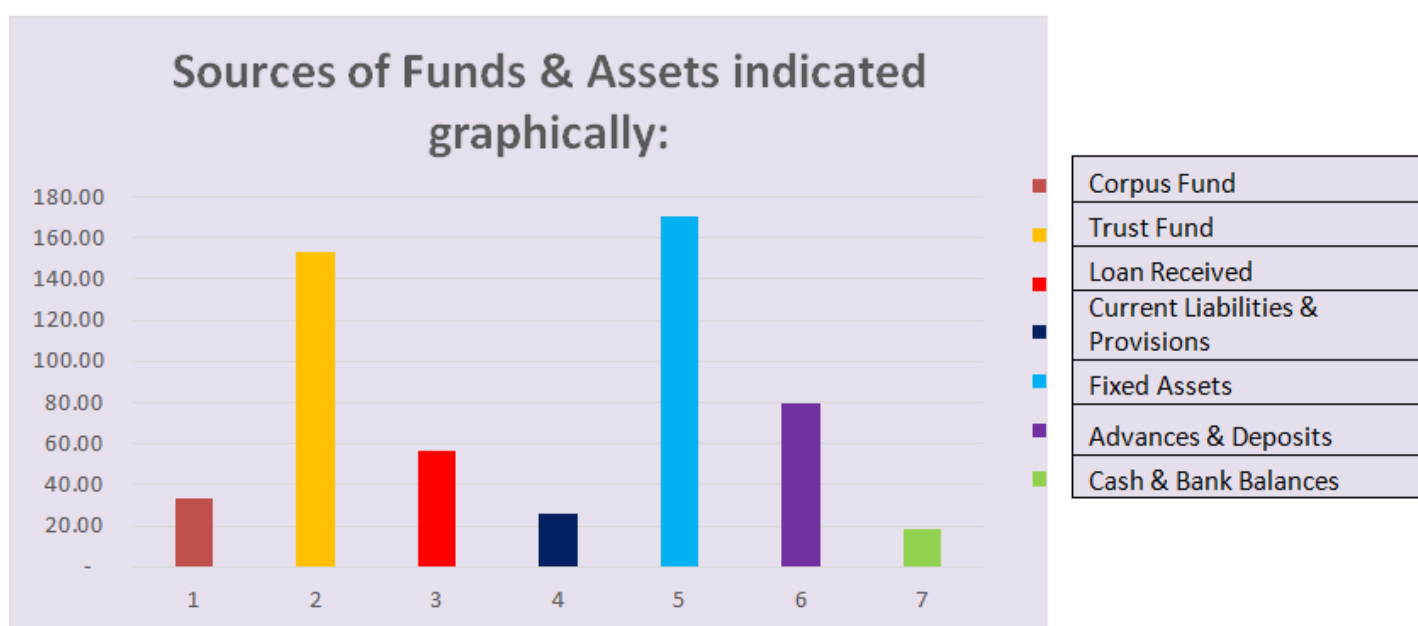
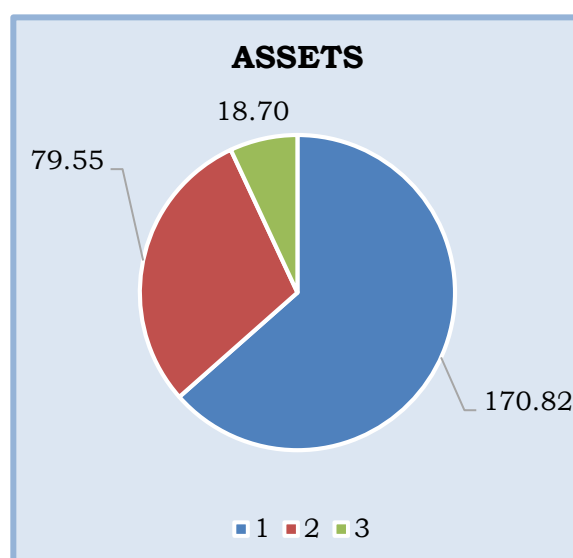
<b>EXPENDITURE</b>		(Amount in Lakhs)
1	School Expenses	55.55
2	PUC Expenses	38.26
3	College Expenses	29.87
4	Hostel Expenses	35.69
5	Auditorium Maintenance	6.87
6	Application, Registration fees	4.54
7	Establishment & Administrative Expenses	63.00
8	Depreciation	28.25
	<b>TOTAL</b>	<b>262.02</b>



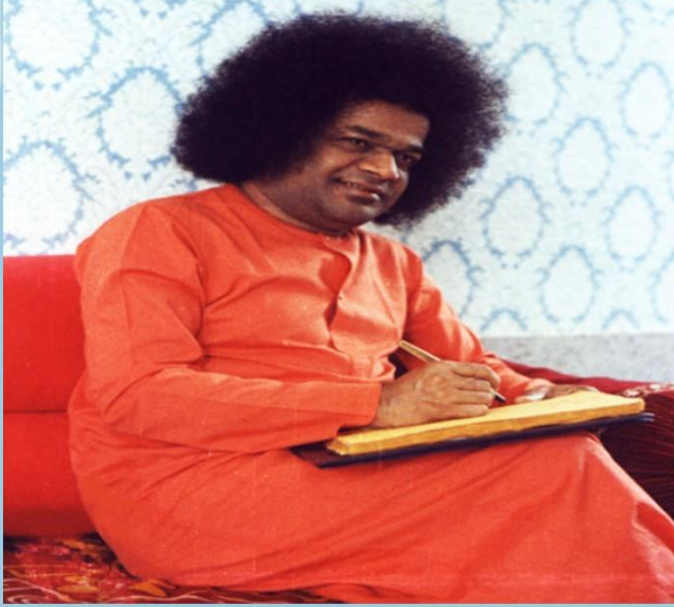
<b>SOURCES OF FUNDS</b>		(Amount in Lakhs)
1	Corpus Fund	33.00
2	Trust Fund	153.58
3	Loan Received	56.63
	<b>Total</b>	<b>243.21</b>
4	Current Liability & Provision	25.87
	<b>TOTAL</b>	<b>269.07</b>



<b>ASSETS</b>		(Amount in Lakhs)
1	Fixed Assets	170.82
2	Advances & Deposits	79.55
3	Cash & Bank Balances	18.70
	<b>TOTAL</b>	<b>269.07</b>



## SRI SATHYA SAI PUBLICATIONS SOCIETY KARNATAKA (Regd)



"You should choose those subjects which are related to the heart. If you do not go by the dictates of the heart, you will not be successful. An author should write good books, books that are beneficial to one and all. We should not print unnecessary things. Many books brought out in the outside world gives rise to worldly desires. What is happening to all those books? Nobody is reading them. What ever subject is pleasing to the heart should be the subject matter of books. They are true and eternal"- Bhagwan Sri Sathya Sai Baba

Bhagawan Sri Sathya Sai Baba blessed the setting up of Sri Sathya Sai Publications Society, Karnataka in the year 1993 for the upliftment of devotees in their spiritual path. Out of His boundless Love and Blessings, the Society is actively pursuing the agenda of spreading His Life, messages and discourses. Since its inception, the society has been publishing various Sai Literatures in Kannada and English and recording and releasing CD's of major programmes.

### Activities during the year 2019-20

#### SAI LITERATURES:

##### ❖ New Titles:

The Society released "Sathya Sai Baba Igalu Idhare" – 1023 books.

##### ❖ Re-Printed Titles:

Considering the great demand of the devotees, the Society reprinted the following Title:

Brindamrutham (New) – 1045

Ramakatha Rasavahini – 500  
Neethi Paatagalu - 2000

The following Balavikas Books are based on the five human values-Truth, Right conduct, Peace, Love and Non-violence .These books were re-edited by enhancing the contents in view of the changing times and also by including new activities of Sri Sathya Sai Organisations relevant to the Balavikas children. The books have been brought out in an attractive format by including colorful images to give a very attractive appearance for the children.

Sri Sathya Sai Balvikas Part 1(K) New – 2000  
Sri Sathya Sai Balvikas Part 1(E) New – 3033  
Sri Sathya Sai Balvikas Part 2(K) New – 1000  
Sri Sathya Sai Balvikas Part 2(E) New – 2000  
Sri Sathya Sai Balvikas Part 3(K) New – 1000

The editorial team is working on various titles under Sai Literatures for future publications.

❖ PURCHASES :

The books were in great demand and hence they were procured from other Sai Organisations and it was ensured that the devotees could get these books.

Lessons from the Divine Life of Young Sai Part 1 – 100

Lessons from the Divine Life of Young Sai Part 2 – 90

Sparkle Laminated Photo – 5000

Poornavata Diary – 120

Tapovanam – 200

Bhajanavali – 100

❖ BRINDAMRUTHAM APP: The user friendly app created by our IT team has helped millions of devotees in different parts of the world to listen to Sai Bhajans along with details like Raaga, Thala etc. The app initially included more than 1900 Bhajans lyrics. During the current year more than 200 bhajan audios have been included in the app making it pleasantly devotional to hear. During this year 860 devotees have installed the app and are enjoying the nectar of Sai Bhajans.

❖ SALES: All Sai Literatures, Audio CD were made available to the devotees and general Public in various modes according to their requirement. The following organization wings supported the society in this noble venture.

- Sri Sathya Sai Sadhana Trust, Prashanthi Nilayam
- Sri Sathya Sai Book Centre, Brindavan

- Seva Dal Office , SSSIHMS Whitefield
- District Presidents of SSSSOKA
- Sai Kendras in the State
- Sathya Sai Schools in Karnataka
- Book Stall in District and State Programmes

The sales for the year 2019-20 was Rs. 21.07 Lakhs

### SANATHANA SARATHI

With the blessings of Bhagawan Baba, the Society took up the responsibility of compiling articles, collating Sai experiences, editing, printing and publishing Sanathana Sarathi Kannada monthly magazine from August 2015. With utmost devotion to Bhagawan and under the able editorship of Dr. Udaya Dharmasthala and Publisher Sri. Umesh Olekar, the messages of Bhagawan are communicated widely and effectively.

We receive regular communication and positive response from the readers of the magazine. Appreciation is being received from Devotees and many compliment the high quality of the magazine that is maintained in publishing Sai Literature. On an average the circulation was around 5200 during the current year. All Sathya Sai Schools have taken active role in spreading Sai Message to the students and parents through the Books and Magazine.

Incidentally in few cases there was a delay in delivering the magazine for reasons beyond our control and the subscribers called up to inform that Swami has not reached their homes. This shows the importance given by the devotees for Swami's magazine.

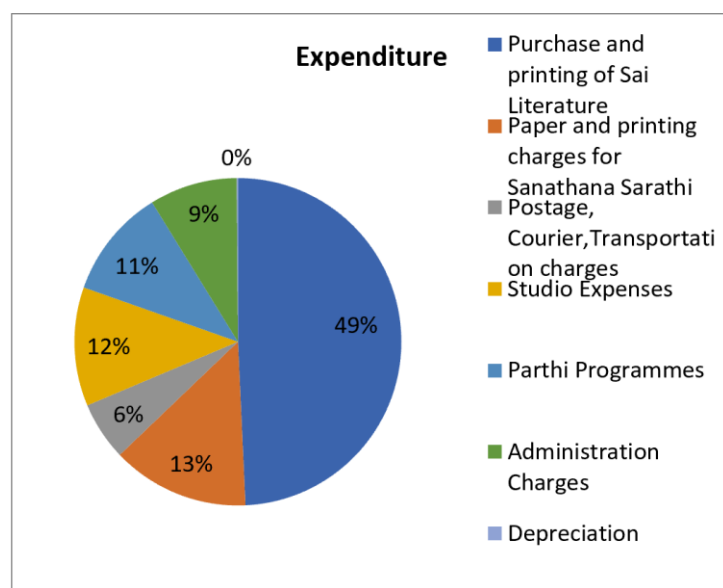
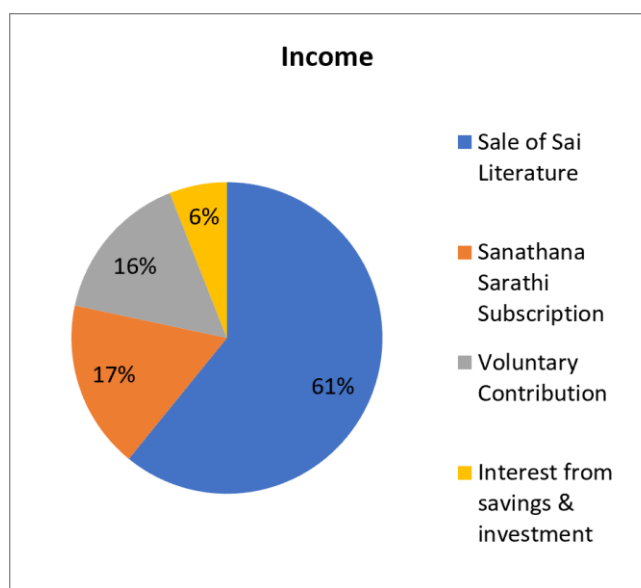
The subscription amount at which the magazine is distributed is Rs.100/-, Rs.200/- and Rs.300/- for 1, 2 and 3 years respectively.

**CONCLUSION:** The Society rededicates itself to enhance the activity in spreading Sai Message in the years to come. A large number of devotees, Sevadal volunteers and staff of the Society have contributed their services to this wing of SRI SATHYA SAI SEVA ORGANISATIONS. We pray Swami to bless all those who have dedicated their time and effort towards the service activity.

## THE FINANCIAL STATEMENTS

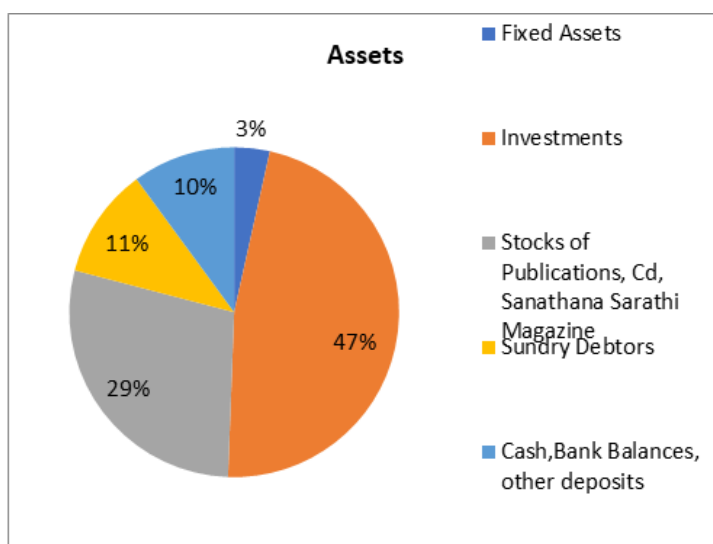
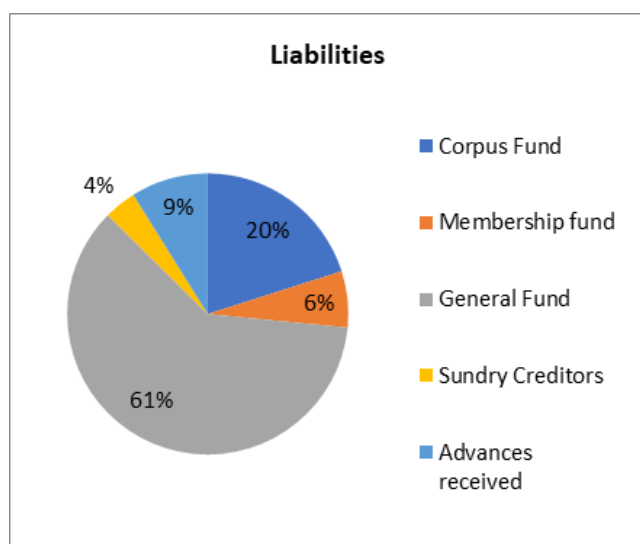
Income	Amount in Lakhs
Sale of Sai Literature	16.36
Sanathana Sarathi Subscription	4.7
Voluntary Contribution	4.21
Interest from savings & investment	1.61
<b>Total</b>	<b>26.88</b>

Expenditure	Amount in Lakhs
Purchase and printing of Sai Literature	12.43
Paper and printing charges for Sanathana Sarathi	3.43
Postage, Courier, Transportation charges	1.46
Studio Expenses	2.96
Parthi Programmes	2.73
Administration Charges	2.19
Depreciation	0.03
<b>Total</b>	<b>25.23</b>



Liabilities	Amount in Lakhs
Corpus Fund	9.62
Membership fund	3.1
General Fund	29.15
Sundry Creditors	1.77
Advances received	4.26
<b>Total</b>	<b>47.9</b>

Assets	Amount in Lakhs
Fixed Assets	1.67
Investments	22.57
Stocks of Publications, Cd, Sanathana Sarathi Magazine	13.65
Sundry Debtors	5.19
Cash, Bank Balances, other deposits	4.83
<b>Total</b>	<b>47.91</b>



## **Foreword by State Presidents of SSSSO Karnataka North & Karnataka South**

Om Sri Sairam.

These are momentous Times! It is the loving grace of Bhagawan Sri Sathya Sai Baba that has helped us all through the Covid Pandemic days to keep safe and yet render outstanding Seva to the poor and needy.

When the Pandemic struck, it brought in its wake an unprecedented demand of self-discipline, adherence to guidelines, social responsibilities and total devotion and commitment. Bhagawan's 9 point of Code of Conduct and teachings had prepared us well and our Organisation rose as one to render exemplary service.

Immediately on announcement of lockdown we took measures to create awareness among our members and devotees to strictly abide by Covid Guidelines and introduced online programmes to observe all regular activities of Education and Spiritual wings.

Maha Narayan Seva was the first challenge. With support from Sri Sathya Sai Trust, Karnataka, Amruta Kalasa programme was launched. Bags containing grocery items listed by Bhagawan Himself were prepared, dispatched to all the Districts who distributed them to the needy through designated authorities. Total 22289 Amruta Kalasas were distributed and over 1.2 lakh Narayanas were benefited.

When the call came from the Government to feed the migrant labor, we started 7 Community Kitchens in Bengaluru Central, Bengaluru East, Bengaluru Rural, Bengaluru South, Dharwad, Mysuru and Mangaluru. Quality food was prepared in very hygienic conditions, packed and delivered to designated authorities for distribution. Totally 109,500 packets were distributed.

5000 Surgical gloves and PPE Kits were donated to Hospitals by Mangaluru Samithi.

When the problems of migrant labor surfaced in July 2020, we came out with the programme to distribute Atta Packets of 5kg to them. 2136 packets totaling 10680 kg of Atta was distributed.

When the call came from National Seva Coordinator, we responded by taking up seva at Prasanthi Nilayam and 550 (Gents and Mahila) Sevadal excelled with disciplined seva.

A programme for Distribution of Blankets was taken up to mitigate the sufferings of migrant labor and over 10,000 blankets were distributed.

“Sai Bhajanamrutham” was celebrated during 1<sup>st</sup> to 23<sup>rd</sup> November, 2020, in 144 Samithis and in 3195 households to mark Bhagawan’s Birthday.

Vatavruksha saplings were planted in 10 Centres.

Considering the Covid environment, more emphasis was given to increasing House BalVikas Centres. More than 50 new Centres were added.

The most significant aspect of our working during 2020 has been the move towards online activities and best use of Technology Thanks to the initiative by our I.T team online meetings at State and District level became common occurrence and major programmes like Vahini Swadhyaya, Train the Trainer sessions, Sri Sathya Sai Pancharatna Kritis training, Balvikas parenting and training of BalVikas Gurus could be successfully implemented.

Going back, during 2019, we had major achievements which are listed briefly here:

1. Maha Narayan Seva to over 2 lakh Narayanas.
2. Sri Sathya Sai General Medical & Dental Mobile Bus was introduced in Uttara Kannada District to provide medical services to the suffering in interior and hilly areas, where no medical facilities are available.
3. Two students from our Sri Sathya Sai Vidya Jyothi Schools were the winners from Karnataka in a National Essay Competition on Cleanliness.
4. Athi Rudra Maha Yagnam was organized on a grand scale at Bhadravathi in Shivamogga District.
5. Annual Easwaramma Puraskara honored
6. 41 day Spiritual Sadhana Programme and Prashanthi Bike Pilgrimage of Youth Wing was carried out successfully with enthusiastic participation from all over the State.
7. Nithya Narayan Seva was introduced in Kalaburagi District at Kidwai National Institute of Oncology.
8. All National / State level Programmes were conducted with devotion and grandeur.

For us, taking charge as State Presidents in August 2020, the most momentous event for our Organisation in Karnataka has been the elevation of Sri.Nagesh Dhakappa as Member of the National Council. He had led the State Organisation for over 3 decades with great competence. He has guided the members of the Organisation with love and care. He built up the Organisation in all the Districts of the State by extensively travelling and participating in all the activities. 81 Sri Sathya Sai Seva Kshethras and 67 Gram Seva Kendras stand majestically as true symbols of the Grace Bhagawan bestowed on Sri .Dhakappa by personally nominating him as State President. We are happy that he will continue to be associated with us.

We commit and dedicate ourselves to continue the rich tradition.

We also wish to acknowledge the excellent support and guidance received by us from Sri B.R.Vasuki, Convenor, Sri Sathya Sai Trust (Karnataka). He has been a great strength to us.

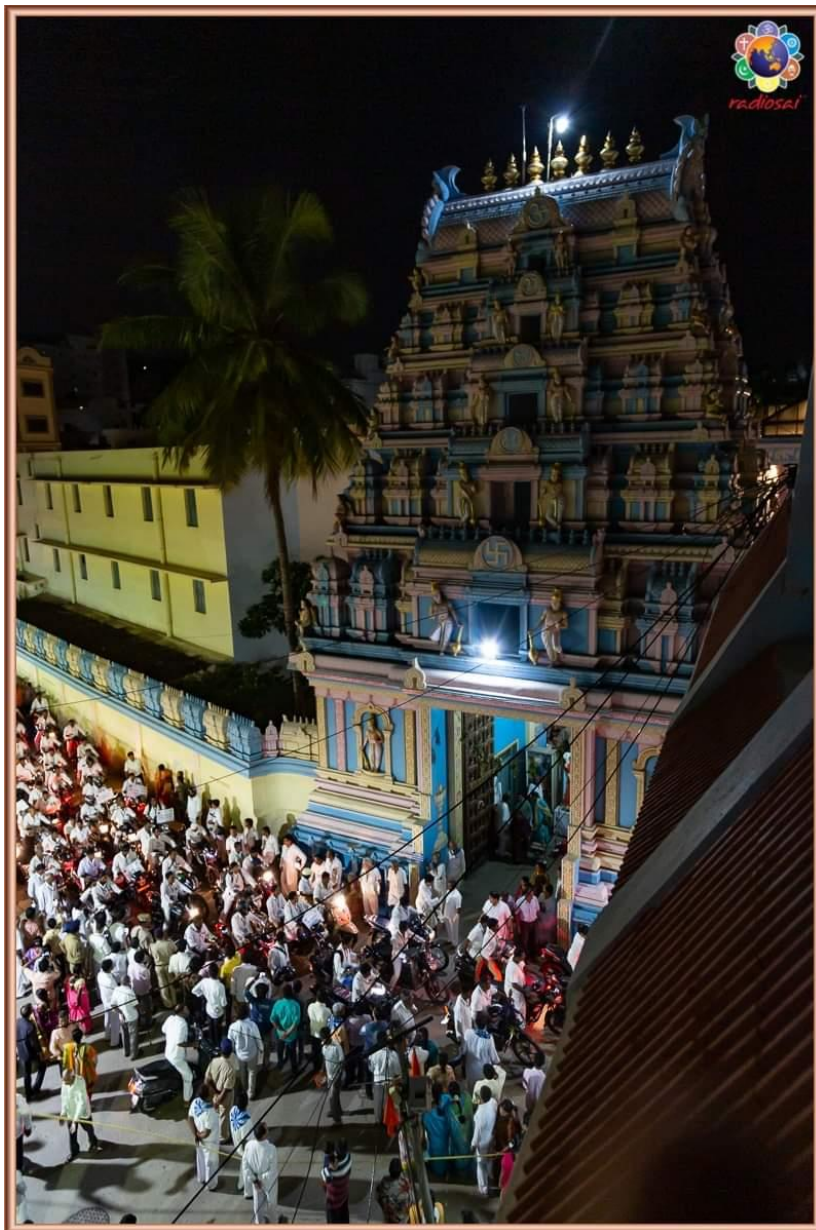
With prayers at the Divine lotus feet of Bhagawan,

Yours in loving Sai,

**M.PADMANABHA PAI**  
**(State President)**  
**KARNATAKA NORTH**

**VENKATRAMANA GOSAVI**  
**(State President)**  
**KARNATAKA SOUTH**

# SRI SATHYA SAI YOUTH SPIRITUAL SADHANA & PRASHANTHI BIKE PILGRIMAGE



## **Inspiring Sai Youth – through Spiritual Sadhana**

**Divinity is manifest in every living being. The same *Atma Tattwa* is present not only in human beings, but in every living being in the universe. But, one has to have a pure and selfless heart to realise this truth. In order to realise this truth, every human being has to constantly contemplate on God. By doing so, your heart will become pure and peaceful. The moment you attain that stage, God will surely perceptibly manifest in you. This must be your *Sadhana*.**

**-Bhagawan Sri Sathya Sai Baba**

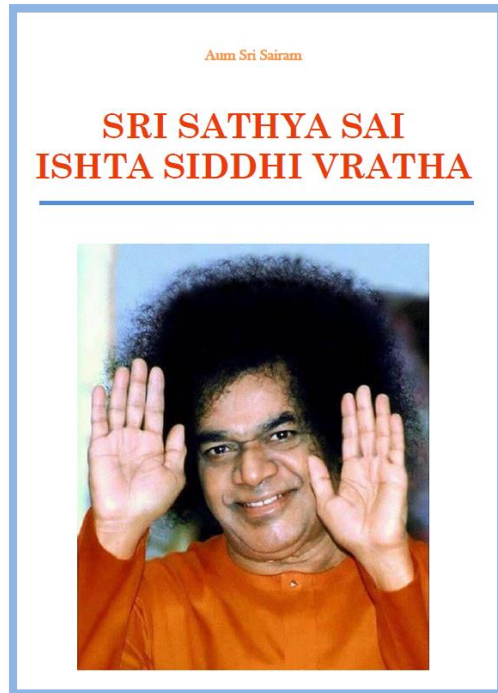
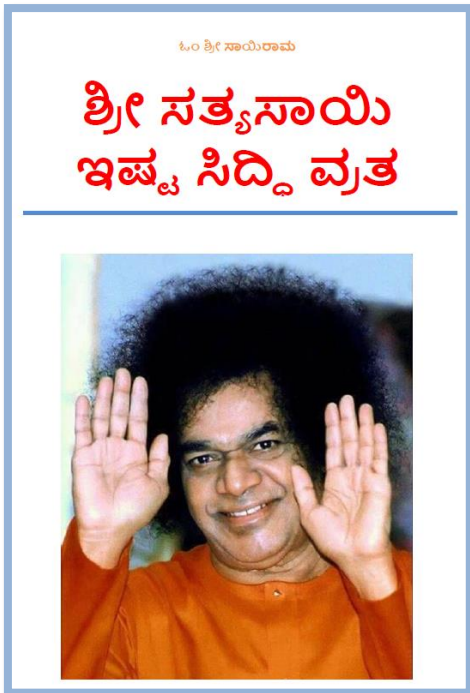
It is indeed a divine blessing of our most beloved Bhagawan Sri Sathya Sai Baba that we are born as Human beings who have the intellect to be able to reach the Divine himself, and being born as humans we have had the great fortune of being the contemporaries of the Poornaavatar of Kali age, and indeed even greater is the fortune of the few who are part of the Divine Avatic mission serving in an organisation established by the Lord Himself. In this regard the Sri Sathya Sai Youth of Karnataka were blessed to perform a 41-day Spiritual Sadhana from 02-Aug-2019 to 11-Sep-2019 to connect with the inner Divinity and then be able to offer their gratitude by visiting the Divine Abode of Highest Peace Prashanthi Nilayam through a Bike Pilgrimage from nook and corner of Karnataka.

### **41-day Spiritual Sadhana**

As Swami so lovingly explains that it is the contemplation on God alone that qualifies as true sadhana, it is important to sow the seeds of spiritual sadhana among the youth who are easily distracted these days. Swami has been very particular in emphasizing the importance of connecting the divinity within. However it is easier said than done at an individual level. Whereas when done in a community or a group of like-minded people, the enthusiasm just multiplies and paves the way for a successful conduct of a spiritual practice. This not only helps the individual who as part of the group was involved in sadhana but also helps him or her in maintaining the same routine even after completing the period of sadhana. The period

may vary from 21 days or 41 days which is said to give a lot of spiritual benefits to the Sadhaka.

Sai youth in Karnataka are actively engaged in service activities such as regular seva activities at samithi & district level, undertaking initiatives in SSSVJ, conducting HoPE program & Sai youth meets to connect and engage existing as well as new Sai youth. Apart from this the youth are also actively engaged in many state as well as national level programs that are conducted by the organisation. However a need was felt to rekindle the spiritual light that dampens every now and then due to the various distractions in the world we live in. It is also necessary to have spiritual strength to embark upon an arduous journey such as Bike Pilgrimage to Prashanthi Nilayam. Without the underlying current of continuous spiritual sadhana, it is nearly impossible to take up a mammoth programme such as the bike pilgrimage. Hence a 41-day Sadhana for Sai youth was chalked out wherein each Sai youth from different parts of Karnataka would undertake a common sadhana from dawn to dusk that will be in constant contemplation of the Lord. The Sadhana included performing 'Sri Sathya Sai Ishta Siddhi Vratha' every morning between 4am to 8am, adherence to self-discipline & 9-point code of conduct as laid out by Swami himself, practicing 'Ceiling on Desire' – the amount thus collected would be used for performing 'Sri Sathya Sai Satyanarayana Vratha Pooja' at samithi or district level in all districts of Karnataka.



**"Sri Sathya Sai Ishta Siddhi Vratha"** is one such spiritual practice which guarantees the boon often prayed (*Ishta*) during the vratha and when done for 41 days. It includes 21 times chanting of Aumkar, Sri Sathya Sai Suprabhata, Sri Sathya Sai Ashtottara shatanamavali (108 names of Bhagawan), Sri Sathya Sai Stuti, Gayatri mantra, Sai Gayatri mantra & sarva roga Nivarana mantra, followed by Aarati to Bhagawan.

**SSSVJ School children participating in Sri Sathya Sai Ishta Siddhi Vratha**



## Sri Sathya Sai Ishta Siddhi Vrata in Samithis



## Sri Sai Sathyanarayana Vrata Pooja

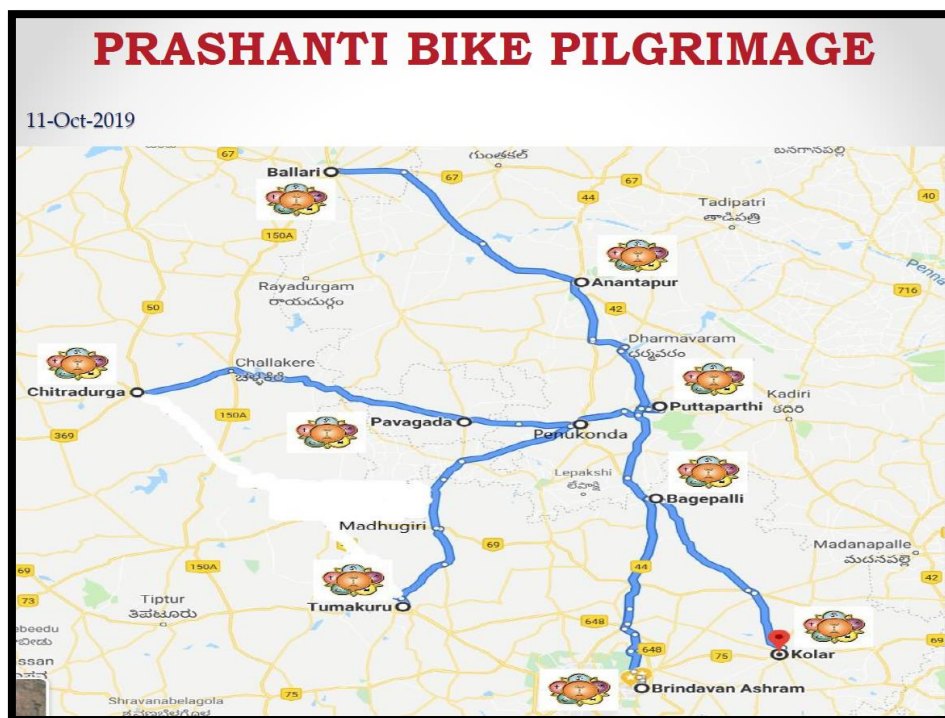


## The Planning

SSSSO Karnataka comprises of 35 Sai districts – from Northern districts starting from Bidar, Kalaburagi, Yadgir, Raichur, Koppala Ballari, Bagalakote, Vijayapura, Belagavi, Dharwad, Gadag & Haveri, Coastal districts – Dakshina Kannada, Kasargod, Udupi & Uttara Kannada, Central districts – Shivamogga, Davanagere, Chitradurga, Hassan, Chikkamagaluru & Kodagu, Southern districts – Bengaluru North, East, West, South, Central & Rural, Mandya, Mysuru, Chamarajanagar, Ramanagara, Chikkaballapura, Tumakuru & Kolar.

In order to facilitate smooth travel within and outside the state, three nodal points were earmarked – Ballari, Pavagada & Bengaluru. Ballari catered to northern districts, Pavagada to central districts and Brindavan, Bengaluru to southern districts.

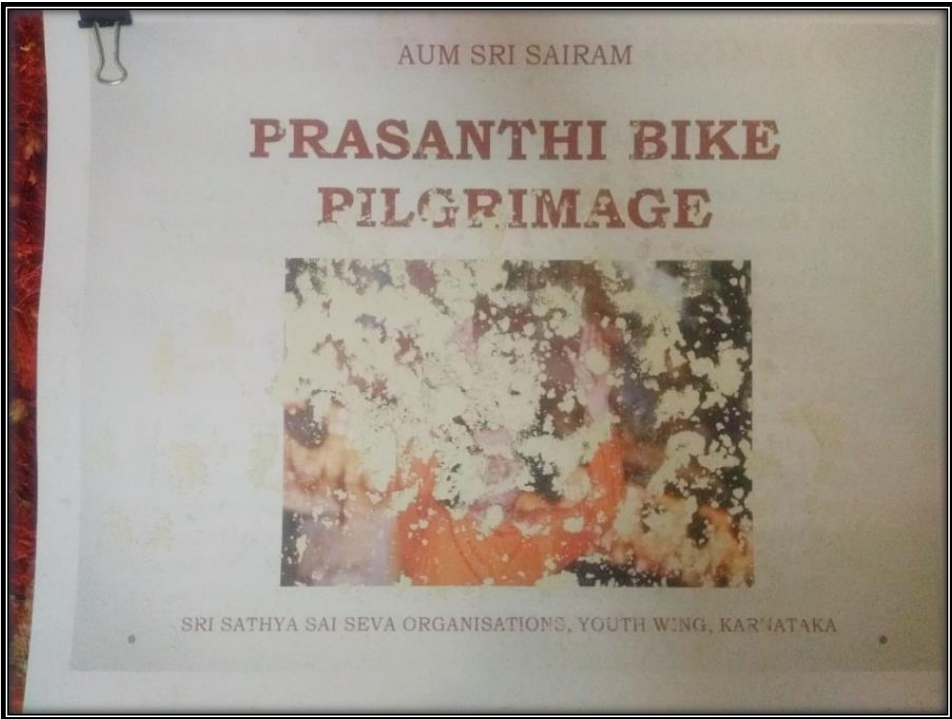
Districts were clubbed wherever there was an overlap in the route and routes were finalized for each of the nodal points.



Sample Route Map

The plan was ready and prepared to be distributed to all the office bearers and senior devotees. The copy was placed at the Divine Lotus Feet of Swami in His Divine Residence at Sri Sathya Sai Institute of Higher Medical Sciences, Whitefield, Bengaluru.

Swami out of His infinite Love and Compassion blessed the plan profusely by pouring Vibhuti on it.



## Sri Sathya Sai Connect

Prashanthi Bike Pilgrimage became a means to traverse the length and breadth of the state of Karnataka to appraise the local samithi and youths in the districts near and far on the mammoth Bike pilgrimage and the significance it brings to each one of the Sai devotees.

Emphasis was to stress on the importance of the 41-day Sadhana to be practiced in the month of Aug. It was also a means to motivate Sai youth and inspire new youth towards the path of self-transformation.

The important thing was now to communicate the plan with districts – this was done in a 3-way approach. Firstly a state-level meeting with all DYCs was conducted twice. Secondly, specific meetings pertaining to the nodal points were conducted at the nodal districts. Thirdly, individual districts and group of districts were involved in a meeting to discuss district-level preparations.

It was important now to discuss these routes threadbare with all the DYCs who are have the responsibility to mobile youths in their respective districts and appraise all Samithis about the detailed plan formalized at the state level. There were two meetings conducted at state-level – one at Ballari and the other at Prashanthi Nilayam, Puttaparthi. The then SSSSO Karnataka State Vice Presidents Sri. Venkatramana Gosavi Ji and Sri. M. Padmanabha Pai Ji attended the meetings at Ballari and Puttaparthi respectively.

The meeting was led by State Youth Coordinator Sri. M. Rajashekar Reddy and Joint State Youth Coordinator Sri. Rajendra Rao. Mahila State Youth Coordinator Smt. Nalini Ullal and Mahila Joint State Youth Coordinator Ms. Jayalakshmi.

Meeting was attended by the Youth-Wing Think-Tank members, District youth coordinators, Sai youth who were incharge of Procession, Sai youth incharge of bike parking area at Prashanti Nilayam, few District Presidents, Sai youth who would be public relations coordinators during the pilgrimage and few active Sai Youth.

Prashanthi Bike Pilgrimage Meeting at Sri Sathya Sai Seva Kshetra,  
BALLARI



Prashanthi Bike Pilgrimage Meeting at Prashanthi Nilayam,  
PUTTAPARTHI



## Nodal Meetings:

Nodal specific meetings were held at respective locations at Hulkoti, Gadag (1), Pavagada, Tumakuru (2), Ballari (3), Pagadadinni Camp Raichur (4), Mangaluru (5) and Brindavan, Whitefield, Bengaluru (6).

The northern districts comprising of Kalaburagi, Bidar, Koppal, Belagavi, Vijayapura, Bagalakote, Dharwad, Uttara Kannada would reach Ballari. The Central districts Shivamogga, Chikkamagaluru, Davanagere, Chitradurga, Dakshina Kannada, Udupi, Kasargod, Hassan would reach Tumakuru. And the Southern districts comprising of Bengaluru East, West, North, South, Central & Rural, Mysuru, Mandya, Ramanagara, Chamarajanagara would reach Brindavan, Bengaluru.

Discussion related to the programme preparation, accommodation, food and other facilities were conducted to ensure smooth and hassle-free halt for Bike Pilgrims on their way to the Divine Abode.



Zonal level meeting of Dakshina Kannada, Udupi, Kasargod, Hassan Districts at Sri Sathya Sai Seva Samithi, Mangaluru



**Meeting at Hulkoti, Gadag**



**Meeting at Pavagada, Tumakuru**



**Ballari (above)  
& Pagadadinni, Raichur (below)**



## Heart-To-Heart Connect at Districts:

Starting from Chitradurga then Davanagere, the District-level meetings were held by SYC, JSYC and respective Think-Tank members at various districts across Karnataka. The agenda was to form a district-level team comprising of leaders for Bike Yatra who were the District Youth Coordinators, the public relationship representative those who would ensure smooth movement of vehicles throughout through their soft and good communication, a practicing doctor and a mechanic. This was to ensure the complete entourage from districts would have a safe and secure journey throughout to their intended destination being the Abode of Divine incarnate.



**Dharwad**



**Kalagi, Kalaburagi**



**Bagalakote**



### **Siddapura, Uttara Kannada**

A visit to Siddapura, Uttara Kannada district was the culmination of district-level meetings and zonal level meetings covering all districts of Karnataka before beginning the sojourn to Prashanthi Nilayam.

It was here in Siddapura that the first glimpse of the Divine Sri Sathya Sai Chariot was at display. The sheer dedication, commitment and exemplary devotion to Bhagawan was evident in the way the Divine Chariot was designed and built under the leadership and craftsmanship of Sri Dinesh Naik – a humble and energetic Sai Youth.

## ***Souljourn to the Divine Abode Prashanthi Nilayam***



Bhagawan Sri Sathya Sai Baba through His infinite compassion and Love, blessed the journey to His Divine Abode Prashanthi Nilayam by accompanying with each and every individual in His own way.

On the 9<sup>th</sup> of Oct, 2019 the journey started at Uttara Kannada district where the first batch of Bike Pilgrims on motorcycle was ready to embark upon a journey of their life time. The Divine Sri Sathya Sai Chariot lead the troupe as the flag was waived for the commencement of the ride through the length and breadth of the District. The other districts started their journey on 10<sup>th</sup> of Oct, 2019.

Prashanthi Bike Pilgrimage commences from various parts of Karnataka



Stay at Nodal Points overnight on the way to Puttapparthi



The Divine Chariot entering Prashanthi Nilayam, Puttaparthi



Sri R. J Rathnakar, Managing Trustee, Sri Sathya Sai Central Trust  
flagging off the Bikes near SSSIHMS, Puttaparthi



Sri R. J. Rathnakar, Managing Trustee, SSSCT, State President of SSSSO Karnataka Sri Nagesh Dhakappa, State Vice Presidents Sri M. Padmanabha Pai and Sri Venkatramana Gosavi and State Youth Coordinator Sri M. Rajashekar Reddy on the bike leading the Bike Pilgrimage to Gokulam where the *Shobha Yatra* (procession) would start.



Sri R. J. Rathnakar Ji flagging off the *Shobha Yatra* near Sri Sathya Sai Vidya Giri



9 Youth holding Poornakumbha

Veda Chanters during Procession



Mahila Youth holding Kalasha, mangala dravya in a procession from Gokulam, Prashanthi Nilayam



Folk Artists depicting various folk art from 9 districts of Karnataka – Puravantike (Kalaburagi), Yakshagana (Dakshina Kannada, Kasargod & Udupi), Karaga (Bengaluru Rural), Dollu Kunita (Shivamogga), Kamsale (Mysuru), Jaggalige (Dharwad) & Musical Band (Uttara Kannada)



Sri Sathya Sai Chariot and the Bike Pilgrims entering Prashanthi Nilayam



Sri R. J. Rathnakar Ji performing Aarati to Bhagawan seated on His Chariot



At Sai Kulwant Hall



The next day morning **Sri Sathya Sai Ishta Siddhi Vrata** was performed at Poornachandra auditorium in Prashanthi Nilayam.



Sri R. J. Rathnakar, Managing Trustee, Sri Sathya Sai Central Trust addressed the gathering at Poornachandra auditorium. In his address he appreciated the entire Youth Team for bringing so many Youth across Karnataka to the Divine Abode. He also welcomed numerous first time visitors to Prashanthi Nilayam by gladly welcoming them to the Sai Family that spans across 150 countries across the globe.



Sri Nagesh G. Dhakappa, State President SSSSO Karnataka addressed the gathering at Sai Kulwant Hall, Prashanthi Nilayam



Address by Sri M. Rajashekar Reddy, State Youth Coordinator, SSSSO Karnataka



Beautiful musical programme comprising the compositions by Sri Purandhara Dasa, Sri Kanakadasa, Sri Thyagaraja and others were rendered at the Divine Lotus Feet of Bhagawan Sri Sathya Sai Baba at Sai Kulwant Hall. This was followed by Bhajans by Karnataka Sai Youth





By the immense grace and blessings of our most beloved Mother Sai, all the pilgrims returned to their homes safely.



## SRI SATHYA SAI YOUTH OUTREACH



SSSVJ: Visit to Puttaparthi by Teachers and staff of NSVK School, Bengaluru South



New Sri Sathya Sai Vidya Jyothi (SSSVJ) School inaugurated at Bagalakote Dist.



Humanity of Positive Energy (HoPE) programme conducted at Gurudev Academy College, Kolar Dist.



Seva by HoPE students at Govt. Hospital



Baby Kit distribution by Mahila Youth



Youth Christmas Carol at Brindavan, Bengaluru

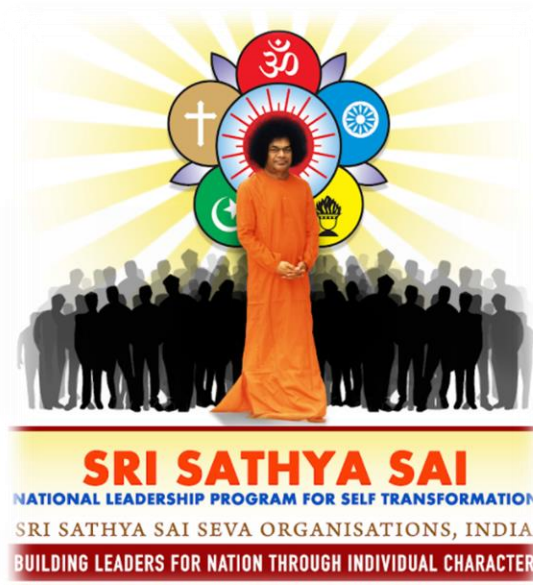


Lake Rejuvenation was taken up in Uttara Kannada District in Haliyal, Yellapura, Mundagod and Sirsi.



Youth Meet and Sadhana Camp at various districts was conducted to engage and inspire Youth

# SRI SATHYA SAI NATIONAL LEADERHIP PROGRAMME FOR SELF TRANSFORMATION 2020 (SSSNLPST)



By the abundant grace and blessings of Beloved **Bhagawan Sri Sathya Sai Baba**, the first batch of Sri Sathya Sai National Leadership Programme completed their 9-month course in the month of Dec' 2020. The certificate handover ceremony was conducted at Sai Gitanjali, Bengaluru. The programme was presided over by SSSSO Karnataka North State President Sri M. Padmanabha Pai Ji and SSSSO Karnataka South State President Sri Venkatramana Gosavi Ji. Sai Gitanjali Samithi Convenor Dr. Ashwath Ji too attended the programme. State Youth Coordinators of SSSSO Karnataka North & South Dr. Satish Naik, Jayalaksmi Naik, Venkatesh Patil and Smt. Pankaja lead the proceedings of the programme. Former Mahila SYC SSSSOKA South Smt Nalini Ullal also attended the programme.

<b>SSSNLPST 2020 Certificate Awardees</b>		
<b>Sl. No</b>	<b>Mahilas</b>	<b>Gents</b>
<b>1</b>	<b>Alekhya Reddy</b>	<b>Abhishek Parikshya</b>
<b>2</b>	<b>Smt. Lakshmi Srnivasan</b>	<b>Akshay Kulkarni</b>
<b>3</b>	<b>Shreya Rao</b>	<b>Anil Ramadugu</b>
<b>4</b>		<b>Sanjay Kini</b>
<b>5</b>		<b>Venkatesh Patil</b>





For SSSNLPST 2021, total 25 participants are shortlisted (16 from SSSSOKA South & 9 from SSSSOKA North)

## SRI SATHYA SAI YOUNG MESSENGERS (SSSYM)



Sri Sathya Sai Young Messengers (SSSYM) objective is to engage Youth in SSSSO activities be it through Social Media or other Outreach Programmes. The Four Pillars viz., Social Media, Database, Reporting and Outreach.

Platform	Name of Page	@Name of Handle	Date of Inception
Facebook	Sri Sathya Sai Seva Organisations, Karnataka	@ssssokarnataka	August 31, 2020
Twitter	Sri Sathya Sai Seva Organisations, Karnataka	@ssssokarnataka	August 31, 2020

During Pandemic, the social media platform provided really good opportunity to render Seva digitally. Some of the regularly created content on Social Media are as follows:

- Sunday Quote: Unique quote of Bhagawan Sri Sathya Sai Baba posted on Facebook & Twitter
- Festival Celebrations: Onam Quiz, Bhagawan's 95<sup>th</sup> Birthday Video presentation, MahaShivarathri word-puzzle are some of the many exciting content created for Youth on Social Media.

Om Sri Sai Ram

## MahaShivaratri

### Word Search Puzzle

**Instructions**

- 15 Names of Lord Shiva are hidden in this Grid.
- Names can be vertical, diagonal, or horizontal, in both directions.
- Chant the name **3 Times** as you find it.
- Select all the names in the **Google Form**; link is shared with this puzzle.

*Names of the Top 10 scorers will be mentioned on our Social Media Platforms*

W	D	O	R	P	S	N	B	M	A	N	O	G	Q	G	A	H	T	
O	B	M	A	H	S	H	L	R	E	R	X	F	P	S	V	B	R	
S	X	Z	I	O	G	C	A	E	H	U	D	O	V	S	E	J	I	
K	U	B	I	F	D	W	L	N	C	B	G	U	V	Y	D	S	N	
P	U	B	P	E	H	A	A	P	K	C	G	F	R	X	A	V	E	
T	T	S	F	S	K	C	N	N	A	A	R	H	D	T	H	P	T	
P	F	K	O	E	A	N	L	A	J	M	S	R	H	D	Q	A	B	R
F	U	H	N	G	C	R	H	N	R	L	H	M	A	L	S	M	Q	A
E	A	T	P	U	E	W	A	Y	M	U	M	U	K	A	X	M	D	
M	H	N	A	T	A	R	A	J	A	M	I	X	P	D	T	B	H	
A	H	K	T	E	U	Y	V	J	O	A	E	V	G	A	K	B	A	
O	C	F	K	L	E	F	I	T	Q	P	S	J	C	S	T	P	A	
V	N	E	I	Y	Y	G	D	N	D	A	B	F	J	H	X	H	R	
T	Z	Y	A	Y	A	J	N	U	Y	T	U	R	M	I	H	F	I	
E	R	Z	V	L	Z	Z	A	J	W	H	P	E	M	V	S	P	T	
J	H	H	X	B	U	S	N	F	Y	I	V	L	M	A	N	E	A	
T	R	I	S	H	O	L	A	D	H	A	A	R	I	X	W	E	L	
A	R	A	K	A	V	A	H	B	D	O	G	N	I	L	F	C	E	

Sri Sathya Sai Seva Organisations, Youth Wing, Karnataka (N & S)

**Sri Sathya Sai Seva Organisations, Karnataka** @ssssokarn... · Mar 13

Loving Sairam

Thank you everyone for your active participation and hearty congratulations to all the winners.

#SSSSOIndia #SSSSOKA #SSSYM #WordSearch #Mahashivaratri #puzzle #answers #winners #SaiYouth #SriSathyaSai #YouthWing

Om Sri Sai Ram

### SHIVARATRI

#### Word Search Puzzle

#### Answers

*Words in the Grid*

- 1) Shamba
- 2) Shankara
- 3) Nataraja
- 4) Miralajyoti
- 5) Mohaleswara
- 6) Triholadhaari
- 7) Lingadhaivakara
- 8) Umagathi
- 9) Mahadeva
- 10) Neelakantha
- 11) Rudra
- 12) Pashupati
- 13) Trinetrachoori
- 14) Nandivachara
- 15) Sadashiva

Om Sri Sai Ram

### SHIVARATRI

#### Word Search Puzzle

#### Top Scorers

1. Sai Keerthi
2. Rajeswari J
3. Akash Kalita
4. Ratuparna N
5. U Saikrishna
6. Bharatesh
7. Sujatha S K
8. Dharane Suresh
9. Vedasree K Rao
10. Sai Prasanna

Word Puzzle on **MahaShivarathri** Day.  
Winner's names were announced on Facebook & Twitter

## Daya Sagara

## Sri Sathya Sai

by

### Sai Young Messengers, Karnataka



95<sup>th</sup> Birthday Celebrations of Bhagawan  
through Video Presentation on the Theme  
**'Daya Sagara Sri Sathya Sai'**

## SRI SATHYA SAI BALVIKAS

The Balvikas alumni forum of Karnataka was formally inaugurated and given a distinct identity in December 2019, during the State Balvikas Gurus Conference. The Alumni Core Team comprising of two wings, the Ladies or Mahila wing and the Gents wing, operationalize all the seva activities. The events of these two wings although mostly common are held separately and sometimes situation based.

The year 2020 began with an all India Balvikas alumni meet held at Prashanthi Nilayam on 4th and 5th of January 2020. The Karnataka Balvikas alumni, SaiMadhuvanites gave a memorable dance performance in expression of their gratitude to Bhagawan Sri Sathya Sai Baba. Smt.Shasikala a senior Balvikas alumni and presently the district education coordinator for Udupi received the excellence trophy. The total number of students who received the certificates from both residential and school Balvikas category were 990, with 638 boys and 352 girls.



All India Balvikas Alumni

A considerable effort was devoted by all the team leads in strengthening the participatory role of the members of their districts in the various activities undertaken.

Some major activities that were carried out are highlighted.

#### SAMITHI PROGRAMME:

Alumni boys and girls participated regularly in the weekly online Bhajans, Balvikas Programs and Satsang of their respective samithis. They are being trained in singing bhajans by lead singers in their area. In most of the samithis alumni also regularly help with the regular Narayan seva activity like serving and packing of food grains to be distributed to the needy.

In Tumakuru district alumni members gave their support for joining the bhajans by generating Google Meet Links and sharing them across the Mandir Devotees through the WhatsApp Group.

#### HOUSE-TO-HOUSE BHAJAN:

In the districts of Dakshina Kannada, Udupi, Kasargod, about 40 alumni members involved themselves in a House-to-House Bhajan programme. Swami's photo was passed on from one devotee's house to another and Bhajan was conducted there. Here, alumni were also involved in cleaning of the Mandir and weekly Narayan Seva that involved preparation and distribution of food packets.

#### SRI SATHYA MEDIA CENTER PROJECT:

Balvikas Alumni of Karnataka have taken up the gallant task of providing audio in Kannada for the 'Uncle Lion Tales' of animation originally released with English Audio by Sri Sathya Sai Media Center, Prasanthi Nilayam. Having a Kannada version for this series will increase the reach to Balvikas students across Karnataka and will be effective in passing on the message of Human Values to the children.

A total of 23 Alumni including gents and ladies across 12 districts in Karnataka have participated in the translation. This involved conversion of English script to Kannada, typing the script out in Kannada and providing voice-over in the recording studio. Recording of the voice-overs was done in the audio studio of Sai Gitanjali, JP Nagar, Bangalore, with the technical help from State IT team.

The Alumni were able to complete Kannada audio for 10 stories by Swami's 95th Birthday. As of December 15, 2020, 14 stories have been translated and recorded in Kannada. These are being released by SSS Media Center, Prashanti Nilayam as "Simharajana Kathegalu" series. This will be relayed by their exclusive Kannada YouTube channel, Sri Sathya Sai Amruta Vani in a periodic manner. Efforts are being taken to give opportunity for more alumni to participate in this activity.

### Audio Recording Sessions, Sai Gitanjali Studio, Bengaluru



## Amrutha Kalasha Distribution

Alumni across districts of Karnataka wholeheartedly participated in the distribution of 'AmruthaKalasha' to mark the 95th Birthday celebrations of Bhagawan Sri Sathya Sai Baba. This seva, which was planned in the month of September spanned the months of October to November 2020. Many of alumni members contributed in the procurement of 5kg rice, 1 kg dal, 1 kg sugar/jaggery, 1 kg rava (semolina), 1 liter cooking oil which made up the packets. In some cases contributors added Ragi flour and other daily consumables along with the other 5 items.

While in some of the districts the alumni independently conducted this seva, in others they participated in this activity along with samithi members. Amrutha Kalasha kits were distributed to needy and deserving people in their nearby locations like orphanages, school staff, daily wage labours, house maids, widows, watchman, drivers etc., benefitting more than thousand people, at the same time taking all self-precautionary measures related the pandemic very well. A total of 325 ladies and 191 Gentsalumni across 17 districts participated in this activity.



### Blanket Seva:

Balvikas alumni from the districts of South and Central -2 Bangalore, did blanket seva in the month of February 2020. Tumkur district alumni distributed 221 Blankets in November 2020 alongside the Amrutha Kalasha by taking all Covid Precautions. Mysore and Dharwad district alumni also undertook Blanket Seva along with Amrutha kalasha distribution to the deserving people and continue to do so till the cold wave subsides.



### AkhandBhajan Singing:

Many Alumni gents and ladies participated in the global AkhandBhajan conducted online. Some of them also took prime roles by leading the bhajans during their dedicated slot varying from 1 to 3 hr on both the days of Saturday and Sunday.

### 95th Birthday Celebration Programs:

Alumni from Bangalore Central took part in the 95 Bhajans conducted online for Swami's 95th Birthday celebrations. Tumakuru district alumni successfully completed the 95 Days daily Bhajan online as a part of Swami's 95th Birthday Celebration. They also, conducted 95 Bhajans on the Final day of the daily Bhajan Program.

The DP and DEC from Bangalore East have planned "Messiah's Mesmerizing Messages" by 95 Balvikas Children and Alumni who will speak out messages for 1 min on 27th Dec 2020.

## A Bouquet of Other Activities:

- ❖ Many of the alumni are attending Veda chanting training classes that are conducted regularly. Some of the senior alumni members are also efficient Veda trainers.
- ❖ Alumni have taken active role in virtual programs on account of Eshwaramma Day and Guru Purnima and Navarathri. They gave talks on various topics, participated in singing and cultural performances. One of the highlights of these activities was the compilation of the Navarathri 10 day's video series by them.
- ❖ Some members are frequently involved in making e-presentations on topics required for BV gurus study circles.
- ❖ Other members are taking part in conducting Bhagawan's Vahini Parayana through Online portal every Thursday and Sunday. So far they have successfully completed RAMAKATHARASA VAHINI and BHAGAVATHA VAHINI. Currently, SANDEHA NIVARINI is going on.
- ❖ Since Balvikas classes are online this year, Alumni boys and girls have been very helpful in facilitating online links for Balvikas classes and activities.
- ❖ Some alumni have helped in conducting Balvikas Group-I Exam online which is evaluated by the Balvikas Gurus.
- ❖ About 10 Alumni Boys were given an opportunity to participate in a Gurus Training Workshop. They spoke about Festivals, Management of Thought, Breath & Time, Saints of Karnataka and Health and Hygiene. Boys and Girls Alumni in this way covered the entire Group 3 Syllabus.
- ❖ Alumni children delivered a speech and sang a beautiful song on Covid-19 in a district program. The theme of it was pleading Swami to save the Universe from the grave pandemic situation.
- ❖ In one of the district alumni contributed in a Karnataka Teachers Training Online Workshop, chanting Bhagwat Geeta and Bhaja Govindam.
- ❖ Help was provided to a blind student by providing audio recording of a book needed for preparing for exam on Retail Banking. Different chapters of the 120 page book with questions and answers were distributed to mahila alumni. They recorded the chapters using their phones at their homes and these recordings were sent to the blind student. The number of Alumni participated were 17 girls. One Alumnus girl has volunteered to assist the Blind girl to write the exam on December 27, 2020.

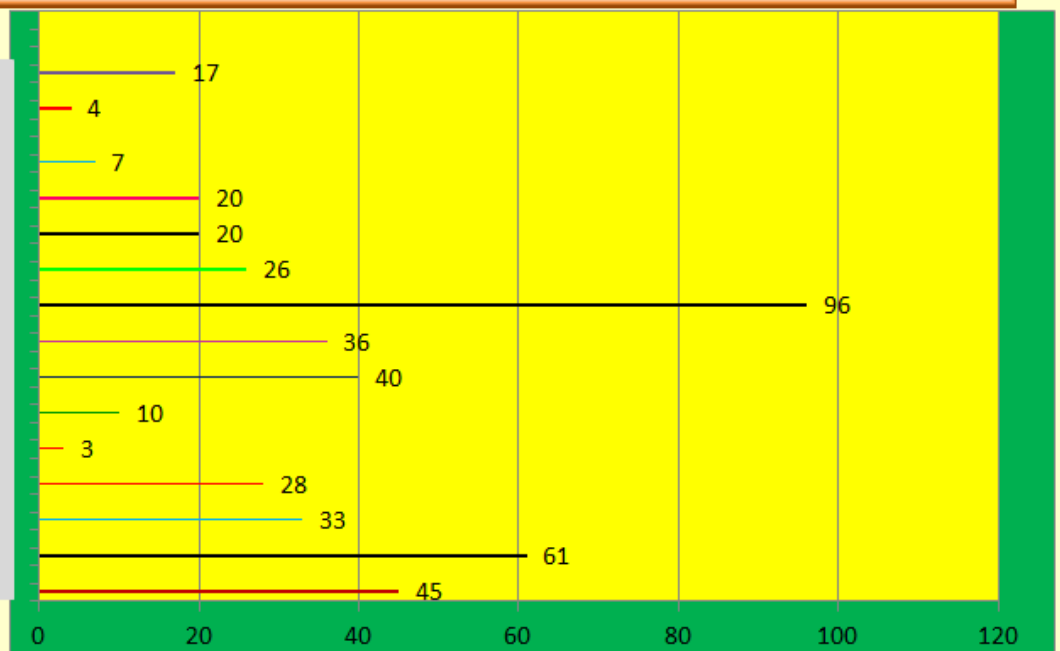
❖ One alumna from Sai Gitanjali donated blood in SSSIHMS.



Feel proud of our Alumna from North Bangalore. SSSIHMS, Whitefield yesterday sent word for urgent requirement of O+ blood donation. An alumna from Bangalore North immediately went and donated blood.

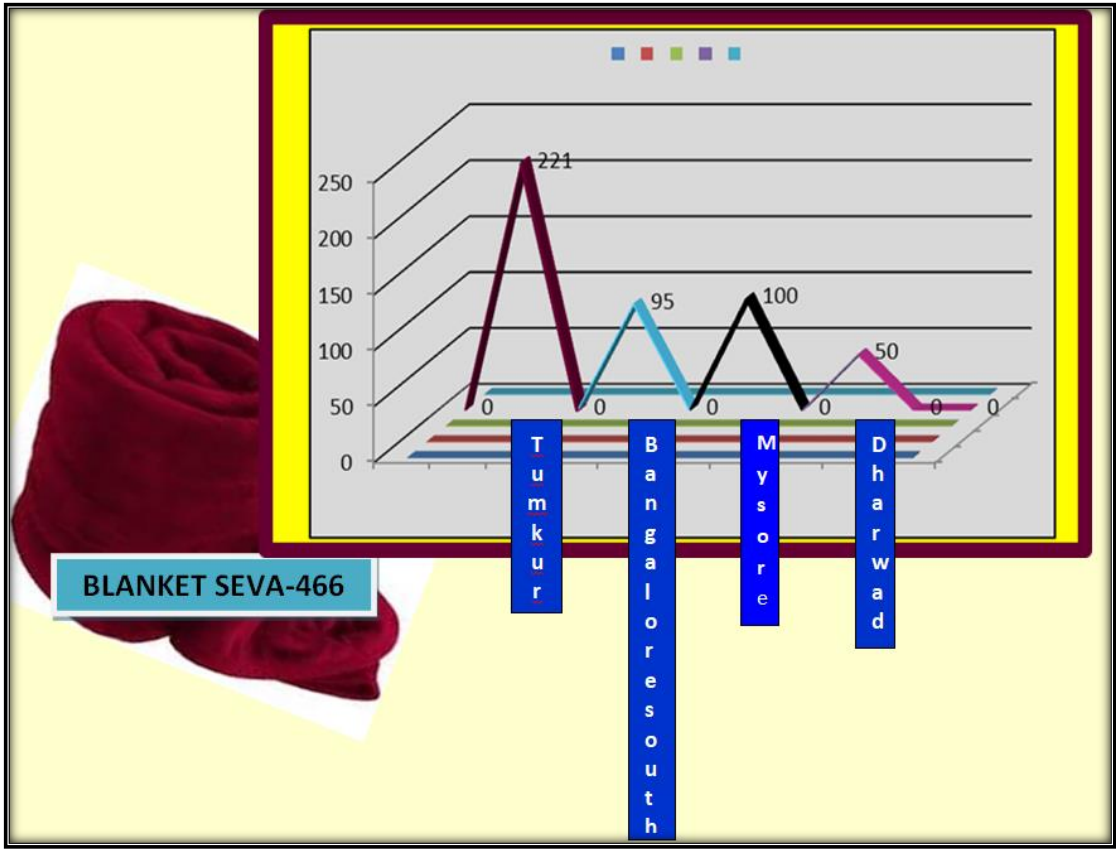
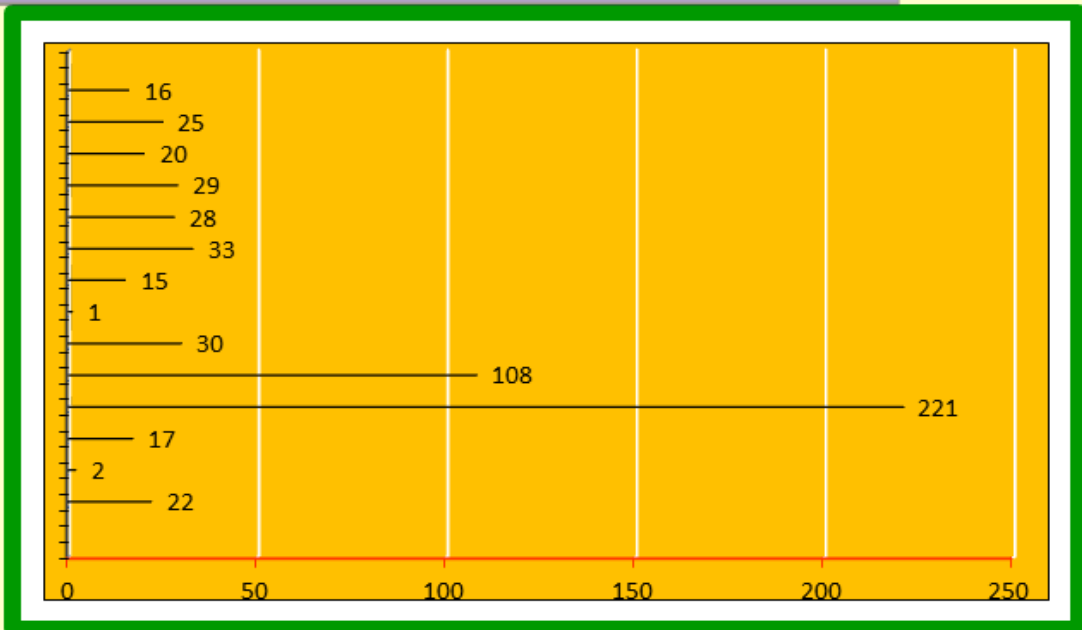
### AMRUTHA KALASHA KITS BLANKETS SEVA ALUMNI GIRLS -425 KITS

- Shivamogga-17
- Kolar-4
- Chikkaballapura-7
- North Canara-20
- Bangalore-South-20
- Kasargod -26
- Udupi-96
- Dakshina kanada-36
- Hassan-40
- Mysore-10
- Tumkur-3
- Bangalore-West-28
- Bangalore-East-33
- Bangalore-Central-61
- Bangalore-North-45



**AMRUTHA KALASHA KITS BY ALUMNI BOYS - TOTAL KITS - 577**

- Bangalore North -10
- Bangalore central -13
- Bangalore central (2) -9
- Bangalore west -2
- Bangalore east -17
- Tumkur - 221
- Mysore - 108
- Hassan -30
- Channarayapatna-1
- Bangalore rural -15
- Dakshina kannada - 33
- Udupi - 28
- Kasaragod - 29
- Bangalore south -20
- North canara Belgaum-25
- Dharwad -16



Blanket Seva by Balvikas Alumni

Balvikas Training for Mahilas and Gents was conducted online.



**Sri Sathya Sai Seva Organizations  
Education Wing-Karnataka South**





**SRI SATHYA SAI BALVIKAS TRAINING FOR NEW GURUS**  
Saturday 27<sup>th</sup> February 2021 From 3PM....  
AND Sunday 28<sup>th</sup> February 2021 Fom 3PM..

*Virtual*



# SRI SATHYA SAI SATCHINTANA

As part of the **95<sup>th</sup> Birthday Celebrations** of our most beloved Bhagawan Sri Sathya Sai Baba, Satsang by All India President, SSSSO Sri Nimish Pandya and National Educations Coordinator Smt. Kamala Pandya was organized for the devotees of Karnataka. On 19<sup>th</sup> Nov 2020 on the occasion of Ladies day celebrations, National Education Coordinator Smt. Kamala Pandya addressed all devotees of Karnataka.

|| Om Sri Sai Ram ||



## Ladies' Day Celebration

Talk by  
**Smt. Kamala Pandya**  
*National Coordinator for Education Wing*

Sri Sathya Sai Seva Organisations  
(North & South), Karnataka.      Date : 19-11-2020, Thursday  
Time : 4:00 pm to 5:30 pm



On 21<sup>st</sup> Nov, 2020 SSSSO All India President **Sri Nimish Pandya Ji**  
addressed the devotees of Karnataka

Om Sri Sai Ram

**95th Birthday Celebrations of  
Bhagawan Sri Sathya Sai Baba**

**Sri Sathya Sai Satchintana**



**Satsang by Sri Nimish Pandya  
All India President, SSSSO**

Nov 21<sup>st</sup>, 2020 06:30pm to 08:00pm

Sri Sathya Sai Seva Organisations, Youth Wing, Karnataka



## SEVA AS SADHANA

Be of service to others, for that is giving yourself to Me. For whatever you give, I will repay you thrice, Nay I shall repay you ten-fold. Divine guidance is always at the side of the giver. Yes, I will give to those who give of themselves, untold Joy and Bliss; and what is more, I will lead them by the hand along those petal strewn paths of Eternal Joy.

~**Bhagawan Sri Sathya Sai Baba**

It is indeed the divine grace and blessings of our most loving **Bhagawan Sri Sathya Sai Baba** that the Sri Sathya Sai Seva Organisations, Karnataka involved in the Seva activities during the pandemic and the prevailing situation. Some of the activities such as Community Kitchen & distribution of food packets, distribution of Amruta Kalasha, PPE Kits & Masks, Blanket Distribution during winter and others were rendered to help the needy at the time of the lockdown.

Our Organisation has strictly adhered to all the guidelines during Lockdown and maintained appropriate Social Distancing by all its members. All public programmes were deferred and Sri Sathya Sai Centres were closed to public. Awareness of safety Precautions to be taken as advised by Government has been created among all members and devotees and public through all our Samithis even in interior and remote villages. Rumor mongering was eliminated by limiting all posts to Admin only in all our groups. Members of the Organisation have been advised to keep away from such negative approaches. Every evening from 9 pm to 9.15 pm Sai-Gayatri is chanted as prayers for Divine protection by all members and devotees all over the country.

Online programmes have been started in many centers to instill confidence among members and enable them to pursue their spiritual sadhana.

## 1. Community Kitchen & Food packets distribution

Community Kitchens were opened in seven Centres where quality food was prepared, packed in the most hygienic conditions and 5500 packets every day were handed over to designated Government agencies for distribution among the poor and needy. Strict adherence to all sanitary aspects and covid-19 guidelines are ensured in these Kitchens.

**Bengaluru Central:** Set up in Sai Geethanjali, Bangalore Cantonment. Started functioning from 5.4.2020. Food is prepared, packed and delivered to Jewelers' Association, commercial Street Police Station and few other agencies for distribution among the needy people of Cantonment area. They have supplied 16500 packets.

**Mangaluru:** Kitchen has been set up at Sri Sathya Sai Seva Kshetra, Mangaluru. It has started functioning from 4.4.2020. They have so far supplied 8000 packets to Municipal authorities for distribution.

**Bengaluru South:** Community Kitchen has been set up and is functioning from 6.4.2020. Daily 1500 to 2000. Packets of tasty food is being prepared and handed over to BBMP officials for distribution to daily wage earners and other needy people in Muniyappa compound, Hanumanth Nagar slum etc. 35000 packets have been provided.

**Dharwad:** Kitchen was set up at Sri Sathya Sai Seva Kshetra, Hubballi. They provide food /tiffin items as per requirement of Municipal authorities. Functioning from 6.4.2020. 400 Packets are being supplied daily.

**Bengaluru East:** Community Kitchen has been functioning from 5.4.2020. Kitchen has been set up at the residence of the Samithi convenor. Cooked food is packed and handed over to BBMP representatives. Initially they were distributing 200 Packets. This has increased to 400 at the request of BBMP. They have supplied over 8500 packets.

**Bengaluru Rural:** Set up the Community Kitchen at Vagata village. Volunteers prepare quality food in the best hygienic environment. They provide lunch in the afternoon to 600 and variety of food in the evening to 400, totally 1000 packets. They hand over the packets to Govt. Hospital / Taluk office / Police Station at Hosakote and few other agencies for distribution.

**Mysuru:** Kitchen has been set up at Sri Sathya Sai Baba School premises, Jayalakshmipuram, Mysore. Operations started on 7.4.2020. They prepare vegetable Rice for 500 people every day.

Sl. No	District	No. of Packets
1	BENGALURU CENTRAL	16,500
2	BENGALURU SOUTH	35,000
3	BENGALURU EAST	8,500
4	BENGALURU RURAL	23,000
5	DHARWAD	7,600
6	MYSURU	8,500
7	MANGALURU (D.K)	10,400
<b>TOTAL</b>		<b>109,500</b>



## 2. Amruta Kalasha Distribution

In His unbound love for the poor and downtrodden, Bhagawan Sri Sathya Sai Baba has blessed our Organisation to undertake meaningful Seva activities during times of crisis. In the present Covid 19 affected environment also our Organisation has reached out to the needy and poor daily wage earners and migrant workers all over Karnataka by providing them with Amruta Kalasha – provisions for their daily needs, since April 2020. A total of 19875 Amruta Kalashas have been distributed.

### MAHA NARAYAN SEVA – APRIL 2020

A unique Seva opportunity embarked on us today. As part of the Maha Narayan Seva program on account of the Aaradhana Mahotsava, Sri Sathya Seva Samithi, Mangalore and Ishwarambha Trust distributed 200 grocery kits worth Rs.1, 20,000/- comprising of Rice, Dal, oil, Salt, onion, potatoes and soaps to a very deserving group of people. This group belongs to a company in Mangalore involved in Garbage collection. Even in these difficult days, they are on the job every single day performing their duties. This was also a token of appreciation for the commendable work they do in maintaining good hygiene in our surroundings. The same was communicated to them and also briefed on how they should stay safe and take care of themselves. Their joyful expressions indeed gave us great satisfaction. We thank SWAMI for this wonderful Seva Opportunity.

Sairam, by the grace of Swami, on 11/04/2020 at Marakada laborers colony groceries kits were distributed to 55 families.

Each groceries kit included following items-Toor dal-1/2 Kg, Jeera-50gms, Musturd-50gms, Palm oil-1/2litre, Chill powder & Haldi, powder-worth Rs.10 each, Washing soap-1, Potato-1Kg, Moong-1/4Kg, Parole G biscuit worth Rs 10 each, Total amount per kit=Rs.216, Total for 55kits=Rs.11,330.

Marakada basavanagara residents expressed their sincere thanks to all the members and donors of our Sathya Sai Samithi.

Sri Sathya Sai Seva Samithi Mangalore donated 5000 surgical gloves worth Rs 1 lakh to Govt Lady Goshen hospital Mangalore. Also distributed 600 Kits. PPE KITS: 200 Nos. PPE kits were supplied to SSSIHMS Bengaluru by our Mangaluru Sri Sathya Sai Samithi, Dakshina Kannada District. OTHERS: Many Districts have carried out distribution of Date Packets, Ration Packets, Rice Bags etc to the needy poor migrants.



With the Divine Grace of Bhagawan Sri Sathya Sai Baba, Maha Narayan Seva activities were set in motion with the dispatch of packages of grocery items for distribution among needy and poor in various Districts of Karnataka.

Each package consists of the following 11 items:

- 1) 2 kg Rice
- 2) 1/2 kg Dal
- 3) 1/2kg Beaten Rice
- 4) 1kg Atta
- 5) 1kg Salt
- 6) 1/2 kg Sugar
- 7) 100 grams chilli powder
- 8) 50 grams turmeric powder.
- 9) 1 bath Soap
- 10) Jeera
- 11) Mustard

The items, totally weighing about 50 tonne, were packed and loaded in seven trucks for dispatch to 23 Districts. Necessary permission for the transportation was obtained from the concerned authorities. These packed grocery items are being sent to our District Presidents who would be handing over them to the designated Government Agencies for distribution on 24.4.2020, Aaradhana Mahotsava day.

As part of the week long Spiritual Sadhana undertaken by members and devotees all over Karnataka from 18<sup>th</sup> to 24<sup>th</sup> April, 2020, Narayan Seva was performed by all of them personally in their vicinity, strictly adhering to the lockdown guidelines, ensuring Social Distancing. A total of 19875 Amruta Kalasas have been distributed.



Another opportunity came to render similar seva to the migrant workers, daily wage earners and other needy sections of Bangalore City. Over 2000 Amruta Kalasha kits were distributed during the period 5<sup>th</sup> to 15<sup>th</sup> July, 2020.

Each Amruta Kalasa consists of: Rice- 3 kgs, Toor Dal – 1 kg, Sugar- 1 kg Ragi flour- 1 kg

Totally 2022 Amruta Kalasas were distributed in Bengaluru City through the six Districts as under:

<b>Summary of AMRUTA KALASHAS Distributed</b>		
<b>Sl. No</b>	<b>DISTRICT</b>	<b>No. Of Amruta Kalashas</b>
<b>1</b>	Bengaluru Central	430
<b>2</b>	Bengaluru East	120
<b>3</b>	Bengaluru North	600
<b>4</b>	Bengaluru Rural	520
<b>5</b>	Bengaluru South	152
<b>6</b>	Bengaluru West	200
	<b>TOTAL</b>	<b>2022</b>

Members of the Samithis, youngsters, Mahilas participated enthusiastically in this activity and reached out to the identified people in various colonies of Bengaluru City.

Over 700 teachers of Sri Sathya Sai Schools were assisted with Amruta Kalasa consisting of provisions required for a month. Each Amruta Kalasa costs Rs.1000/.

ATTA PACKETS SEVA: During July, 2020, Atta packets (5 kgs) were distributed in the six Bangalore Districts, Dharwad and Chikkaballapura.

BENGALURU CENTRAL: The 5 Kg Atta Bags were distributed at HAL Annasandrapalya and surrounding areas. They were distributed among migrant workers from Bihar and Orissa who are usually painters or plumbers and also senior House Keepers and nannies above the age of 50 from Karnataka.

Mahila Groups of the Central District distributed Annapoorna Atta to the needy as below:

1) Cobblers 2) Rangoli Selling Vendors 3) Vegetable Vendors 4) Specially abled persons 5) Auto Drivers 6) Ladies who lost their jobs working in Garment factories. 7) Flower vendors 8) Lambadis staying below Metro Flyovers.

BENGALURU SOUTH: The atta was distributed over a period of a week to the following categories of people:

a. Slum Dwellers in Uttarahalli slum, b. Construction workers n Hosakerehalli, c. Families of Autodivers in Banashankari and Kumaraswamy Layout, d. Orphanages, e. Families of painters in Koramangala, f. House maids in multiple locations

BENGALURU WEST: The following were the beneficiaries: Construction workers, BBMP Pourakarmikasand Migrant Labourers

BENGALURU NORTH: The District has large segment of construction workers and the atta packets were happily received by them at Sanjay Nagar, Marthalli and other areas.

DHARWAD: We at Dharwad district had received 300 food packets and organised to distribute at Chabbi, Bommasamudra, Majjigudda, Ingalahalli, Navanagar, Ummachgi, Dharwad and Hubballi centers

OTHERS: SriChaitanya Old Age Home, JawaharNavodayaschool, Nemmadhi Mane Foundation, AryaSeva Trust and few other institutions have received the Atta packets (totaling 144 packets) for the benefit of their members.

<b>Summary Of ATTA Packets of 5Kgs Distributed</b>	
<b>DISTRICT</b>	<b>No. Of Packets</b>
Bengaluru Central	198
Bengaluru East	198
Bengaluru North	252
Bengaluru South	252
Bengaluru West	396
Bengaluru Rural	396
Dharwad	300
Others	144
<b>Grand Total: 2136 X 5kg</b>	<b>10680 Kgs</b>





### 3. Blanket Distribution Seva during winter

True Seva is the one that caters to the needy in the time of need. Blanket distribution Seva during winter thus embodies the very essence of Seva through the invisible Hands of the Divine Himself.

Sl.No	District	Qty	Unit price	Amount (INR) by Trust	Amount (INR) by District	Total Amount (INR)	Funding
1	Ballari	252	200		50400	50400	by District
2	Bengaluru West	600	150		90000	90000	by District
3	Bengaluru South	400	200		80000	80000	by District
	Bengaluru South	150	185	27750		27750	through Trust
4	Davangere	95	150		14250	14250	by District
5	Bengaluru Rural	500	185	92500		92500	through Trust
6	Chikkaballapur	150	285	42750		42750	through Trust
7	Bengaluru East	700	285	199500		199500	through Trust
	Bengaluru East	100	185	18500		18500	through Trust
	Bengaluru East	100	185	18500	18500	37000	by District
8	Kolar	50	200		10000	10000	by District
	Kolar	50	285	14250		14250	through Trust
9	Bengaluru Central	205	185	37925		37925	through Trust
	Bengaluru Central	195	285	55575		55575	through Trust
	Bengaluru Central	150	185	27750		27750	through Trust
10	Bengaluru North	60	165	9900		9900	through Trust
11	Mysuru	96					by District
12	Mangaluru	250	185		46,250	46,250	through Trust
13	SSSIHMS	30	285	8550		8550	through Trust
14	Dr Sundaresh	200	285	57000		57000	through Trust
	<b>Total</b>	<b>4429</b>		<b>610450</b>	<b>3,09,400</b>	<b>919,850</b>	



Blanket Distribution Seva

## 4. Sri Sathya Sai Mobile Clinic

“Sai Dhanvatari”, Mobile Medical Vans, were provided in 14 Districts to take medical assistance to the doorsteps of the suffering poor. Sri Sathya Sai General Medical & Dental Mobile Bus was introduced in Uttara Kannada District to provide medical services to the suffering in interior and hilly areas, where no medical facilities are available.



Sai Dhanvantari Medical Van



Sri Sathya Sai Mobile Clinic Van  
used for Village Medical Seva



Sri Sathya Sai General Medical and Dental Mobile Bus for Uttara Kannada

## 5. Sri Sathya Sai Vatavruksha Plantation

### *Aum Sri Sai Sadhakaanugraha Vata Vruksha Pratishthapakaaya Namaha*

As part of the 95th Birthday celebrations of Bhagawan Sri Sathya Sai Baba, The Holy Vatavruksha plantation was taken across districts in Karnataka and planted in the premises of Samithi for Sadhakas to be able to utilize the power of meditation under the tree in the days to come.



Vatavruksha sapling was planted in Mangalore Sri Sathya Sai Sevakshethra amid Chanting of Rudram, Likhita Japa, Navaratnas and the copper plate were placed in the pit before planting. Likewise other districts too planted the Holy Vatavruksha in their respective Samithi premises.



# **SRI SATHYA SAI RURAL VOCATIONAL TRAINING CENTER (RVTC)**

***Endowing Youth with Skills for a brighter future***

Objective of this programme is to improve the economic conditions of the unemployed Youth in a particular village and to create areas of self-employment by bridging the gap between skilled and unskilled workers and contribute towards building a better nation.

## RVTC Units In Karnataka:

1. SSS RVTC - Dharwad Unit
2. SSS RVTC Neelavani, Taluk:Haliyal , Uttatara Kannada District Unit
3. SSS VTC New Town Unit1 , (Tailoring), Bhadravati , Shivamogga District
4. SSS VTC Seegebagi Unit2 , (Tailoring), Bhadravati , Shivamogga District
5. VTC New Town Unit3 , (Computer), Bhadravati , Shivamogga District
6. SSS VTC Hassan , (Tailoring) , Hassan District

## DETAILS OF RVTC ACTIVITIES- KARNATAKA UNITS (PERIOD - April 2019 to Dec 31st 2020):

### 1. Rvtc Dharwad:-

From 2018, RVTC activities have been stopped due to New Building Construction work.

### 2. SSS RVTC Neelavani, Taluk: Haliyal, Uttatara Kannada District Unit

- To Empower Rural women with Vocational training courses and other skilled courses which can make them grow independent, Local Samithi ALUR Sai Youths started RVTC as a pilot project in NEELAVANI , Haliyal Taluk , Uttara Kannada District in the year Sept 2016
- Initially trained Youths from Neelavani itself & utilized them as a Faculty for future Batches.

- Running Regular batches of Fashion Design Course. (3 months duration with 15 to 20 participants per Batch)
- Apart from Fashion design, RVTC Neelavani emphasized more on Education in Human values & Spritual Transformation of Participants by covering Spritual activities (Balavikas , Mane bhajans, Parthi yatra , Study circle, Nagar Sankirtan , School Balavikas , Global Akhanda Bhajan ) & service activities( Narayan Seva , Medical Camp , Village Cleaning etc). for all batches.
- Point to be highlighted is RVTC Neelavani has covered participants of more than 30 villages who got benefit of fashion design learning, specially education drop out or left out students.



Following are the activities conducted between April 2019 to Dec 31st 2020:

To kindle participant interest, bring out their innovativeness, and talent creating opportunity to learn new skills, following activities conducted in RVTC – Neelavani, by inviting expert faculties with available resources of sai family, sai devotees & selected Sai Youths from different Bhajana mandalis nearby where they delivered Voluntary service:

- ❖ Fashion design standard course syllabus completed for each batch.
- ❖ Special classes on every Sunday on Multi skill including fashion design by expert Guest lectures.
- ❖ Service activities involvement (Swachata se divyata, Narayana seva , Vanamahotsava etc)
- ❖ Spritual activities ( Ladies function, Nagar Sankirtana)
- ❖ Video show (spritual as well as rvtc related)
- ❖ Tailoring Machine Maintenance.
- ❖ crafts making, Paper Art
- ❖ Mehendi & hair style

- ❖ Jewelry Making
  - ❖ Special Yoga class
  - ❖ Garland Making from Cloth.
  - ❖ Best out of waste special class
  - ❖ All Villagers , children & Youths involvement in RVTC functions ( Example for transformation)
  - ❖ Women empowerment importance & skill development by Resource person Teacher Asha Kindlakar
- RVTC Neelavani has Conducted Workshop from Guest Lectures for giving awareness of Multi Skill hidden Knowledge of every individual by interactive session.
  - To create awareness regarding health and hygiene, RVTC Neelavani has Conducted Health Awareness Program (Community Health Volunteers) from Seva oriented & dedicated Certified Doctors, use to come from Bangalore. Since participants are from different villages, helped us to develop Health Volunteers team for their respective villages.

Health awareness 12th batch, 3.11.2019:



Health awareness 12th batch, 1.12.2019:



RVTC Neelavani participants & Faculties attended Whitefield Hospital seva in Bangalore for one week from Uttara Kannada District:



- ❖ Tips & Demo for sewing machine maintenance conducted for Participants by expert Faculties & Sai youths.



- ❖ In addition to training, plan exists for Job oriented work at site & Job opportunities for Beneficiaries in association with Garment Factory.
- ❖ Interview was conducted for RVTC Participants and they got selected for job opportunity in Garment Industry.  
Interview Held at Local place Haliyal near RVTC Neelavani. Conducted by M/S Shell Apparels Garments, Chikkaballapura with the support from **Shri Vasuki sir**, trustee, Sri Sathya Sai Trust Karnataka. Nearly 30 students attended & got opportunities. Salary is Rs. 8000/- per month with Food & accommodation with Free Transport facility provided for them to join Shell Apparels Garments.



❖ RVTC Site job opportunity for Alumni & Faculties

Job orientated work taken up successfully for RVTC Participants & Faculties and tried to give exposure of industry-oriented jobs at site.

- **Stitching of jeans bags:** Job given by Shell Apparels, Garment Industry, Chikkaballapura. More than 100 bags stitched by RVTC Faculties & students. Income earned Rs. 8000/-
  - Period of stitching- July 2019 to September 2019



- **Stitching of Frocks:** Job given by Shell Apparels Garments, Chikkaballapura. Nearly 200 dresses stitched by RVTC Faculties & students. Income earned Rs. 10000/-
  - ◆ Period of stitching- July 2019 to September 2019



- Different way of approach & exposure on site job opportunities, such as Stitching of TEA BAGS. Job given by Shell Apparels Garments, Chikkaballapura , on trial basis.



- Around 2000 masks stitched by Rvtc participants & Faculties on payment basis & sent to Garment. Income : Rs. 6000/-



❖ RVTC-NEELAVANI -Training for Faculties (Train the Trainers)

- Industrial machine training at Sri Sathya Sai College for women, Dharwad. On 10.05.2019, Dharwad RVTC incharge took classes for our Faculties. Nearly 7 RVTC Neelavani faculties undergone training.
- Maggam & Jardosi special training class conducted for Selected Faculties.
- Industrial exposure to RVTC NEELAVANI Faculties. 7 days indepth training at Shell Apparels Chikkaballapura unit by providing free accommodation, food & TA for selected 7 faculties. Classroom training with demonstrations held for faculties during Industrial training.
- Special training for Faculties at Sri Sathya Sai College for Women, Dharwad regarding preparations of day to day house hold items like detergent powder, phenyl, liquid soap etc.
- Special class on Fashion design conducted for RVTC Neelavani Faculties by Mrs Dr Bhagya, UG in Fashion and Apparel Design, PG in Fashion Technology and PhD in Fashion Psychology from Bengaluru.



❖ RVTC-NEELAVANI PARTICIPANTS FEEDBACK:

- Very effective feedback from 12 batch Participant, Arati, Balshettikoppa village.
- Participant: Sarabi Meheboob sab Mujawar  
Family Background: Poor family, Father is no more , Mother is working on daily wages, Fluently sings maximum Bhajans &

Shlokas. Now she is getting Financial support to her family with this training.

- ❖ Spiritually Transformed Villages by RVTC Participants:
  - RVTC Participants after got inspiring from values learnt from RVTC, changed their villages spiritually by conducting Balavikas, Mane bhajans , Nagara Sankirtan & public (Sarvajanik)spiritual events like Gayatri Homa & Satsanga
  - Following are the villages considered as examples for Spiritual Transformations by RVTC Participants-
    1. PUR-GUNDOLLI
    2. GUNDOLLI
    3. AJAMNAL
    4. KARLKATTA
- ❖ Women empowerment importance & skill development WORKSHOP conducted by Resource persons Asha Kindlakar teacher in profession, Dr. Raghavan Phd in Astrophysics from Bangalore.



- ❖ Looking at the performance, benefits & need of RVTC in this area Sri Sathya Sai trust announced & declared to take up Neelavani as main RVTC center in the year May 2019.
- ❖ 5.1 Guntas of Land purchased by Sri Sathya Sai trust with minimum cost, in the month of March , year-2020 & Asset Transferred to Trust in the month September 2020 . Infrastructure Planning with minimum

requirements to start RVTC NEELAVANI as full-fledged training institute is in progress.

❖ Salient features of the RVTC Neelavani are:

- Free training to the students.
- Skilling Rural Youths
- Course duration of 3 to 6 months.
- The skills are chosen based on the needs of the village.
- Integral training curriculum with Sarva Sharma principles, ethics, values, and yoga.
- Providing free tool kits and uniforms to the students.
- Providing seva opportunity to the members of SSSSO to train the students.

❖ As a document part RVTC Neelavani Maintained Training Certificate format, Teachers & Students Attendance sheet recorded in Register, Standard Application form with Participants photo affixed, maintained in a File.

❖ RVTC Neelavani focused on Three important things:

- 1.Individual Care
- 2.Spiritual Care
- 3.Employment Care



**2. SSS RVTC NEELAVANI, TALUK:HALIYAL , UTTATARA KANNADA DISTRICT , KARNATAKA**

FASHION DESIGN & TAILORING COURSE , FOR LADIES, DURATION : 3 MONTHS , PERIOD :PERIOD: JAN 2019 TO DEC-2020

NO	BATCH	DURATION	BENEFICIARIES
1	BATCH X	FEB-2019 to APRIL2019	13
2	BATCH XI	JUNE-2019 to AUG-2019	9
3	BATCH XII	OCT-2019 to DEC-2019	12
4	BATCH XIII	Started in the month of FEB-2020 But Stopped in March Due to Pandemic	(13 Participants)
<b>TOTAL</b>			<b>34</b>

FACULTIES: 03 , ADMINISTRATOR: 01 , TECHNITIAN: 01

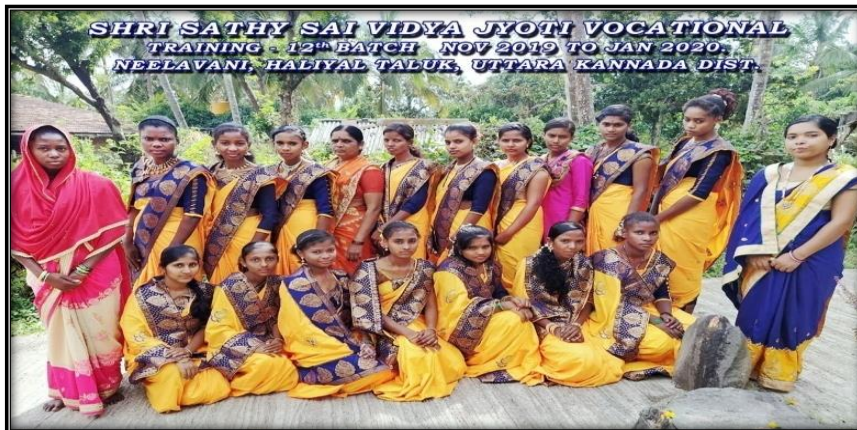
RVTC NEELAVANI Batch-10  
(Feb'19-Apr'19)



RVTC NEELAVANI Batch-11  
(Jun'19 - Aug'19)



RVTC NEELAVANI Batch-12(OCT-2019 to DEC-2019)



SRI SATHYA SAI RURAL VOCATIONAL TRAINING CENTRES –  
SHIVAMOGGA DISTRICT

<b>3. SSS VTC NEW TOWN UNIT1 , (TAILORING), BHADRAVATI , SHIVAMOGGA DISTRICT , KARNATAKA</b>			
<b>TAILORING COURSE , FOR LADIES, DURATION : 6 MONTHS , PERIOD: JAN 2019 TO DEC-2020 PLACE: Sri Sathya Sai Seva Kshetra,New Town, Bhadravathi- 577301 , FACULTIES: 01</b>			
<b>NO</b>	<b>BATCH</b>	<b>DURATION</b>	<b>BENEFICIARIES</b>
<b>1</b>	BATCH 1	JAN 2019 TO JUNE 2019	20
<b>2</b>	BATCH 2	JULY 2019 TO DEC 2019	22
<b>3</b>	BATCH 3	JAN 2020	25
<b>4</b>	BATCH 4	Dropped due to Covid	
		<b>TOTAL</b>	<b>77</b>

<b>4. SSS VTC SEEGBAGI UNIT2 , (TAILORING), BHADRAVATI , SHIVAMOGGA DISTRICT, KARNATAKA</b>			
<b>TAILORING COURSE , FOR LADIES, DURATION : 6 MONTHS , PERIOD: JAN 2019 TO DEC-2020 PLACE: Sri Sathya Sai Seva Kendra, Seegebagi,,Bhadravathi- 577301 , FACULTIES: 01</b>			
<b>NO</b>	<b>BATCH</b>	<b>DURATION</b>	<b>BENEFICIARIES</b>
<b>1</b>	BATCH 1	JAN 2019 TO JUNE 2019	15
<b>2</b>	BATCH 2	JULY 2019 TO DEC 2019	15
<b>3</b>	BATCH 3	JAN 2020	16
<b>4</b>	BATCH 4	Dropped due to Covid	
		<b>TOTAL</b>	<b>46</b>

**5. SSS VTC NEW TOWN UNIT1 , (COMPUTER), BHADRAVATI , SHIVAMOGGA DISTRICT , KARNATAKA**

**COMPUTER COURSE , FOR LADIES, DURATION : 6 MONTHS , PERIOD: JAN 2019 TO DEC-2020 PLACE: Sri Sathya Sai Seva Kshetra,New Town, Bhadravathi- 577301 , FACULTIES: 01**

NO	BATCH	DURATION	BENEFICIARIES
1	BATCH 1	JUN 2019 TO DEC 2019	7
		<b>TOTAL</b>	<b>7</b>



SRI SATHYA SAI RURAL VOCATIONAL TRAINING CENTRE  
SRI SATHYA SAI SEVA SAMITHI HASSAN

<b>6. SSS VTC - HASSAN , SAMITHI: HASSAN , DISTRICT: HASSAN , KARNATAKA</b>			
<b>FASHION DESIGN &amp; TAILORING COURSE , FOR LADIES, DURATION : 9 MONTHS , PERIOD: JAN 2019 TO DEC-2020 , FACULTIES: 02</b>			
<b>NO</b>	<b>BATCH</b>	<b>DURATION</b>	<b>BENEFICIARIES</b>
	BATCH I	JUNE-2018 to FEB-2019	16
	BATCH II	JULY 2019 YO MAR 2020	15
		TOTAL	31



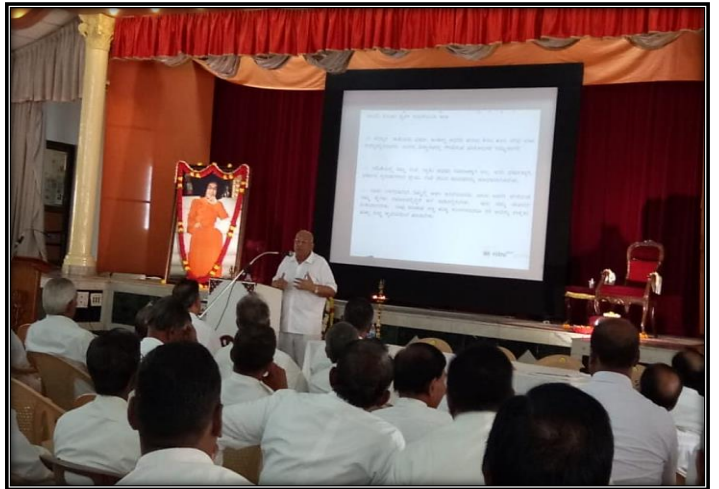
# DISASTER MANAGEMENT TRAINING

To empower Youth with life-saving skills, Disaster Management training for Youth and college students was conducted at various districts of Karnataka. This training especially was extremely beneficial during the difficult times of flood in Northern districts of Karnataka.



## SEVADAL TRAINING

Phase-II training was conducted for District Presidents and Resource Persons at Brindavan, Whitefield Bengaluru. Previous State President of SSSSO Karnataka Sri Nagesh. G Dhakappa, SSSSO Karnataka North State President Sri M. Padmanabha Pai, State Service Coordinator Sri. Prabhakar Beraiah and mahila State Service Coordinator Smt. Priya Pai, Previous State Youth Coordinator Sri M. Rajashekar Reddy and Youth Think-Tank members were involved in conducting the training.



Continuing, Sevadal Training for Phase-3 was conducted in few districts.



## PRASHANTHI NILAYAM SEVA

The state of Karnataka right from 2001 promised Swami and asked Him to bless them with a boon of serving the **Sri Sathya Sai Super Speciality Hospital, Whitefield Bengaluru** and also **Brindavan Ashram** right through the year. Answering to their sincere prayers and their pure devotion Swami blessed the state of Karnataka and ever since the volunteers from all over the state took turns in serving at the Sri Sathya Sai Super Speciality Hospital, Whitefield Bengaluru throughout the year. After a gap of 18 years the State of Karnataka submitted their long desire of allowing them to come to Prashanthi Nilayam and serve here. Ever since the Covid crisis started this is the four batch of Sevadal have visited **Prashanthi Nilayam** to render Seva at the Abode of Highest Peace.



SSSSOKA North State President **Sri M. Padmanabha Pai Ji** and SSSSOKA South State President **Sri Venkatramana Gosavi Ji** holding the **Prashanthi Flag** during the handover of Prashanthi Nilayam Seva at the main Ganesh Mandir, Prashanthi Nilayam. By the divine grace of SWAMI, both the State President Sirs of Karnataka North and South lead all throughout in respective batches of Seva and guided, motivated and inspired all Sevadal throughout the fifteen days of Divine Seva at Prashanthi Nilayam.



SSSSOKA North State Service Coordinator **Sri Prabhakar Beeraiah** and SSSSOKA South State Service Coordinator **Sri M. Rajashekar Reddy** during the handover of Prashanthi Nilayam Seva in the presence and guidance of National Service Coordinator **Sri S. Koteswara Rao Garu**.

The first batch of Seva started on 7<sup>th</sup> July, 2020 (1<sup>st</sup> batch: 116 Gents, 70 mahila Sevadal participated; 2<sup>nd</sup> batch: 126 Gents, 86 mahilas) and was rendered in two batches over a period of 4 weeks. The second batch of Seva commenced on Oct 1<sup>st</sup>, 2020 and rendered Seva at the Divine Abode. The third batch of Seva commenced on 10<sup>th</sup> Mar, 2021 for a period of 10 days.



SSSSOKA North Mahila State Service Coordinator **Smt. Priya Pai** and SSSSOKA South State Service Coordinator **Smt. Kusuma Mohan** lead and motivated the Mahila Sevadal during the Divine Seva under the guidance of National Service Coordinator (mahilas) **Smt. Sasibala**.



- Sevadala Orientation and allotment of Seva Point before commencement of Seva.
- Detailed instructions on Do's & Don'ts were given in this session.



- By the loving grace of Bhagawan, Hot Tea being served to Sevadala at all Seva Points on all days during midnight by State Service Coordinators of SSSSOKA N&S and their team even when it rained heavily.

## EASWARAMMA PURASKARA



**Bhagawan Sri Sathya sai Baba**, in His boundless love for the devotees of Karnataka had blessed the Mahila Vibhag of Sri Sathya Sai Seva Organisation in Karnataka, to institute the Annual Easwaramma Puraskara in 2010. This Award is presented to outstanding Women Social Workers who have rendered exemplary seva in the field of Education, Child care, Medical Care etc.

Easwaramma Puraskara Committee headed by Smt Nirmala Murthy, along with representatives from Sri Sathya Sai Seva Organisations, Karnataka had evaluated the nominations submitted by District President's and selected the awardees.

This year, the Eswaramma Purakara Award Ceremony was presented online for the first time at 10.00AM on Sunday, 14th February, 2021. It was earlier held at Sri Sathya Sai Seva Kshetra, "Sai Darshan", Bangalore, Mangalore and Chikballapur. Smt.Sheetal Dhakappa and Smt (Dr.) Neelima Kadambi were the Chief Guests.



1. SMT.JANNI BAI – Socio-care , Agumbe, Shimoga District. At the age of 87, she is actively involved in the management of Annapoorna Vidhya Mandir school at Agumbe. She teaches children the importance of Swachatha, discipline, service and compassion. As a senior nurse, she continues to care for the downtrodden section of the society around her – irrespective of caste or creed.



2. SMT(Dr.) GOWRI PAI – Medicare, Mangaluru, Dakshina Kannada District, is the founder member of Anandashram and Jeevan Sandhya, a home for Destitute, senior citizens. She started Aadhar, a Home nursing, Training center, for women from the Economically Backward section. Aadhar has "a pain and Palliative Care center " for the Terminally Ill Cancer patients.



3. SMT.AMRUTHAVALLI –Education – Chikballapur District, (She is visually challenged) started Adhar, a day school for children with mental disabilities whom society and sometimes even parents, consider Useless. The school has children between the age group of 5 and 30. Amruthavalliji aims at educating them and training them on life skills, to make them self-reliant.



On this occasion, the following Covid 19 Frontline Warriors were also honored:

1. Dr.Kavitha Kore – Pulmonologist at Civil Hospital, Dharwad. She held a critical role as In-charge of Covid and ICU wards. She was also Nodal officer for the fever clinic where she treated more than a 1000 patients both moderate and severe cases. She and her team screened international and domestic travelers and their suspect contacts too. They have so far conducted 27000 RTPCR tests.

2. Smt.Chandramati Hegde. - Nursing Superintendent, McGann Teaching Government Hospital, Shivamogga. She has been working as a volunteer continuously since the outbreak of the pandemic in March 2020. She helped in managing the human resources in covid and non-covid wards of the hospital smoothly

3. Smt.Hemalatha - a social activist and Asha worker since 2010. She lives in a small village called Sulkeri, situated in the middle of a dense forest, in the Belthangady Taluk of Dakshina Kannada. . During the covid pandemic, she spread awareness regarding the safety measures

4. Smt..Anita.K - a police sub inspector in the Marathahalli police station, Bangalore, with about 48000 immigrants, she along with the help of various volunteer groups and NGOs provided a lot of help to these people during covid 19 lockdown.

5.Smt.Lalithamma - works as Junior Health Assistant in the Primary Health Centre at Nanjanagud. The district health officer has nominated Smt Lalithamma for her outstanding work in generating awareness among people and collecting samples during the covid pandemic.



Senior Devotees, National Council Member, State Presidents, State Office-bearers and District Presidents graced the occasion.

The I.T Team of Karnataka, ably led by Sri. Sayeesh, provided excellent technical support for the entire event being broadcast online on Youtube Channel.

# SRI SATHYA SAI VAHINI SWADHYAYA

## *Train the Trainer Programme for Resource Persons*



**Sri Sathya Sai Seva Organisation**  
**Karnataka South**  
**Sai Vahini Swadhyaya**  
**Train the Trainer Programme of Resource Persons**  
**Dates: 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> October 2020 daily from 10am**

Date	Time	Details of programme
2 <sup>nd</sup> October Friday	10am To 12.30 pm	Welcome Talk Address by State President – Venkatramana Gosavi Presentation on <b>Ramakatha Rasavahini</b> By Sundar Anantharaman, State Spiritual Co-ordinator - Gents
3 <sup>rd</sup> October Saturday	10 am To 12 noon	Presentation on <b>Bhagawatha Vahini</b> By Akshay Kulkarni- District Youth Co-ordinator Bangalore West District
4 <sup>th</sup> October Sunday	10 am to 12 noon	Presentation on <b>Sandeha Nivarini</b> By Dr. Sreelakshmi, Jt. District Spiritual Co-ordinator Bangalore West District.

Sai Vahini Swadhyaya (Deep Study) was an initiative taken by the SSSSO India. The programme was launched at Prashanthi Nilayam on the 20th November 2019.

A detailed guideline on the Vahini Swadhyaya was also shared with all the conveners of Samithis last year. With the Grace of Bhagawan, a Train the Trainer programme was conducted to facilitate the study of Sai Vahinis, which is very rich in its content. It was decided by SSSSO, Karnataka South to identify trainers who will conduct and follow up with every Samithi in the districts the Swadhyaya programme.

Accordingly, the trainers were identified from every district, and an On Line, Train the Trainer Programme was conducted on the 2nd, 3rd and 4th of October 2020

This 3 day programme was focused on sharing important inputs pertaining to the first 3 Vahinis which was taken up for Swadhyaya in this year according to the national plan.

The Vahinis taken up for discussion were:

- ❖ 2nd October- Ramakatha Rasavahini by - Sri Sundar Anantharaman
- ❖ 3rd October- Bhagawatha Vahinin by Sri. - Akshay Kulkarni
- ❖ 4th October- Sandeha Nivarini by - Smt. Dr. Srilakshmi

Three Trainers were identified who presented the discussions pertaining to each Vahini.

About 40 resource persons attended the online Train the Trainer Programme and the training programme was for about 3 hours every day.

There were healthy and informative interactions between the Trainers and the resource persons on all days...There were Q & A sessions too after the conclusion of each day's session. The plan was that the trained resource persons will initiate the Swadhyaya on each Vahini and report to the state office on the progress of the Swadhyaya.

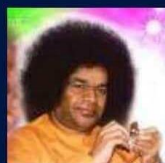
We propose to conduct another training Programme in early next year for the next three Vahinis which need to be taken up for Swadhyaya in 2021.

## Train the Trainers Programme for Bhajan Singers

Online training for Bhajan Trainers was conducted to highlight the correct methods of singing Bhajans as prescribed in the guidelines. The session also included practical demo on singing bhajan with proper bhaava, raga, laya, shruti and taala.



Om Sri Sai Ram



Sri Sathya Sai Seva Organisations  
Karnataka South  
Spiritual Wing



### Train-the-Trainers Programme for Bhajan Singers

On Saturday the 16<sup>th</sup> and Sunday the 17<sup>th</sup> January -2021

Date	Time	Details of the Programme
16 <sup>th</sup> Jan 2021	10.30 am	3 Omkara and Sai Gayatri
		Ganesha Bhajan
	10.35am	Welcome by Ratnakar, Brindavan Bhajan Group
	10.40 am	Address by Sri.Venkatramana Gosavi- State President.
	10.50am	Transformation thro Bhajans- Presentation by Sri.Sundar Anantharaman, State Spiritual Co-ordinator- (Gents)
	11.50am	Bhajan
	12 noon	Voice Culture in Bhajan Singing – Smt.Dr. Padmashree
	1pm	Presentation on Bhajan Guidelines- Sri.Ratnakar, Brindvan Bhajan Group
	1.30 pm	Conclusion with Shanthi Mantra
17 <sup>th</sup> Jan 2021	10.30am	Ganesha Bhajan
	10.35am	Welcome and Opening Remarks- Sundar Anantharaman
	10.40 am	Practical Session on Bhajan Training- D.N. Chandrashekar -Resource Person-,Brindavan Bhajan Group
	12.45pm	Closing Remarks by Sundar Anantharaman
	1 pm	Mangalarathi to Bhagawan
		JAI SAI RAM

## SPIRITUAL SAI CONNECT



Vahini Swadhyaya Shivamogga Dist.



Bhajan Training at Chikkaballapura Dist.



Sri Sathya Sai Ishta Siddhi Vratha, Bagalakote



Global Akhand Bhajans, Sai Gitanjali, Bengaluru

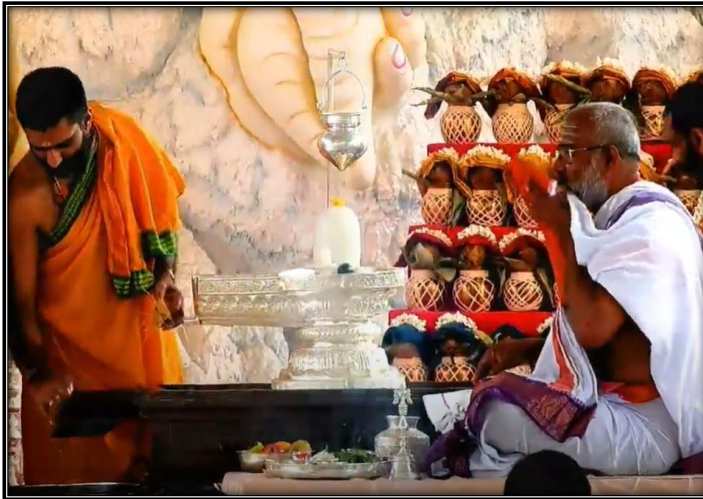


Summer Course at Brindavan, Bengaluru



Youth Sevadal during Summer Course

## Athi Rudra Maha Yagnam in Bhadravathi, Shivamogga in May 2019



# UNICEF Training on COVID-19 for Sevadal of SSSSO Karnataka



## Training of Sevadal of Sri Sathya Sai Seva Organization on COVID-19 and Risk Communication and Community Engagement

**Host:** Communication Resource Unit, NIRD&PR and UNICEF Hyderabad Field Office  
**Zoom Webinar:** (Date and Time will be intimated)

**Objectives:** By the end of the session, the participants will have understanding about

1. COVID-19, its symptoms, transmission, sources of infection, the high- risk groups
2. Key behaviors to be promoted and practiced at home and in public places for protection from COVID-19 with emphasis on safety measures during the unlock phase
3. Available communication materials and messages on COVID-19
4. Roles and actions by the Sevadal volunteers

UNICEF collaborates with the Sri Sathya Sai Seva Organisations, India and Sri Sathya Sai Central Trust, Prasanthi Nilayam to create an awareness and propagate the authentic information in the prevention & post-Covid measures. Sri. Nimish Pandya, All India President of Sri Sathya Sai Seva Organisation, in a video message, narrated the scale of relief operations undertaken by the Sri Sathya Sai Seva Organisations in length and breadth of India in domains of hunger alleviation and safety by providing food for nearly 20 Million people most of the beneficiaries being migrate labors. Face masks, PPE kits, milk, water bottles etc were also distributed in big numbers.

The online training was conducted on two days viz., 29<sup>th</sup> Oct, 2020 & 30<sup>th</sup> Oct, 2020.

From SSSSO Karnataka (North & South):-

327 participants attended the live training session on the first day.

312 participants attended the second day training





**“Kayena Vacha Manasendriyairva  
Buddhyatmana va prakriteh svabhavat  
Karomi yadyat sakalam parasmai  
Sai Narayanayeti Samarpayami”**

**“Samastha Lokaaha Sukhino Bhavantu”**

**“Aum Shanthi Shanthi Shanthi”**